



**FOR IMMEDIATE RELEASE**

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**Roseburg, OR Training on June 26th-27th Teaches Adults  
How to Facilitate Cutting-Edge Support Groups for Girls**

*Evidence Based Program, Girls Circle is the First Gender-Responsive Program in the Country to Demonstrate Effectiveness in Reducing Delinquency for Girls*

**Roseburg, OR, 3/1/2019 ....** One Circle Foundation, the leading U.S. developer of gender-responsive, evidence based support programs for adolescent girls, is now registering participants to attend its two-day Girls Circle Facilitator Training workshop taking place on 6/26-6/27 at the Ford Family Foundation, 1600 NW Stewart Parkway, Roseburg, OR. The event will be hosted by Adapt's Prevention & Education Program. To register for the training, visit <http://onecirclefoundation.org/>.



Developed in 1994, Girls Circle is a structured support group model for girls ages 9-18 that offers skills to counteract negative social pressures and foster personal growth. Girls Circle offers a social framework in which girls can openly discuss risky social behaviors, while learning to improve their self-image and interpersonal relationships. Learn more about the Girls Circle model here: <http://onecirclefoundation.org/GC.aspx>

The Girls Circle Facilitator Training provides comprehensive training and certification to adults in order to facilitate these group at their agencies and in their communities. See what Facilitator Training attendees are saying about the event: <https://youtu.be/XPzf8n2Ct6A>

Girls Circle is an evidence based, gender responsive, and trauma informed model utilized throughout the nation in all sectors of care which is proven to reduce delinquency, increase educational goals, body image, and self efficacy and decrease alcohol use and self-harming behaviors. Read more about the research on Girls Circle here:

<http://onecirclefoundation.org/research-GC.aspx>

The Girls Circle Facilitator Training is open to anyone interested in learning about best practices for working with and supporting adolescent girls.

To register for the training, visit <http://onecirclefoundation.org/TrainingList.aspx>

### **About One Circle Foundation (OCF)**

One Circle Foundation promotes resiliency and healthy development in children, adolescents, families, adults, and communities. OCF trains, consults, and equips service providers across all youth sectors in the United States and Canada, and internationally with state of the art, research based circle program models, best practice approaches, and manual-guided curricula for programs serving girls and women, and male responsive programs for boys and young men. Girls Circle®, The Council for Boys and Young Men®, Women's Circle® integrate evidenced-based practices of motivational interviewing and strengths-based approaches with cross-cultural traditions and caring relationships.

As mothers with a passionate vision to foster healthy relationships and choices within their daughters in the mid-1990's, founders Beth Hossfeld and Giovanna Taormina began facilitating Girls Circle groups. They were additionally motivated to develop programs due to the severe national epidemics of depression, eating disorders, body image problems, dating violence, teen alcohol and substance abuse, self-harming behaviors, relational aggression, bullying, gang affiliations, and trauma experienced by girls.

Over the past 20 years, the Girls Circle approach has been implemented with girls across every socio-economic, geographical, ethnic, religious population, and sexual orientation. The strengths based, skill-building approach creates a safe space to address risky behaviors, build on protective factors, and improve relationships in a format that interests and engages girls. Direct service providers can attend trainings or purchase the materials in order to implement this sustainable model within their current programming.

For more information, visit <http://onecirclefoundation.org/>

### **About Adapts Prevention & Education Program**

Prevention—stopping substance abuse and other risk behaviors before they start—is the cornerstone of Adapt's Prevention & Education Program. Our work is grounded in the science of prevention and focuses on reducing the risk factors that lead to problem behaviors and increasing the protective factors that support the health and well-being of youth, adults, families and entire communities.

For more information, visit <https://www.adaptoregon.org/prevention-education/>