

# Coos County SUBSTANCE USE TREATMENT NEW PATIENT PACKET

www.adaptoregon.org



Dear New Patient:

Welcome to Adapt Integrated Health Care! We look forward to being a partner in your health.

At Adapt Integrated Health Care, there is no wrong door to care. Whether you're seeking medical care, mental health care, or substance use treatment, our providers and staff work together to meet your health care needs. We welcome new patients of all ages– children, teens, adults, and seniors.

As a patient of Adapt Integrated Health Care, you and your provider will work with other health professionals to coordinate your care. This is called your health care team. The most important person on your team is you. When you have concerns about your health, your health care team will help you get the services you need, when you need them.

Your health care team will keep a complete record of your medical history, health status, medications, test results, self-care information, and care received from other doctors. By getting to know you, your team can help you understand your healthcare needs and provide you with the information you need to manage your health.

To get started, just call or drop by our office to schedule your new patient appointment. In the following pages is information to help you prepare for new patient appointments for medical care, mental health care or substance use treatment. Our staff will help you complete new patient paperwork and discuss payment or insurance billing options. If you'd like to speed up your first visit? Fill out your new patient packet ahead of time. You may print forms at home or request a packet be sent to you in the mail. We will provide you with a self-addressed, stamped return envelope.

Thank you for choosing Adapt Integrated Health Care as your health care home.

Sincerely,

## Your Adapt Integrated Health Care Team



# **New Patient Information**

## Adapt Clinic Locations, Phone Numbers & Hours

|   | Phone          | Hours   | After Hours                             |  |
|---|----------------|---|---|--|
| Patient-Centered Primary Care   |                |   |   |  |
| Roseburg Primary Care Clinic<br>621 W Madrone Street, Roseburg, OR 97470  | (541) 440-3500 | Mon–Thu, 7am–6pm<br>Fri, 7am–5pm<br><i>Closed Sat &amp; Sun</i>         | After-hours<br>answering service        |  |
| Winston Primary Care Clinic<br>671 SW Main Street, Winston, OR 97496  | (541) 492-4550 | Mon–Thu, 7am–6pm<br>Fri, 7am–5pm<br><i>Closed Sat &amp; Sun</i>         | (541) 440-3500                          |  |
| Mental Health Care  |                |   |   |  |
| Adapt Mental Health-Douglas County<br>621 W Madrone Street, Roseburg, OR 97470  | (541) 440-3532 | Mon-Fri, 8am-5pm<br>Closed Sat & Sun                                    | After Hours &                           |  |
| Adapt Psychiatric Services<br>621 W Madrone, Roseburg, OR 97470   | (541) 229-8973 | Mon-Fri, 8am-5pm<br>Closed Sat & Sun                                    | Weekends call the 24-Hour Crisis Line   |  |
| Adapt Mental Health-Reedsport<br>680 Fir Street, Reedsport, OR 97467  | (541) 440-3532 | By Appointment Only   | 1-(800) 866-9780                        |  |
| Adapt Mental Health-Coos County<br>400 Virginia Ave., Suite 201, North Bend, OR 97459   | (541) 751-0357 | Mon-Fri, 8am-5pm<br>Closed Sat & Sunday                                 | 24-Hour Crisis Line<br>(541) 266-6800   |  |
| Adapt Mental Health-Curry County<br>Port Orford, 1403 Oregon St., OR 97465 (by appt only)<br>29845 Airport Way, Gold Beach, OR 97444<br>306 Warf St., Brookings, OR 97415 | (877) 408-8941 | Mon-Fri, 8am-5pm<br>Closed 12-1 for Lunch<br>Closed Sat & Sun           | 24-Hour Crisis Line<br>( 877) 519-9322  |  |
| Substance Use Treatment   |                |   |   |  |
| Adapt-Douglas County<br>621 W Madrone Street, Roseburg, OR 97470  | (541) 672-2691 | Mon-Fri, 8am-5pm<br>Closed Sat & Sun                                    | After Hours &<br>Weekends call the      |  |
| Adapt Substance Use Treatment-Reedsport<br>680 Fir Street, Reedsport, OR 97467  | (541) 751-0357 | By Appointment  | 24-Hour Crisis Line<br>1-(800) 866-9780 |  |
| Adapt-Coos County<br>400 Virginia Ave., Suite 201, North Bend, OR 97459   | (541) 751-0357 | Mon-Fri, 8am-5pm<br>Closed Sat & Sunday                                 | 24-Hour Crisis Line<br>(541) 266-6800   |  |
| Adapt-Curry County<br>Port Orford, 1403 Oregon St., OR 97465 (by appt only)<br>29845 Airport Way, Gold Beach, OR 97444<br>306 Warf St., Brookings, OR 97415               | (877) 408-8941 | Mon-Fri, 8am-5pm<br>Closed 12-1 for Lunch<br>Closed Sat & Sun           | 24-Hour Crisis Line<br>( 877) 519-9322  |  |
| Adapt-Josephine County<br>356 NE Beacon Drive, Grants Pass, OR 97526  | (541) 474-1033 | Mon, Tue, Thu, Fri<br>8am-5pm<br>Closed Wed 1pm-3pm<br>Closed Sat & Sun | 24-Hour Crisis Line<br>(541) 474-5360   |  |



#### **Patient Portal**

For non-urgent communication with your provider, we encourage you to sign up for the secure online Patient Portal. The Patient Portal is a quick and easy way to review your health information, schedule appointments, and communicate with your provider. As a new patient, you will receive instructions on how to sign up for the Patient Portal. If you have questions or need assistance, please talk with a member of our reception team.

#### **Prescription Refills**

When you need a prescription refilled, please call your pharmacy directly, even if there are no refills remaining. Your pharmacy contacts and coordinates all refill requests directly with your health care team. Please allow 72-hours for prescriptions to be refilled.

#### **Billing Questions**

If you have questions concerning your statement, please contact the billing office using the telephone number listed on your statement.

#### **Sliding Fee & Discount Application**

Adapt Integrated Health Care is a preferred provider for most health insurance plans, and we welcome patients covered by Oregon Health Plan and Medicare. If you are uninsured, we offer a sliding fee discount based on family/household size and net income. No one is turned away due to inability to pay. Please refer to our Application for Financial Discount in this packet for more information.

#### **Tobacco-Nicotine Free Campus**

For the health and safety of our patients and staff, Adapt Integrated Health Care is a tobacco-free and nicotine-free campus. This means that smoking and the use of tobacco/nicotine products are prohibited at all times and on all properties. If you would like to quit using tobacco, please talk with a member of your health care team.

#### **Service Animal Policy**

Only service animals trained to do work or perform tasks for a person with a disability are allowed inside the clinic. Please talk with a member of your health care team for more information (printed information is available <a href="https://www.ada.gov/service\_animals\_2010.htm">https://www.ada.gov/service\_animals\_2010.htm</a>).



# **Preparing For Your First Substance Use Treatment Visit**

We offer a full-continuum of care for individuals and families with substance use disorders—from medical detox and residential care to outpatient treatment and after care. Our highly trained and dedicated counselors take a holistic approach to care—treating the mind, body and spirit—to help each individual on their personal journey to life-long health and recovery.

#### Who We Serve

Substance use treatment services are available for adolescents and adults. Services are provided in Douglas, Coos, Curry and Josephine counties.

#### How to Prepare for Your New Patient Substance Use Treatment Appointment

- \*\*PLEASE NO CHILDREN AT THE ASSESSMENT APPOINTMENT\*\*
- Allow up to 2 ½ hours for your first appointment. Be prepared to do a urine drug screen and bring the following information to your appointment (if applicable)
- Bring picture ID—a current state or federal issued ID—for example, a driver's license, ID card, or passport
- Bring your insurance card to all appointments
- Make a complete list of all medications that you currently take (including vitamins and supplements), or bring the containers with you to your appointment, or bring a printout of your current medications from your pharmacy
- Verification of your Income & Reduced Fee Application
- \$9.00 for DUII Manual
- DUII Referral from ADES and DMV Driving Record
- Court Documents

#### Appointments: Schedule / Reschedule / Cancellations

Please call Adult Outpatient Services at (541) 751-0357 if you have any questions or need to reschedule. This will allow us to offer the time slot to another patient.

#### **Unexcused Group Treatment Absence**

Group attendance is expected and very important to your success in treatment. Multiple unexcused absences **MAY** result in suspension from group and delays in your treatment experience.

