

# Your Community Health Resource

## *Adapt Primary Care Clinic*



### *A Patient-Centered Primary Care Home*

**Thank you for choosing Adapt Integrated Health Care as your primary care home.**

At Adapt's Primary Care Clinic, you and your primary care provider will work with other health professionals — like nurses and behavioral medicine specialists — to coordinate your care. This is called your health care team. The most essential person on your team is you.

As our patient, you can be sure you're getting the best possible care. When you have concerns about your health, your health care team will help you get the services you need, when you need them.

### **What is a patient-centered primary care home?**

A Patient-Centered Primary Care Home is a health care clinic that has been recognized by the Oregon Health Authority for its commitment to providing the highest quality patient care. It is a health care clinic that is committed to providing you with personalized, comprehensive and coordinated care.

### **As Your Primary Care Home, we will:**

- Better coordinate your care to help get you the services you need, when you need them
- Listen to your concerns and answer your questions
- Offer convenient clinic hours
- Help you play an active role in your health

### **Quality services for our patients, including...**

#### **Primary Care**

- Preventive Care
- Acute Care
- Family Planning
- Men's & Women's Health
- STD Tests & Treatment
- Chronic Disease Care
- Diabetes Care
- Immunizations
- Lab and X-ray (CHI Mercy)
- Referrals to Specialty Care

#### **Children's Health**

- Well-Baby & Well-Child Exams
- Teen & Young Adult Health
- Sports Physicals

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### **Behavioral Medicine Services**

- Mental Health Counseling
- Substance Use Counseling
- Individual and Group Psychotherapy
- Medication-Assisted Treatment
- Pain Management
- Chronic Illness Management
- Tobacco Cessation

### **Psychiatric Medical Services**

- Medication Management
- Individual Psychotherapy
- Pediatric Medication Management

### **Support Services**

- Case management
- Prescription discounts
- Homeless outreach
- Insurance enrollment assistance

### **What is Integrated Care?**

Our primary care providers, behavioral medicine specialists and community service workers work as a team to provide patients with the services they need, when they need them — including care for patients with diabetes, chronic pain, alcohol and substance use problems and other complex health conditions. Talk with your health care team about your treatment options.

### **Contact Us**

**Primary Care Clinic - Roseburg**  
621 W Madrone Street  
Roseburg, OR 97470  
541-440-3500

**Primary Care Clinic - Winston**  
671 SW Main Street  
Winston, OR 97496  
541-492-4550

### **Affordable, Accessible & High Quality Care for All**

We are a preferred provider for most major insurance plans, including Oregon Health Plan. If you are uninsured, we offer a sliding scale discount based on family/household size and net income. No one is turned away due to inability to pay.

Adapt Primary Care staff work with patients to ensure they receive the care they need. This includes reviewing what insurance will cover, billing insurance directly, helping patients apply for state-sponsored insurance programs, and providing payment programs.

*We are an FTCA deemed facility.*