

Youth & Family Mental Health Program

Serving Children, Adolescents and Their Families

Our Youth & Family Mental Health services are designed to promote mental, emotional and physical wellness for youth who are at risk of developing mental health disorders and youth with mental health disorders.

Our Commitment

We are committed to providing timely and effective prevention, early intervention, and behavioral health treatment and supports for children, adolescents and families.

When you choose Adapt's Youth & Family Mental Health Program, you can be sure that you and your children are seeing qualified mental health professionals.

Who We Are

Our staff includes Psychiatric Mental Health Nurse Practitioners, Licensed Qualified Mental Health Professionals, Therapists, Skills Trainers, and Care Coordinators who specialize in the treatment of youth and families.

Who We Serve

We provide mental health assessment and treatment to youth ages 0-18 and their families, who are residents of Douglas County.



Treatment Services

Our programs are specialized to help youth and their families manage the challenges of mental illness. We work closely with schools, social service agencies and community partners to ensure that mental health treatment needs are evaluated and identified for appropriate interventions.

What We Treat

We treat a wide range of mental health disorders, and we have expertise in early childhood trauma, such as abuse and neglect. Our goal is to provide services and supports that improve a child's functioning at home, school and in the community.

Early Intervention

Youth & Family Mental Health services are designed to encourage early engagement through prevention and early intervention. This includes consultation and screening, mental health therapy, and other services to promote health and wellness.



What We Offer

We offer an array of effective approaches to help youth and their families develop the practical skills needed to support lasting health and wellness, including individual, group, and family therapy, skills training, psychiatric medication management, and Wraparound.

- Comprehensive assessment and treatment planning
- Individual, group and family services
- Supportive Mental Health therapy
- Skills-training to support and sustain stability
- Psychiatric day treatment for youth in need of a higher level of care than traditional outpatient services who are also at risk of losing school placement
- School-based therapeutic services
- Care coordination, referrals, and transition planning with:
 - Community services
 - Hospitalization
 - Residential care
 - Other treatment providers
- Wraparound Program — a referral-based planning process that follows a series of steps to help children, young adults, and their families achieve their family vision

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Adapt Integrated Health Care is a private, nonprofit organization dedicated to providing quality and affordable care to all.

We are a preferred provider for most major insurance plans, including Oregon Health Plan.

If you are uninsured, we offer a sliding scale discount based on family/household size and net income. No one is turned away due to inability to pay. Our experienced staff will work with you to determine what your insurance will cover to make sure you get the care you need.

Adapt's Youth & Family Mental Health Program is a valuable resource for children, families, and the community. Call us if you have questions about symptoms, diagnosis or treatment. We are here to provide you with the information and support you need.

Contact us for more information or to make a referral.

Youth & Family Mental Health
548 SE Jackson Street
Roseburg, OR 97470
541-440-3532

24-Hour Crisis Line: 1-800-866-9780

Hours:
Monday-Friday 8:00 am-5:00 pm