#### **Our Services**

**Adult Outpatient** 

| Adult | Residential | Treatment   |
|-------|-------------|-------------|
| Addit | Restacticia | in cathlent |

- Adult Residential Treatment
- Sub-Acute Medical Detox
- lential Treatment
- Housing & Day Treatment
  - Fresh Start Day Treatment

- Outpatient Treatment – Opioid Treatment Program
- Problem Gambling Treatment

Adult Outpatient & Intensive

- DUII Treatment Services
- Peer Support Services
- Aftercare and Support
- Children & Family Treatment
  - Youth Outpatient Treatment
  - Youth Residential Treatment
  - Moms in Recovery



# PATIENT DEMOGRAPHICS

| Full Legal Name  | (Last)                          | (First)   | (MI)   |  |  |  |  |  |
|--|---------------------------------|---|--|--|--|--|--|--|
| Date of Birth  | Age                             | • •   | ame at Birth   |  |  |  |  |  |
| Social Security #  |                                 | Driver's Lic  | ense #   |  |  |  |  |  |
| <b>Gender/ Gender Preference</b> ( <i>please check one</i> )  Male  Female  Other  Choose not to disclose  Transgender Male/Female-to-Male  Transgender Female/Male-to-Female  |                                 |   |  |  |  |  |  |  |
| Sexual Orientation (please of<br>Straight Bisexual   |                                 | y □ Something   | else 🛛 Choose not to disclose  |  |  |  |  |  |
| Patient's Sex Assigned at B  |                                 | -   |  |  |  |  |  |  |
| Pronoun Preference (please   | e check one)<br>□ They/Their    | □ Ze/Zir   [  | Decline to Answer 🛛 Unknown  |  |  |  |  |  |
| Mailing Address  |                                 |   |  |  |  |  |  |  |
| (Address)  |                                 | (City)  | (State) (Zip)  |  |  |  |  |  |
| Home Address (If different,  | )                               |   |  |  |  |  |  |  |
| (Address)  |                                 | (City)  | (State) (Zip)  |  |  |  |  |  |
| Phone (please check your print   | <mark>mary phone)</mark>        |   |  |  |  |  |  |  |
| Home Phone:  |                                 | □ c   | ell Phone:   |  |  |  |  |  |
| □ Message Phone:   |                                 | 🗆 E   | mail:  |  |  |  |  |  |
| Preferred Communication  | Method (for appoint             | ment-related cont   | act) 🗆 Phone 🗆 Text 🗆 Email  |  |  |  |  |  |
| Occupation   | Employer                        |   | Phone  |  |  |  |  |  |
| Employment Status (please  | check one)                      |   |  |  |  |  |  |  |
| 🗆 Full-Time 🛛 Part-Tim   | ie 🛛 Seasonal/Ter               | nporary 🛛 Self-   | Employed 🛛 Retired 🛛 Unemployed  |  |  |  |  |  |
| Name of Spouse/Significar  | າt Other <mark>*</mark>         |   | Date of Birth  |  |  |  |  |  |
| <b>_</b> , ,   | , , ,                           | iscuss your media   | *If you wish to permit the above person(s) to discuss your medical care and/or billing matters, please include this  |  |  |  |  |  |
| person on the Authorization  |                                 | •   |  |  |  |  |  |  |
|  | n for the Disclosure (          | of Information fo   |  |  |  |  |  |  |
| Responsible Party Name   |                                 | of Information fo   | rm.  |  |  |  |  |  |
| Responsible Party Name<br>(Complete if other than patier   |                                 |   | Date of Birth  |  |  |  |  |  |
| Responsible Party Name   | nt)                             | Employer  | Date of Birth<br>Phone   |  |  |  |  |  |
| Responsible Party Name<br>(Complete if other than patien<br>Social Security #  | nt)<br>ON Please provide (      | Employer  | Date of Birth<br>Phone   |  |  |  |  |  |
| Responsible Party Name<br>(Complete if other than patien<br>Social Security #<br>INSURANCE INFORMATI   | nt)<br>ON Please provide (      | Employer  | Date of Birth<br>Phone<br>surance card(s)  |  |  |  |  |  |
| Responsible Party Name<br>(Complete if other than patien<br>Social Security #<br>INSURANCE INFORMATI<br>Name of Primary Insurance  | nt)<br>ON Please provide (      | Employer<br>copies of your in<br>Policy #                     | Date of Birth<br>Phone<br>surance card(s)  |  |  |  |  |  |
| Responsible Party Name<br>(Complete if other than patien<br>Social Security #<br>INSURANCE INFORMATI<br>Name of Primary Insurance<br>Group #   | nt)<br>ON Please provide (      | Employer<br>copies of your in<br>Policy #                     | Trm. Date of Birth Phone surance card(s) #   |  |  |  |  |  |
| Responsible Party Name<br>(Complete if other than patien<br>Social Security #<br>INSURANCE INFORMATI<br>Name of Primary Insurance<br>Group #<br>Policyholder (PH) Name   | nt)<br>ON Please provide o<br>e | Employer<br>copies of your in<br>Policy #                     | Trm. Date of Birth Phone surance card(s) # PH Date of Birth  |  |  |  |  |  |
| Responsible Party Name<br>(Complete if other than patien<br>Social Security #<br>INSURANCE INFORMATI<br>Name of Primary Insurance<br>Group #<br>Policyholder (PH) Name<br>PH Social Security #                             | nt)<br>ON Please provide o<br>e | Employer<br>copies of your in<br>Policy #                     | The second secon |  |  |  |  |  |
| Responsible Party Name<br>(Complete if other than patien<br>Social Security #<br>INSURANCE INFORMATI<br>Name of Primary Insurance<br>Group #<br>Policyholder (PH) Name<br>PH Social Security #<br>Name of Secondary Insura | nt)<br>ON Please provide o<br>e | Employer<br>copies of your in<br>Policy #<br>F<br>F<br>Policy | The second secon |  |  |  |  |  |



| PATIENT/CLIENT STATISTICS  |
|--|
| As a Nonprofit Organization, we receive grant dollars, and we are <u>required</u> to gather the following statistics about the patients/clients we serve on an annual basis. This information is <b>confidential</b> and will be used for statistics purposes <b>only</b> . We appreciate you taking the time to fully complete all questions in this section. |
| Check One for Each Question (answer regarding the patient)   |
| Primary Language   English  Spanish  ASL  Other (specify)  |
| <b>Does client need an interpreter?</b> Yes No If yes, circle which: Foreign Language Hearing  |
| Would you be better served in a language other than English?   Yes  No   |
| Marital Status  Single  Married  Widowed  Divorced  Separated  |
| Student Status  Full-Time  Part-Time  Not a Student  |
| Is the patient a Veteran?       □ Yes       □ No       Immediate Family Member of a Veteran       □ Yes       □ No         Dependent Child of Veteran?       □ Yes       □ No       Spouse / Domestic Partner of Veteran?       □ Yes       □ No       □ Unknown   |
| Referral Source       □ Outreach Coordinator       □ Friend       □ Relative       □ News Media-Newspaper       □ Radio         □ Television       □ Facebook       □ Ad-Digital       □ Direct Mail       □ Billboard   |
| Please indicate the stability of your current living status <pre></pre>  |
| Current Living Situation  Own Home  Rent  Temporary Housing  Staying with friends/relatives (double up) Public Housing  Transitional Housing  Shelter  Street  Other   |
| Agricultural Work Status  Non-Agricultural Agricultural-Seasonal Agricultural-Migrant Agricultural-Employed Year-Round Retired Farmworker  |
| Are you Hispanic or Latino?  Yes No  |
| <b>Race</b> (Check all that apply)   |
| Client's Current Tribal Affiliation: 🛛 Not Applicable  |
| □ Burns Paiute Tribe □ Cow Creek Band of Umpqua Tribe □ Confederated Tribes of Grant Ronde   |
| Confederated Tribes of Coos/Lower Umpqua/Siuslaw   |
| □ Coquille Indian Tribes □ Confederated Tribes of Warm Springs □ Other (please specify):   |
| What is your gross (before taxes) household income?     Per Month:     OR     Per Year:  |
| How many people are in your household, including yourself?   |
| Do you receive TANF Cash Benefits?   Yes  No   |
| Highest School Grade Client Completed:   |
|  |

Patient or Guardian / Personal Representative signature (circle one)

Date

**Printed name of Patient** 

Relationship, if not Patient



## FINANCIAL DISCOUNT APPLICATION INFORMATION

#### Please retain this page for your reference. Complete the next page and return it to Adapt by the due date if you wish to apply.

