# Inspiring hope, health and recovery.

## **Our Commitment**

It's said that a thousand mile journey starts with the first step. At Adapt we understand the challenges people face in seeking help for substance use and co-occurring behavioral health disorders.

Helping people achieve lasting recovery is our number one goal. We are committed to providing a safe, supportive and healing environment to help each person restore their health and rebuild their lives.

## Who We Are

Since 1971, Adapt Integrated Health Care has provided community-based substance use treatment services to Southern Oregon. We offer a full continuum of essential care for individuals and families with substance use and co-occurring behavioral health disorders.

Our highly trained and dedicated counselors take a holistic approach to care—treating the mind, body and spirit—to help each individual on their personal journey to life-long recovery.

## Who We Serve

We serve women and men age 18 and over and their families. Services are provided in Douglas, Coos, Curry and Josephine counties.



## **Treatment Services**

Adapt's Adult Outpatient Program offers a range of programs and services designed to empower our clients to achieve success on their personal journey to health and recovery.

# Referrals

We work with clients and their families to determine what services will best match their individual treatment needs and goals. We offer referrals to help ensure our clients receive the right care, at the right time, every time. For some clients, referrals may include medically-monitored detox, residential care or medication-assisted treatment.

# **Employer Services**

Reducing employee substance abuse can help employers improve productivity, reduce workplace injuries, and decrease health care costs. Adapt offers specialized services for local employers, employee assistance programs and others to ensure a safe, healthy and drug-free workplace. Contact your nearest Adapt location to learn more about available services.



adaptoregon.org

24/7 Mental Health Crisis Line Douglas County 1-800-866-9780 Josephine County 541-474-5360

Coos County 541-266-6800 Curry County 877-519-9322

#### What We Offer

When it comes to recovery, one size does not fit all. We offer comprehensive care to meet individual treatment needs and goals. Contact us to ask about the services available near you.

- Confidential assessment and treatment planning
- Individual and group counseling
- Treatment for substance use and co-occurring mental health disorders
- Intensive outpatient treatment
- Case management and continuing care to support treatment and recovery needs
- DUII assessment and treatment
- Corrections treatment services
- Addiction Recovery Team for families involved with Child Welfare
- Women's treatment, including care for pregnant and parenting women
- Peer mentor and community support
- Education and support for family members
- Problem gambling treatment
- Nicotine dependence treatment
- Employer services, including employee assistance program, substance abuse prevention, and licensing board referred clients
- Referral to detox, residential care, or medication-assisted treatment

#### **Insurance & Payment Options**

We live by the philosophy that all people should have timely access to high quality and affordable care. Adapt is a private, nonprofit organization dedicated to providing quality and affordable care to all. We are a preferred provider for most major insurance plans, including Oregon Health Plan.

For those who are uninsured, we offer a sliding scale discount based on family/household size and net income. No one is turned away due to inability to pay. Our experienced staff will work with you to determine what your insurance will cover to make sure you get the care you need.

#### **Contact Us**

Confidential assessment and treatment are provided in various locations throughout southern Oregon. Hours and services vary by location. For more information, contact your nearest Adapt location today. For your convenience, our counselors are available during evening hours for individual and group services.

Not all services are available in all locations. Contact us to ask about the services near you.

Adapt Roseburg 621 W. Madrone St. Roseburg, OR 97470 (541) 672-2691

Adapt Grants Pass 356 N.E. Beacon Dr. Grants Pass, OR 97526 (541) 474-1033

Adapt North Bend 400 Virginia Ave., Ste. 201 North Bend, OR 97459 (541) 751-0357

Adapt North Bend also provides services in Reedsport, Coquille and Bandon.

**Curry County Locations** Closed from Noon to 1:00pm for Lunch

Adapt Brookings 306 Wharf Street Brookings, OR 97415 (541) 408-8941

Adapt Gold Beach 29845 Airport Way Gold Beach, OR 97444 (541) 408-8941

Adapt Port Orford (by appointment) 1403 Oregon Street Port Orford, OR 97465 (541) 408-8941