# Curry County **Wraparound** *Mental Health Program*

# Working Together to Help Youth and Families Succeed

## What is Wraparound?

Wraparound helps youth age 0-17 and their families achieve their goals by identifying their needs and building upon the strengths of each family member. Wraparound helps create a team of family, friends, professionals and community members who will work together to develop a plan that supports their goals. This process allows everyone to be on the same page, working on the same goals for a greater chance of success!

"Our Wraparound Care Coordinator has been an amazing resource! Having support at home, at school, and day to day has helped us so much!"

- Wraparound Youth Caregiver

# Could Wraparound help my family?

To be eligible for Wraparound, youth must be age 0-17, enrolled in the Oregon Health Plan or another authorized payment, and experiencing complex needs.

Is your youth involved in two or more of the following:

	Juvenile	Department
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School

☐ DHS- Child Welfare

☐ Developmental Disabilities Service

☐ Substance Abuse

☐ Medical/Behavioral Specialist

☐ Mental Health Services

☐ Other child serving agency





Does your youth struggle with two or more of the following issues in the home, school and community:

Physical	and/or	verbal	aggression

□ Self-injury

Suicidal thoughts or behaviors

Impulsiveness

☐ Inappropriate sexualized behaviors

Running away

Poor decision making

Criminal behaviors

Risk of being evicted/kicked out due to behaviors

☐ Substance use or suspected substance use

Struggles socially due to behaviors

At risk of being held back, expelled or not graduating

At risk of being placed in a restricted environment

outside of the community

# Why is Wraparound Different?

Wraparound places the youth and family in the driver's seat. You are the experts of your family and know what works best for you!

We understand working with professionals can be intimidating and sometimes confusing. Unlike traditional treatment planning, Wraparound strives to get to know the family and understand what is important to them. Wraparound walks beside the family and aims to empower them to make positive change.

"My Wraparound Care Coordinator is a great person and a big part of my life. She helped me with things I never thought were possible"

- Wraparound Youth Client

#### What Guides Us?

#### The Principles of Wraparound

#### Family Voice and Choice

It's your life. You decide what works best for you.

#### **Team Based**

You pick the people who will support your success.

#### Collaboration

Everyone has a part and works together to reach your goals.

#### Individualized

A plan that works with your needs.

#### Strengths-based

Identifying and building up your skills.

#### **Persistence**

Working hard and not giving up despite setbacks.

#### Outcome-based

Working toward the goals until they've been reached.

#### Community-based

Building supports within the community to support your success.

#### **Natural Supports**

Support from those you trust and will be there when the process is over.

#### **Culturally Competent**

Respects your beliefs and identity. Never judging your values.

Wraparound aims to build problem solving skills, coping skills, and self-supporting skills of youth and their family members. Wraparound seeks to ensure that families have the community supports they may need when Wraparound is complete.

#### Who We Are?

Adapt Integrated Health Care is a private, nonprofit organization dedicated to providing quality and affordable care to all. Wraparound is an approach to care planning that is offered by Adapt's Youth & Family Mental Health Program.

#### Who Can Refer?

Anyone can refer to Wraparound – Parents or Guardians, Doctors, Educational staff, Therapists, County workers, Family members, Friends, Advocates.

#### How to Refer?

- Contact us at 541-671-3064
- Submit a referral form to: wraparound@adaptoregon.org
- Stop by our office in Brookings or Gold Beach
- Our referral form is available at: adaptoregon.org

#### Call Us Today

Contact us for more information or to make a referral.

## Youth & Family Mental Health — Wraparound

Monday–Friday, 8am–5pm Closed for lunch from 12pm–1pm

#### **Brookings**

306 Wharf Street Brookings, OR 97415

#### Gold Beach

29845 Airport Way Gold Beach, OR 97444

**Port Orford** (By Appointment) 1403 Oregon Street Port Orford, OR 97465

Phone: 877-408-8941 Fax: 541-440-3537

24-Hour Crisis Line: 877-519-9322