Adapt is a private, non-profit organization that provides quality and affordable medical services. All patients may apply for a sliding scale discount; eligibility is based on household size and income. *No one* is turned away due to lack of funds. All patients will receive a monthly statement if there is a balance owed on their account. All balances are due within 30 days of the statement date. If you are unable to pay your balance in full, please call Adapt's billing office to make payment arrangements.

Information you provide on this application will be used to help determine if you also qualify for a discount on services provided by Mercy Outpatient Lab & Imaging ordered by Adapt Primary Care. Information on this form may be requested by Mercy and will be provided to them for auditing purposes.

- Please complete this entire form and provide all requested documents to be considered for a sliding scale discount. Discounts will only be given to patients who qualify and provide verification.
- You have **14 days from the date of service** to complete and return this form to be considered for a discount on your visit. Otherwise, your discount will begin on the date it is returned.
- Adapt will not back date discounts.
- Once your application has been processed, you will receive a letter in the mail notifying you of the discount that you are eligible for.
- All discounts will be valid for one year at which time you will be asked to provide current verification. If your financial or living circumstances change before this date, you are required to notify Adapt. This information may adjust your discount.

**Required Documents:** To be determined for a sliding scale discount, please ensure copies of the following documents *for ALL household members are included with your application.* If one or more of these documents do not pertain to your household, please disregard those documents.

- □ Most recent 30 days of pay stubs
- Unemployment verification
- Most recent federal tax return (if self-employed)
- □ Social Security and/or Disability award letters
- □ Pension award letter
- $\hfill \Box$  Child Support award letter

- Worker's Compensation award letter
- Court orders from any lawsuit
- □ Proof of gambling winnings
- □ Proof of annuity payments
- Receipts for goods sold or services provided
- If you have no income, a letter that explains your means of living or a completed Self Attestation of Income form (available upon request)
- Food Stamps verification
- □ Tuition assistance grants

#### Definitions

Household: persons who live in the same dwelling and are pooling resources.

<u>Income</u>: any moneys received, whether taxable or non-taxable, from any source. Any moneys for goods sold or services provided, grants for tuition assistance, retirement income, business income, social security and/or disability payments, unemployment insurance benefits, settlement awards from any lawsuit whether considered "economic damages" or not, life insurance payments, annuity payments, gambling winnings, and any other moneys received for the purposes of assisting with household expenses will be included. Loans or available credit will not be counted.

| If you are applying for a sliding scale discount, you may also qualify for the Oregon Health Plan (OHP). If you wish<br>to apply for OHP and would like free assistance applying, please ask to speak with an outreach eligibility worker.<br>To be considered for a discount from Mercy Medical Center, you must have applied for OHP. |  |                  |              |                   |                  |              |  |
|---|--|------------------|--------------|-------------------|------------------|--------------|--|
| Have you applied for the Oregon Health Plan? Y N If yes, date applied: Were you approved? Y N   |  |                  |              |                   |                  |              |  |
| Do you have other ins   | Do you have other insurance? Y N If yes, what insurance? Adapt staff initials: |                  |              |                   |                  |              |  |
| PLEASE PF   | PLEASE PROVIDE INFORMATION FOR THE PERSON RESPONSIBLE FOR THIS ACCOUNT BELOW.  |                  |              |                   |                  |              |  |
| Name of Responsible P   | Party:   |                  | Relatio      | n to Patient:     |                  |              |  |
| SSN:  |  | DOB:             |              | Pho               | ne:              |              |  |
| Billing Address:  |  |                  | City:        |                   | State: Zip       | ):           |  |
| Please prov   | vide informatio  | on for all house | hold members | . (See definition | of household on  | page 1)      |  |
| Household Member  | 1  | 2                | 3            | 4                 | 5                | 6            |  |
| Name  |  |                  |              |                   |                  |              |  |
| Date of Birth   |  |                  |              |                   |                  |              |  |
| <b>Relationship to Patient</b>  | SELF   |                  |              |                   |                  |              |  |
| Gross Monthly Income from the following:  | Please   | provide supp     | orting docum | entation for ea   | ch source of inc | come listed. |  |
| Salary/Wages  | \$   | \$               | \$           | \$                | \$               | \$           |  |
| Unemployment  | \$   | \$               | \$           | \$                | \$               | \$           |  |
| Social Security   | \$   | \$               | \$           | \$                | \$               | \$           |  |
| Disability  | \$   | \$               | \$           | \$                | \$               | \$           |  |
| Pension   | \$   | \$               | \$           | \$                | \$               | \$           |  |
| Retirement  | \$   | \$               | \$           | \$                | \$               | \$           |  |
| Child Support   | \$   | \$               | \$           | \$                | \$               | \$           |  |
| Worker's Comp   | \$   | \$               | \$           | \$                | \$               | \$           |  |
| Sale of Goods   | \$   | \$               | \$           | \$                | \$               | \$           |  |
| Other   | \$   | \$               | \$           | \$                | \$               | \$           |  |
| TOTAL   | \$   | \$               | \$           | \$                | \$               | \$           |  |
| TOTAL gross monthly household income:          If your household income is zero, please initial here:       and provide a brief explanation of your current financial and living situations:  |  |                  |              |                   |                  |              |  |

I hereby authorize representatives of Adapt to make whatever inquiries necessary to verify the information furnished on this form, or to release any information regarding my office visits to any insurance company or third party to seek settlement of this account. I hereby state that to the best of my knowledge the information given above is true and complete. I understand that if any information is found to be incorrect I may not be eligible for any future consideration of reduced rates and that any sliding fee taken in the past may be reversed and all accounts adjusted accordingly.

#### Patient/Responsible Party Signature:

| **************************************                         | R OFFICE USE ONLY************************************ |
|--|---|
| pplication Date:   | _ Expiration Date:                                    |
| Based on the information provided, the above listed pa         | tient is eligible for a% discount.                    |
| Based on the information provided, the patient is <u>not</u> e | ligible for a discount at this time.                  |
| nformation verified by:  Pay Stubs  Tax Return  Othe           | r   |
| taff member completing form:                                   | Date:   |

Date:



## SUBSTANCE USE TREATMENT CLIENT HEALTH HISTORY FORM

| Today's Date   |                 |                       |                            |        |   |                 |  |
|--|-----------------|-----------------------|----------------------------|--------|---|-----------------|--|
| Last Name: F   |                 | First Nan             | ne:                        |        | Middle Initial  | Birthdate:      |  |
| SUBSTANCE USE TREATMENT INFORMATION & DETOX STATUS                 |                 |                       |                            |        |   |                 |  |
| Have you ever taken a  | ny of the follo | wing Anti             | -Anxiety Medications (B    | Benzo  | diazepines)?  |                 |  |
| 🗆 Ativan 🛛 🗆 🗆   | Dalmane         | 🗆 Ha                  | lcion                      |        | Prosom  | 🗆 Serax         |  |
| 🗆 Xanax 🛛 🗆 D  | Doral           | 🗆 Nir                 | avan                       |        | Restoril  | Tranxene        |  |
| If yes, date of last use:  |                 | ls it a curr          | ent prescription? 🗆 Yes    |        | lo Prescribed to  | you? 🗆 Yes 🛛 No |  |
| Do you have any past/<br>If yes, please list the sy                | •               | lrawal syn            | nptoms from alcohol or a   | anti-a | -   | n? □ Yes □ No   |  |
| Current Drug Used  | Use in Last     | 7 Days                | Use IV?                    |        | How Often/How<br>Much?                                      | How Long?       |  |
|  |                 |                       |                            |        |   |                 |  |
|  |                 |                       |                            |        |   |                 |  |
|  |                 |                       |                            |        |   |                 |  |
|  |                 |                       |                            |        |   |                 |  |
| Tobacco use: 🗌 Nev   | ver 🗌 Previo    | ous Use               | Current Use If usin        | ng: 🗆  | 🛛 Smoke 🛛 Smol  | keless 🗌 Vape   |  |
| How much / How ofter   | n do you use to | obacco?               | Do you have a l            | Medi   | cal Marijuana card  | l? □ Yes □ No   |  |
| Have you been in treat   | tment before?   | P□Yes □               | No If yes, please list     | t prog | gram(s) and year:   |                 |  |
| How many self-help su  | ipport groups   | (AA, NA, e            | etc.) do you attend in a t | typica | al months?  |                 |  |
| MEDICAL INFORMATIO   | DN              |                       |                            |        |   |                 |  |
| Are you currently preg   | mant? 🗆 Yes     | 🗆 No 🗆                | Maybe If yes, how          | far a  | long are you?   |                 |  |
| Primary Care Physiciar   | n Name:         |                       |                            |        | Phone:  |                 |  |
| Dental Provider Name   | :               |                       |                            |        | Phone:  |                 |  |
| Do you need assistanc  | e finding a Pri | mary Care             | Physician or Dental Pro    | ovide  | r? □ Yes □ No   |                 |  |
| Do you have a history  | of:             |                       | Due blanc                  | 1      |   |                 |  |
| <ul> <li>Liver Disease</li> <li>Heart Attack, Stroke, H</li> </ul> | Heart Surgerv   | □ Vision<br>□ High Bl | ood Pressure               |        | <ul> <li>Dental Problem</li> <li>Headaches (freq</li> </ul> | uent/severe)    |  |
| □ Seizure □ Hallucinations □ Chronic Cough                         |                 |                       |                            |        |   |                 |  |
| 🗆 DT's   |                 | 🗆 Diabet              | es                         |        | Back Injury/Pain  |                 |  |
| □ Head Injuries  |                 | □ Other (             | Chronic Medical Condition  |        | <ul><li>Eating Disorder</li><li>Chronic Pain</li></ul>      |                 |  |
| If any conditions are checked, please explain:                     |                 |                       |                            |        |   |                 |  |



