

# Wraparound

## Mental Health Program

### Working Together to Help Youth and Families Succeed

#### What is Wraparound?

Wraparound helps youth age 0-17 and their families achieve their goals by identifying their needs and building upon the strengths of each family member. Wraparound helps create a team of family, friends, professionals and community members who will work together to develop a plan that supports their goals. This process allows everyone to be on the same page, working on the same goals for a greater chance of success!

*“Our Wraparound Care Coordinator has been an amazing resource! Having support at home, at school, and day to day has helped us so much!”*

– Wraparound Youth Caregiver

#### Could Wraparound help my family?

To be eligible for Wraparound, youth must be age 0-17, enrolled in the Oregon Health Plan or another authorized payment, and experiencing complex needs.

Is your youth involved in two or more of the following:

- Juvenile Department
- School
- DHS– Child Welfare
- Developmental Disabilities Service
- Substance Abuse
- Medical/Behavioral Specialist
- Mental Health Services
- Other child serving agency



Does your youth struggle with two or more of the following issues in the home, school and community:

- Physical and/or verbal aggression
- Self-injury
- Suicidal thoughts or behaviors
- Impulsiveness
- Inappropriate sexualized behaviors
- Running away
- Poor decision making
- Criminal behaviors
- Risk of being evicted/kicked out due to behaviors
- Substance use or suspected substance use
- Struggles socially due to behaviors
- At risk of being held back, expelled or not graduating
- At risk of being placed in a restricted environment outside of the community

#### Why is Wraparound Different?

Wraparound places the youth and family in the driver’s seat. You are the experts of your family and know what works best for you!

We understand working with professionals can be intimidating and sometimes confusing. Unlike traditional treatment planning, Wraparound strives to get to know the family and understand what is important to them. Wraparound walks beside the family and aims to empower them to make positive change.



Integrated Health Care

*“My Wraparound Care Coordinator is a great person and a big part of my life. She helped me with things I never thought were possible”*

– Wraparound Youth Client

## What Guides Us?

### The Principles of Wraparound

#### Family Voice and Choice

It's your life. You decide what works best for you.

#### Team Based

You pick the people who will support your success.

#### Collaboration

Everyone has a part and works together to reach your goals.

#### Individualized

A plan that works with your needs.

#### Strengths-based

Identifying and building up your skills.

#### Persistence

Working hard and not giving up despite setbacks.

#### Outcome-based

Working toward the goals until they've been reached.

#### Community-based

Building supports within the community to support your success.

#### Natural Supports

Support from those you trust and will be there when the process is over.

#### Culturally Competent

Respects your beliefs and identity. Never judging your values.

Wraparound aims to build problem solving skills, coping skills, and self-supporting skills of youth and their family members. Wraparound seeks to ensure that families have the community supports they may need when Wraparound is complete.

## Who We Are?

Adapt Integrated Health Care is a private, nonprofit organization dedicated to providing quality and affordable care to all. Wraparound is an approach to care planning that is offered by Adapt's Youth & Family Mental Health Program.

## Who Can Refer?

Anyone can refer to Wraparound – Parents or Guardians, Doctors, Educational staff, Therapists, County workers, Family members, Friends, Advocates.

## How to Refer?

- Contact us at 541-440-3532
- Submit a referral form to:  
wraparound@adaptoregon.org
- Stop by our office on Jackson Street in downtown Roseburg
- Our referral form is available at:  
adaptoregon.org

## Call Us Today

Contact us for more information or to make a referral.

### Youth & Family Mental Health—Wraparound

548 SE Jackson Street

Roseburg, OR 97470

Phone: 541-440-3532

Fax: 541-440-3554

24-Hour Crisis Line 1-800-866-9780