| Any Allergies to:  Medications Bee Stings Foods List allergies:                                |  |  |                   |  |  |
|--|--|--|-------------------|--|--|
| Have you been diagnosed with: $\Box$ $dash$  | lepatitis A 🛛 Hepati   | tis B 🗌 Hepatitis C 🔲 HIV                    |                   |  |  |
| If yes, do you need treatment for Hep  | patitis C / HIV? 🗆 Yes   | 🗆 No   |                   |  |  |
| If no, do you want to be tested for He   | epatitis C / HIV? 🛛 Ye   | s 🗆 No                                       |                   |  |  |
| Have you been tested for TB?   | S 🗆 No 🛛 If yes: 🗆 Po  | sitive 🛛 Negative Current TB Card            | ?□Yes □No         |  |  |
| Current Medications?   Yes  No   | Do you have a 30   | -day supply? 🗆 Yes 🗆 No 🛛 Need Re            | efill? 🗆 Yes 🛛 No |  |  |
| List Medications and Amounts (if av  | ailable):  |  |                   |  |  |
| Medication Name  | Amount   | Medication Name                              | Amount            |  |  |
|  |  |  |                   |  |  |
|  |  |  |                   |  |  |
|  |  |  |                   |  |  |
|  |  |  |                   |  |  |
| BEHAVIORAL HEALTH STATUS   |  |  |                   |  |  |
| Are you currently experiencing any o   | of the following symp  | coms?  |                   |  |  |
| □ Depression □ Mood Swings □   | Panic/Anxiety 🛛 Pa   | ranoia 🛛 Hallucinations                      |                   |  |  |
| □ Suicidal Thoughts or Plan If you   | u checked suicidal tho   | ughts or plan, please describe:              |                   |  |  |
|  |  |  |                   |  |  |
|  |  |  |                   |  |  |
| Have you ever been diagnosed with  | a mental illness? 🗆 Y  | es 🗆 No Diagnosis:                           |                   |  |  |
| Current Mental Health Provider Name:     Phone:  |  |  |                   |  |  |
| Have you ever had to lie to people important to you about how much you have gambled?   Yes  No |  |  |                   |  |  |
| Have you ever felt the need to bet more and money?  Yes  No                                    |  |  |                   |  |  |
| LEGAL STATUS   |  |  |                   |  |  |
| 🗆 Parole 🗆 Probation 🗆 Mental H  | Health Court 🛛 Drug (  | Court $\Box$ Incarcerated $\Box$ None $\Box$ | Other:            |  |  |
| Do you have any Pending Court Case   | es? 🗆 Yes 🗆 No 🛛 I   | f yes, for what?                             |                   |  |  |
| Do you have any current or previous  | s charges for Violent C  | ffense?  Ves  No Sexual Offer                | nse: 🗆 Yes 🗆 No   |  |  |
| How many times have you been arre  | How many times have you been arrested for DUII? Other charges? |  |                   |  |  |
| Check agencies you're involved with  | : 🗆 Mental Health  | 🗆 Voc Rehab 🛛 Bay Cities 🛛 Trans             | slink 🗌 CWP       |  |  |
| Child Welfare Case Worker: Parole/Probation Officer:   |  |  |                   |  |  |
| Do you have any Family or Friends who work for Adapt Integrated Health Care?  Yes No           |  |  |                   |  |  |
| If yes, please list name(s) and department:  |  |  |                   |  |  |
|  |  |  |                   |  |  |
|  |  |  |                   |  |  |



## HAD SCALE

| Patient's Name:                              | Date of Birth:  |
|--|---|
| Counselors are aware that emotions play a    | an important part in most addictions. If your counselor knows about these |
| feelings, he or she will be able to help you | more. This questionnaire will help your counselor know how you feel.      |

Read each item and **<u>circle</u>** the best answer to show how you have been feeling **<u>in the past week</u>**.

| I feel tense or "wound up"                                 | I feel as if I am slowed down                             |
|--|---|
|  |   |
| 3 Most of the time   | 3 Nearly all of the time                                  |
| 2 A lot of the time  | 2 Very often<br>1 Sometimes                               |
| 1 Time to time, occasionally                               |   |
| 0 Not at all   | 0 Not at all  |
| I still enjoy the things I used to enjoy                   | I get sort of frightened feeling like "butterflies in the |
| 0 Definitely   | stomach"  |
| 1 Not quite as much  | 0 Not at all  |
| 2 Only a little  | 1 Occasionally  |
| 3 Not at all   | 2 Quite often   |
|  | 3 Very often  |
| I get a sort of frightened feeling like something awful is | I have lost interest in my appearance                     |
| going to happen  | 3 Definitely  |
| 3 Very definitely and quite badly                          | 2 I don't take as much care as I should                   |
| 2 Yes, but not too badly                                   | 1 I may not take as much                                  |
| 1 A little, but it doesn't worry me                        | 0 I take just as much care                                |
| 0 Not at all   |   |
| I can laugh and see the funny side of things               | I feel restless as if I must be on the move               |
| 0 As much as I always could                                | 3 Very much indeed  |
| 1 Not quite so much now                                    | 2 Quite a lot   |
| 2 Definitely not so much now                               | 1 Not very much   |
| 3 Not at all   | 0 Not at all  |
| Worrying thoughts go through my mind                       | I look forward with enjoyment to things                   |
| 3 A great deal of time                                     | 0 As much as I ever did                                   |
| 2 A lot of the time  | 1 Rather less than I used to                              |
| 1 From time to time but not too often                      | 2 Definitely less than I used to                          |
| 0 Only occasionally  | 3 Hardly at all   |
| I feel cheerful  | I get sudden feelings of panic                            |
| 3 Not at all   | 3 Very often indeed                                       |
| 2 Not often  | 2 Quite often   |
| 1 Sometimes  | 1 Not very often  |
| 0 Most of the time   | 0 Not at all  |
| I can sit at ease and feel relaxed                         | I can enjoy a good book or radio or TV program            |
| 0 Definitely   | 0 Often   |
| 1 Usually  | 1 Sometimes   |
| 2 Not often  | 2 Not often   |
| 3 Not at all   | 3 Very seldom   |
|  |   |

FOR OFFICE USE ONLY:

A Score (bold): \_\_\_\_\_

D Score: \_\_\_\_\_ <7 not present; 8-10 doubtful;  $\geq$  11 definite



## LIFE EVENTS CHECKLIST

Patient's Name:Date of Birth:Listed below are several difficult or stressful things that sometimes happen to people. For each event, check one or<br/>more of the boxes to the right to indicate that: (a) it happened to you personally, (b) you witnessed it happen to someone<br/>else, (c) it doesn't apply to you.

#### Be sure to consider your *entire life* (growing up as well as adulthood) as you go through the list of events.

|    | Event   | Happened to me | Witnessed it | Doesn't apply |
|----|---|----------------|--------------|---------------|
| 1. | Natural disaster (for example, flood, hurricane, tornado, or earthquake).                                     |                |              |               |
| 2. | Fire or explosion   |                |              |               |
| 3. | Transportation accident (for example, car accident, boat accident, train wreck, plane crash).                 |                |              |               |
| 4. | Serious accident at work, home, or during recreational activity.  |                |              |               |
| 5. | Exposure to toxic substance (for example, dangerous chemicals, radiation).                                    |                |              |               |
| 6. | Physical assault (for example, being attacked, hit, slapped, kicked, beaten up)                               |                |              |               |
| 7. | Assault with a weapon (for example, being shot, stabbed, threatened with a knife, gun, bomb)                  |                |              |               |
| 8. | Sexual assault (rape, attempted rape, made to perform any type of sexual act through force or threat of harm) |                |              |               |
| 9. | Other unwanted or uncomfortable sexual experience   |                |              |               |
| 10 | . Combat or exposure to a warzone (in the military or as a civilian)  |                |              |               |
| 11 | . Captivity (for example, being kidnapped, abducted, held hostage, prisoner of war)                           |                |              |               |
| 12 | . Life-threatening illness or injury  |                |              |               |
| 13 | . Severe human suffering  |                |              |               |
| 14 | . Sudden, violent death (for example, homicide, suicide)  |                |              |               |
| 15 | . Sudden, unexpected death of someone close to you  |                |              |               |
| 16 | . Serious injury, harm, or death you caused to someone else   |                |              |               |
| 17 | . Any other very stressful event or experience  |                |              |               |
| -  | ake Weathers Naav Kalounek Charney & Keane 1995   | · .            |              |               |

Blake, Weathers, Nagy, Kaloupek, Charney, & Keane, 1995



## INFECTIOUS DISEASE RISK ASSESSMENT FORM

This form is used for educational and referral purposes only.

It is not included in the treatment file and shredded after initial assessment.

| 1. In the past 12 months have you had a tattoo, body piercing, acupuncture or have had contact with someone else's blood?   | □ Yes       | □ No |  |  |  |  |
|---|-------------|------|--|--|--|--|
| Within the last 30 days, have you had any of the following symptoms <u>lasting for more than 2 weeks</u> ?  |             |      |  |  |  |  |
| □ Nausea       □ Shortness of Breath       □ Night Sweats (so change your cloth         □ Fever       □ Weight Loss (unintentional)       □ change your cloth         □ Productive Cough       □ Diarrhea (lasting more than 1 week)       □ Women—Have your cloth         □ Coughing Blood       □ Lumps/swollen gland in neck or armpit       two periods | hes/sheets) |      |  |  |  |  |
| 3. Have you ever been told you have TB?   | □ Yes       | □ No |  |  |  |  |
| 4. Has anybody you know or have lived with been diagnosed with TB in the past year?   | 🗆 Yes       | □ No |  |  |  |  |
| 5. Have you ever had a positive skin test for TB? (A test where they gave you a shot in your forearm, and a few days later a hard bump appeared.)   | □ Yes       | □ No |  |  |  |  |
| 6. Have you ever been treated for TB?   | 🗆 Yes       | □ No |  |  |  |  |
| 7. Have you ever been told that you have:  ☐ Hepatitis A  ☐ Hepatitis B  ☐ Hepatitis C  |             |      |  |  |  |  |
| 8. Do you use needles to shoot drugs or shared needles or syringes to inject drugs?   | □ Yes       | □ No |  |  |  |  |
| 9. Have you ever had a job that put you in danger of needle stick injuries or other types of blood contact?   | □ Yes       | □ No |  |  |  |  |
| 10. Do you use stimulants (cocaine/methamphetamine)?  | 🗆 Yes       | 🗆 No |  |  |  |  |
| 11. In the last 12 months, have you or anyone you have had sex with had (STDS), like syphilis, gonorrhea, herpes, chlamydia, nongonococcal urethritis, other sexually transmitted diseases, or hepatitis?   | □ Yes       | □ No |  |  |  |  |
| 12. Did you have a blood transfusion before 1992 or received blood products produces before<br>1987 for clotting problems?  | □ Yes       | □ No |  |  |  |  |
| 13. Was your birth mother infected with Hepatitis C virus during the time of your birth?  | □ Yes       | □ No |  |  |  |  |
| 14. Have you been, or are you currently, on long term dialysis?   | □ Yes       | □ No |  |  |  |  |
| 15. Have you had sex with someone who has the blood disease hemophilia?   | 🗆 Yes       | □ No |  |  |  |  |
| 16. Have you had unprotected sex with a person who injects drugs or with a man who has sex with other men?  | □ Yes       | □ No |  |  |  |  |
| 17. Have you had sex in exchange for money or drugs, or to survive?   | 🗆 Yes       | 🗆 No |  |  |  |  |
| 18. Have you had sex with more than one person in the past 6 months? Any types of vaginal, rectal or contact without protection (condom or other barrier) with or without your consent?   | □ Yes       | □ No |  |  |  |  |
| 19. Have you had sex <u>or</u> shared needles to inject drugs with a person who has AIDS <u>or</u> who tested positive on the antibody test for AIDS/HIV disease or Hepatitis C?  | □ Yes       | □ No |  |  |  |  |
| 20. Have you ever injected drugs, even once?  | 🗆 Yes       | 🗆 No |  |  |  |  |
| 21. Have you ever been pricked by a needle or syringe that may have been infected with HIV or Hepatitis C Virus?  | □ Yes       | □ No |  |  |  |  |
| 22. Have you ever had a drinking problem that required medical care or counseling, or have you ever been told or thought that you have a drinking problem?  | □ Yes       | □ No |  |  |  |  |



#### The following questions are asked to help with treatment planning. It is not required that you answer them to participate in assessment and/or treatment.

| 1. | Have you ever had a blood test for the HIV antibody?                    |   | 🗆 Yes | □ No |
|----|---|---|-------|------|
|    | If No, would you like a blood test?                                     |   | 🗆 Yes | 🗆 No |
|    | If Yes, have you been tested within                                     | the last 6 months?                        | □ Yes | □ No |
| 2. | Have you ever had a blood test for the                                  | Hepatitis C Virus?                        | □ Yes | 🗆 No |
|    | If No, would you like a blood test?                                     |   | □ Yes | □ No |
|    | If Yes, have you been tested within                                     | the last 6 months?                        | □ Yes | □ No |
| 3. | How would you judge your own risk for                                   | r being infected with HIV (the AIDS virus | 5)?   |      |
|    | 🗆 I know I am infected.   | 🗌 I think I am at NO risk.                |       |      |
|    | I think I am at high risk.  | $\Box$ I am not sure what my risk is.     |       |      |
|    | 🗆 I think I am at low risk.   |   |       |      |
| 4. | How would you judge your own risk for                                   | r being infected with the Hepatitis C Vir | us?   |      |
|    | 🗆 I know I am infected.   | 🗆 I think I am at NO risk.                |       |      |
|    | $\Box$ I think I am at high risk. $\Box$ I am not sure what my risk is. |   |       |      |
|    | $\Box$ I think I am at low risk.  |   |       |      |



## PATIENT ACKNOWLEDGEMENT AND CONSENT OF AGENCY POLICIES

#### **Consent for Medical Treatment**

I consent to receiving medical and/ or surgical treatment including, but not limited to: diagnostic tests, lab work, injections, minor operations, and removal/ disposal of tissues as may be deemed advisable or necessary by the attending healthcare provider.

#### **Consent for Behavioral Health Services**

I consent to receiving behavioral health services as may be appropriate to assist with my medical treatment including, but not limited to assessment of and treatment for mental health conditions and/ or substance misuse.

#### Patient Rights

In addition to the HIPAA Notice of Privacy Practices, I understand that it is Adapt's policy to offer patients a printed copy and chance to review the following upon admission to any of Adapt's state certified behavioral health programs:

- Individual Rights Policy
- Grievance Policy and Form
- Service Delivery Policies

#### **Advanced Directives**

I acknowledge that Adapt provides an opportunity at admission to complete or provide copies of any advanced directives. If I receive services from any of Adapt's state certified behavioral health programs, staff will provide me information about the Oregon Declaration for Mental Health Treatment Form, its purpose, and contact information for a person who can answer additional questions.

#### **Release of Information**

I acknowledge that Adapt's Notice of Privacy Practices was provided to me and any use or release of information not permitted under law will require my authorization to release information. I authorize Adapt to release to my insurance carrier(s) by mail, fax, electronically, or verbally, any information needed to determine benefits payable and to bill for services provided. Some Adapt departments fall under additional federal privacy protections for substance use treatment programs. If my services include any 42 CFR Part 2 protected information, Adapt will ask for my written authorization on a release of information form before billing my insurance.

#### Informed of Ancillary Service Providers and Staff

I understand that from time to time, other persons may be observing or facilitating my care including, but not limited to students of the health profession, and administrative or health care professionals in orientation or training.



#### **Disability Certification and Special Accommodations**

I understand that the health center limits services provided to those that are clinical in nature. Any requests for additional administrative services, like disability certification and special accommodations, that require a determination of disability will have to be provided by a medical or behavioral health provider at another location. Paperwork for short-term disability or FMLA/OFLA by an Adapt provider may be completed and will be subject to a \$25 administrative fee. The reason for this policy is to avoid having the performance of administrative functions interfere with patient care.

#### Financial Responsibility & Billing Consent

All clients are responsible to pay in full for all services. I understand that it is my responsibility to check with my insurance company to verify coverage of services. I understand that I am responsible for any deductibles, co-pays, coinsurance, non-covered services or services deemed "not medically necessary" by my insurance company. Co-pays and coinsurance will be collected at the time of service. I may also choose to not bill my insurance for a specific visit, and I will then be responsible for the full cost of undiscounted services provided to me at that visit. I understand if my check is returned for non-sufficient funds (NSF) or written on a closed account, I will be responsible for a \$25 processing fee. I understand that if I do not make my scheduled payments and/ or do not make payment arrangements Adapt's billing department, my account may be assigned to a third-party collection agency.

#### Assignment of Insurance Benefits

I understand that this serves as a direct assignment of my medical benefits from Medicare, Medicaid, other government carrier, or any commercial/ private insurance carrier, to be paid to Adapt. If I receive payments directly from my insurance company, I agree to bring them to Adapt for payment on my account.

Laboratory Information:

- In-clinic tests are courtesy billed to insurance companies by Adapt
- Samples collected and sent to outside labs will be billed by the performing laboratory. Some locations have Mercy and Cordant available on-site for patient convenience but are not part of Adapt.

#### **Referrals**

I understand that I may choose to receive diagnostic test(s) or health care treatment/service at a facility other than the one recommended by my health care practitioner. I understand that if I choose to have the diagnostic test, health care treatment or service at a facility different from the one recommended by my health care practitioner, I will be held responsible for determining the extent of coverage or the limitation on coverage as applicable. A health practitioner may not deny, limit or withdraw a referral solely because I choose to have the diagnostic test or health care treatment or service at a facility other than the one recommended by the health care practitioner.



#### **Voter Registration**

I understand that staff will offer an opportunity to register to vote during admission.

By reading and signing this form, I accept my rights and responsibilities as a patient and consent to the treatment and services provided by Adapt. In addition, by signing this form, I certify that I have not withheld insurance coverage information existing at the time of this service and that no other insurance coverage exists beyond that which I have provided. I accept full responsibility for all charges whether they are covered by insurance or not. I have authorized Adapt to release all information necessary to my insurance company to make payment. I have read and understand the above information and give authorization for payment of insurance benefits to be made directly to Adapt for services provided.

| Patient or Guardian / Personal Representative signature |
|---|
| (circle one)  |

Date

**Printed name of Patient** 

Printed name of Signatory and relationship, if not Patient





# Your Information. Your Rights. Our Responsibilities.

This notice describes how medical information about you may be used and disclosed and how you can get access to this information. **Please review it carefully.** 

## **Your Rights**

When it comes to your health information, you have certain rights. This section explains your rights and some of our responsibilities to help you.

| Get an electronic or<br>paper copy of your<br>medical record | <ul> <li>You can ask to see or get an electronic or paper copy of your medical record and other health information we have about you. Ask us how to do this.</li> <li>We will provide a copy or a summary of your health information, usually within 30 days of your request. We may charge a reasonable, cost-based fee.</li> <li>Requests are submitted in writing. Ask staff for a form</li> </ul> |  |  |
|--|---|--|--|
| Ask us to correct your<br>medical record                     | <ul> <li>You can ask us to correct health information about you that you think is incorrect or incomplete. Ask us how to do this.</li> <li>We may say "no" to your request, but we'll tell you why in writing within 60 days.</li> </ul>  |  |  |
|  | <ul> <li>Requests are submitted in writing. Ask staff for a form</li> </ul>   |  |  |
| Request confidential communications                          | <ul> <li>You can ask us to contact you in a specific way (for example, home or office<br/>phone) or to send mail to a different address.</li> </ul>   |  |  |
|  | <ul> <li>We will say "yes" to all reasonable requests.</li> </ul>   |  |  |
|  | • Requests are submitted in writing. Ask staff for a form.  |  |  |

continued on next page

| Your Rights continued  | a   |  |  |  |
|--|---|--|--|--|
| Ask us to limit what<br>we use or share                      | • You can ask us <b>not</b> to use or share certain health information for treatment, payment, or our operations.   |  |  |  |
|  | <ul> <li>We are not required to agree to your request, and we may say "no" if it<br/>would affect your care.</li> </ul>   |  |  |  |
|  | <ul> <li>If you pay for a service or health care item out-of-pocket in full, you can<br/>ask us not to share that information for the purpose of payment or our<br/>operations with your health insurer.</li> </ul>   |  |  |  |
|  | • We will say "yes" unless a law requires us to share that information.   |  |  |  |
|  | <ul> <li>Requests are submitted in writing. Ask staff for a form</li> </ul>   |  |  |  |
| Get a list of those with<br>whom we've shared<br>information | • You can ask for a list (accounting) of the times we've shared your health information for six years prior to the date you ask, who we shared it with, and why.  |  |  |  |
|  | • We will include all the disclosures except for those about treatment,<br>payment, and health care operations, and certain other disclosures (such as<br>any you asked us to make). We'll provide one accounting a year for free but<br>will charge a reasonable, cost-based fee if you ask for another one within<br>12 months. |  |  |  |
|  | <ul> <li>Requests are submitted in writing. Ask staff for a form</li> </ul>   |  |  |  |
| Get a copy of this<br>privacy notice                         | • You can ask for a paper copy of this notice at any time, even if you have agreed to receive the notice electronically. We will provide you with a paper copy promptly.  |  |  |  |
| Choose someone<br>to act for you                             | <ul> <li>If you have given someone medical power of attorney or if someone is your<br/>legal guardian, that person can exercise your rights and make choices about<br/>your health information.</li> </ul>  |  |  |  |
|  | • We will make sure the person has this authority and can act for you before we take any action.  |  |  |  |
| File a complaint if<br>you feel your rights                  | <ul> <li>You can complain if you feel we have violated your rights by contacting<br/>the Privacy Officer 541-492-0129</li> </ul>  |  |  |  |
| are violated   | • You can file a complaint with the U.S. Department of Health and Human Services Office for Civil Rights by sending a letter to 200 Independence Avenue, S.W., Washington, D.C. 20201, calling 1-877-696-6775, or visiting www.hhs.gov/ocr/privacy/hipaa/complaints/.   |  |  |  |
|  | • We will not retaliate against you for filing a complaint.   |  |  |  |

#### For certain health information, you can tell us your choices about what we share. If you

have a clear preference for how we share your information in the situations described below, talk to us. Tell us what you want us to do, and we will follow your instructions.

| In these cases, you have<br>both the right and choice<br>to tell us to: | <ul> <li>Share information with your family, close friends, or others involved in your care or someone who helps pay for your care.</li> <li>Share information in a disaster relief situation</li> <li>Contact you for fundraising efforts</li> </ul>  |  |  |  |
|---|--|--|--|--|
|   |  |  |  |  |
|   | For example, we may assume you agree to our sharing of your<br>information to your spouse when you bring your spouse with you into the<br>exam room or while treatment is discussed. If you are not able to tell us<br>your preference, for example if you are unconscious, we may go ahead and<br>share your information if we believe it is in your best interest. |  |  |  |
|   | We may also share your information when needed to lessen a serious and imminent threat to health or safety.  |  |  |  |
| In these cases we never   | Marketing purposes   |  |  |  |
| share your information<br>unless you give us                            | Sale of your information   |  |  |  |
| written permission:   | <ul> <li>Most sharing of psychotherapy notes</li> </ul>  |  |  |  |
|   | • Other uses and disclosures not described in this notice.   |  |  |  |
| In the case of fundraising:   | • We may contact you for fundraising efforts, but you can tell us not to contact you again.  |  |  |  |

#### Our Uses and Disclosures

How do we typically use or share your health information? We typically use or share your health information in the following ways.

| Treat you                 | <ul> <li>We can use your health information and<br/>share it with other professionals who are<br/>treating you.</li> </ul>                       | <b>Example:</b> A provider treating you<br>for an injury asks another provider<br>about your overall health<br>condition. |  |  |
|---------------------------|--|---|--|--|
| Run our<br>organization   | <ul> <li>We can use and share your health information<br/>to run our practice, improve your care,<br/>and contact you when necessary.</li> </ul> | <b>Example:</b> We use health information about you to manage your treatment and services.                                |  |  |
| Bill for your<br>services | • We can use and share your health information<br>to bill and get payment from health plans or<br>other entities.                                | <b>Example:</b> We give information<br>about you to your health<br>insurance plan so it will pay for<br>your services.    |  |  |

continued on next page

| Our Uses  | continued   |   |
|---|---|---|
| Business<br>associates                          | <ul> <li>We may contract with business<br/>associates (BA) to perform certain<br/>functions or activities on our behalf.<br/>These BA's must agree to protect<br/>your health information</li> </ul>  | <b>Example:</b> Legal, billing,<br>transcription, consulting, EMR<br>hosting activities   |
| Appointment<br>reminders                        | • Your information allows us to contact you about appointments for treatment or other health care you may need  | <b>Example:</b> To contact you as a reminder that you have an appointment or communicate a change   |
| Give<br>treatment<br>alternatives &<br>services | <ul> <li>In some instances, the law permits us to<br/>contact you.</li> </ul>   | <b>Example:</b> To describe our services;<br>for your treatment; for case<br>management and care<br>coordination; to recommend<br>available treatment options |
| Health<br>Information<br>Exchanges              | • We participate in multiple internet-based<br>health information exchanges. The sharing<br>of your health information is to provide<br>faster access, better coordination of care,<br>and assist providers and public health<br>officials in making more informed decisions. | <b>Example:</b> OCHIN Care<br>Collaborative, EPIC Care<br>Everywhere, Reliance  |
| Specific<br>Types of PHI                        | <ul> <li>There are stricter requirements for use and<br/>sharing of some types of health information.<br/>However, there are still situations in which<br/>these types of information may be used or<br/>shared without your authorization.</li> </ul>                        | <b>Example:</b> Substance Use<br>Disorder information, mental<br>health, and HIV or genetic testing<br>information  |
|   | • If you are a client in one of our 42 C.F.R. Part<br>2 substance use treatment programs, please<br>see "Notice to Patients of Federal Confidentiality<br>Requirements under 42 C.F.R. Part 2" for more<br>information.   |   |
|   | • If you are a client in a Part 2 substance use<br>treatment program, we will not disclose your<br>information without your authorization<br>unless otherwise permitted under the law.  |   |
| Coordinated<br>Care<br>Organizations<br>(CCO)   | <ul> <li>If you are insured by a CCO with the<br/>Oregon Health Plan, there are time when we<br/>must share your health information for<br/>general purposes like service delivery, care<br/>coordination, transitional services, and<br/>payment.</li> </ul>                 | <b>Example:</b> Umpqua Health<br>Alliance (UHA), All Care,<br>Advanced Health   |
|   | • If the information includes Part 2 records, we will obtain your authorization.  |   |

How else can we use or share your health information? We are allowed or required to share your information in other ways – usually in ways that contribute to the public good, such as public health and research. We have to meet many conditions in the law before we can share your information for these purposes. For more information see: www.hhs.gov/ocr/privacy/hipaa/understanding/consumers/index.html.

| Help with public health<br>and safety issues   | <ul> <li>We can share health information about you for certain situations such as:</li> <li>Preventing disease</li> <li>Helping with product recalls</li> <li>Reporting adverse reactions to medications</li> <li>Reporting suspected abuse, neglect, or domestic violence</li> <li>Preventing or reducing a serious threat to anyone's health or safety</li> </ul>                   |  |  |  |
|--|---|--|--|--|
| Do research  | • We can use or share your information for health research.   |  |  |  |
| Comply with the law  | • We will share information about you if state or federal laws require it,<br>including with the Department of Health and Human Services if it wants to<br>see that we're complying with federal privacy law.   |  |  |  |
| Law enforcement  | • We may share health information to authorized officials for law enforcement<br>purposes (ex: to respond to a search warrant, report a crime on our<br>premises or against our staff, or help identify or locate someone).   |  |  |  |
| Respond to organ and tissue donation requests  | • We can share health information about you with organ procurement organizations.   |  |  |  |
| Work with a medical<br>examiner or funeral director                                    | • We can share health information with a coroner, medical examiner, or funeral director when an individual dies.  |  |  |  |
| Address workers'<br>compensation, law<br>enforcement, and other<br>government requests | <ul> <li>We can use or share health information about you:</li> <li>For workers' compensation claims</li> <li>For law enforcement purposes or with a law enforcement official</li> <li>With health oversight agencies for activities authorized by law</li> <li>For special government functions such as military, national security, and presidential protective services</li> </ul> |  |  |  |
| Respond to lawsuits and legal actions  | • We can share health information about you in response to a court or administrative order, or in response to a subpoena.   |  |  |  |

#### **Our Responsibilities**

- We are required by law to maintain the privacy and security of your protected health information.
- We will let you know promptly if a breach occurs that may have compromised the privacy or security of your information.
- We must follow the duties and privacy practices described in this notice and give you a copy of it.
- We will not use or share your information other than as described here unless you tell us we can in writing. If you tell us we can, you may change your mind at any time. Let us know in writing if you change your mind.

For more information see: www.hhs.gov/ocr/privacy/hipaa/understanding/consumers/noticepp.html.

#### Changes to the Terms of This Notice

We can change the terms of this notice, and the changes will apply to all information we have about you. The new notice will be available upon request, in our office, and on our web site.

#### Effective Date of Notice: 3/31/2021

#### This Notice of Privacy Practices applies to the following Adapt Health Services Programs and Sites:

- South River Community Health Center at Winston main campus, Winston Cascade Center, and Roseburg Madrone campus
- Compass Behavioral Health
- Adapt's Part 2 Substance Use Disorder Treatment Programs: Adult Residential Program at the Crossroads, Youth Residential Program at Deer Creek, Detoxification Program, Opioid Treatment Program, Outpatient Adult and Youth Substance Use Treatment Programs

Adapt Health Services Programs and sites listed above may share your protected health information with each other. They would do this to provide you with quality health care, to pay for your care, and to conduct our operations. Adapt is committed to providing high quality care across the full range of integrated health, recovery, support, and prevention services. For this reason, we may use and share your information among these programs in order to make decisions about, and plan for, your care and treatment. We also may use it to refer to, consult with, coordinate among, and manage alongside other healthcare providers for your care and treatment.

Adapt is part of an organized health care arrangement including participants in OCHIN. A current list of OCHIN participants is available at www.ochin.org as a Business associate of Adapt Oregon OCHIN supplies information technology and related services to Adapt and other OCHIN participants. OCHIN also engages in quality Adapt Oregon assessment and improvement activities on behalf of its participants. For example, OCHIN coordinates clinical review activities on behalf of participating organizations to establish best practice standards and assess clinical benefits that may be derived from the use of electronic health record systems. OCHIN also helps participants work collaboratively to improve the management of internal and external patient referrals. Your personal health information may be shared by Adapt Oregon with other OCHIN participants or a health information exchange only when necessary for medical treatment or for the health care operations purposes of the organized health care arrangement. Health care operation can include, among other things, geocoding your residence location to improve the clinical benefits you receive. The personal health information may include past, present and future medical information as well as information outlined in the Privacy Rules. The information, to the extent disclosed, will be disclosed consistent with the Privacy Rules or any other applicable law as amended from time to time. You have the right to change your mind and withdraw this consent, however, the information may have already been provided as allowed by you. This consent will remain in effect until revoked by you in writing. If requested, you will be provided a list of entities to which your information has been disclosed.

The personal information may include past, present, and future health information as well as information outlined in Privacy Rules. The information, to the extent disclosed, will be disclosed consistent with the Privacy Rules or any other applicable law as amended from time to time. You have the right to change your mind and withdraw this consent, however, the information may have already been provided as allowed by you. This consent will remain in effect until revoked by you in writing. If requested, you will be provided a list of entities to which your information has been disclosed.

Adapt PO Box 1121 Roseburg, Oregon 97470 https://www.adaptoregon.org/ Privacy Officer contact number: 541-492-0129



# AUTHORIZATION FOR USE AND DISCLOSURE ACKNOWLEDGEMENT OF TEXTING RISK

#### For services provided by Adapt Integrated Health Care, hereafter referred to as the "Health Center"

By completing this form, I authorize all Health Center office staff, healthcare providers, and any agents or independent contractors acting at and under the direction of same to leave messages regarding appointments, test results, or diagnostic results on my answering machine/voicemail at the designated number(s), and/or with the designated family member/friend(s), and/or to disclose my health information to the designated family member/friend(s) as described below.

Health Center's policy is to discourage staff from communicating with clients via text. Communicating through text messages can lead to unintended consequences. Private information, your role as a client/patient at Health Center, or Protected Health Information (PHI) may be seen by people who you do not want to see it.

If you choose to have staff communicate with you by text because you have no other way to communicate or you prefer it, here is a list of possible ways your information could be inadvertently disclosed. There may be other ways in which this texting can result in your information being disclosed that are not on this list. Some things to consider:

- Messages are often displayed on the phone automatically and you may not be nearby to monitor the device—a person could inadvertently or intentionally read a message
- A person could use the phone pretending to be you and the person on the other end would not know
- If a person gets access to your phone when you are not present, they could read through sent and received texts, even months or years later

If I request that a Health Center staff member communicate with me via text and I choose not to use a secure app, I understand that I may be putting my confidentiality and privacy at risk. By signing this form, I am acknowledging that I have been advised of the risk and I will hold Health Center harmless for any disclosures that occur because of this method of communication.

I am also consenting to receive text reminders for upcoming appointments. I understand that I can opt out at any time by text STOP to the appointment reminder text message.

#### Please initial or mark as not applicable (N/A) all authorization(s):

\_\_\_\_\_ Authorization to leave messages concerning appointment information, test results or diagnostic results on the following answering machine/voicemail(s) or email.

| (Home phone)   | (*Cell p | phone) | (Message phone) | (Email) |  |
|----------------|----------|--------|-----------------|---------|--|
| Please choose: | VOICE    | TEXT   |                 |         |  |



| If you are not available at the time that we call, please list<br>below those individuals with whom we can leave a message or<br>briefly discuss your medical information. |              | Authorization to<br>leave messages<br>concerning<br>appointment<br>information with<br>designated family<br>member/friend(s). | Authorization to<br>disclose my health<br>information to<br>designated family<br>member/friend(s). |               |
|--|--------------|---|--|---------------|
| Name   | Relationship | Phone Number  | Initial Below  | Initial Below |
|  |              |   |  |               |
|  |              |   |  |               |
|  |              |   |  |               |
|  |              |   |  |               |

I have read and agree to the statements above.

| Patient or Guardian / Personal Representative signature |
|---|
| (circle one)  |

\_

Printed name of Signatory and relationship, if not Patient

Date



## INFORMED CONSENT FOR TELEHEALTH SERVICES

#### For services provided by Adapt Integrated Health Care, hereafter referred to as the "Health Center"

- 1. I understand that telehealth is the use of electronic information and communication technology to deliver health care services including, but not limited to, the assessment, diagnosis, consultation, treatment, education, care management and or self-management of a patient, when the patient is located at a different site than the provider.
- 2. I understand that my health care provider wishes me to engage in a telehealth intervention.
- 3. My health care provider has explained to me how the electronic information and communication technology will be used during the visit and will not be the same as a direct patient slash health care provider visit due to the fact that I will not be in the same room as my health care provider.
- 4. I understand there are potential risks of this technology, including interruptions, unauthorized access and technical difficulties that may lead to an inability to obtain information sufficient for decision making about my health problem and that all reasonable precautions will be taken to minimize these risks. I understand that my health care provider or I can discontinue the telehealth consult/visit if it is felt that the video conferencing connections are not adequate for the situation.
- 5. I have had the alternatives to telehealth consultation explained to me. In choosing to participate in a telehealth consultation, I understand that some parts of the exam involving physical tests may not be conducted or may be conducted by individuals at my location at the direction of the consulting health care provider.
- 6. I understand that my health care information may be shared with other individuals for treatment, payment, or operations purposes, in accordance with Oregon and federal privacy rules and the Notice of Privacy Practices. Others may also be present during the consultation in addition to my health care provider in order to operate the communication equipment. The above-mentioned people will all maintain confidentiality of the information obtained. I further understand that I will be informed of their presence during the consultation and will have the right to request the following
  - a. Omit specific details of my medical history/physical examination that are personally sensitive to me
  - b. Ask non-medical personnel to leave telehealth examination room and or
  - c. Terminate the consultation at any time.
- 7. My questions have been answered in the risks, benefits, and any practical alternatives have been discussed with me in a language in which I understand.



- 8. I understand that I have the right to withhold or withdraw my consent to the use of telehealth in the course of my care at any time, without affecting my right to future care treatment. I may revoke my consent orally or in writing at any time by contacting Health Center at (541) 672-2691.
- 9. I understand that I will be responsible for any copayments or coinsurances that apply to my telehealth visit.
- 10. I understand that my telehealth visit will be documented in my medical record.
- 11. I understand that I have the right to select another provider and be notified that by selecting another provider, there could be a delay in service and the potential need to travel for a face to face visit.

I hereby give my informed consent for telehealth treatment.

Patient or Guardian / Personal Representative signature (circle one)

Date

**Printed name of Patient** 

Printed name of Signatory and relationship, if not Patient



## SUBSTANCE USE TREATMENT CONSENT FOR THE RELEASE OF CONFIDENTIAL INFORMATION

I understand that Adapt Integrated Health Care (hereafter, Adapt) programs will use and disclose health information about me. Adapt programs include Crossroads Residential, Adult and Youth Outpatient, SouthRiver Community Health Center, Deer Creek Residential, and Adapt Corrections.

Adapt staff members may release information about me to other Adapt staff members that concerns substance abuse, HIV, genetic testing, sickle cell information, and mental health information. This information will be disclosed on a need-to-know basis as it relates to your care. This includes clinical and administrative processes.

Name of Patient:

\_Date of Birth: \_\_\_\_\_

| FROM / TO  | TO / FROM      |
|--|----------------|
| Name<br>ADAPT PROGRAMS-NORTH BEND                  | Name           |
| Address<br>400 Virginia Ave., Suite 201            | Address        |
| City/State/Zip<br>NORTH BEND, OR 97459             | City/State/Zip |
| Phone/Fax<br>Phone 541-751-0357   Fax 541-751-9985 | Phone/Fax      |

| PURPOSE OF DISCLOSURE  |  |  |
|--|--|--|
| Purpose of Disclosure:   |  |  |
| Describe <u>each</u> purpose of disclosure or state "at the request of the individual" if this authorization is initiated by the individual and the individual does not, or elects not to, provide a statement of purpose. |  |  |
| I understand and agree that this information will be disclosed if I place my initials in the applicable space next to the type of information.<br>***PLEASE INITIAL***   |  |  |
| Alcohol/Drug Evaluation Summary of Progress Treatment Discharge Summary  |  |  |
| Appointment Information Emergency Contact UA Results/Reports   |  |  |
| Attendance Reports Laboratory reports Other as specified   |  |  |
| Dates of Service from: to (Only the most recent records will be released if not specified.)  |  |  |



\*Special Protected Information: If the information to be disclosed contains any of the types of records or information listed below, additional laws relating to the use and disclosure of the information may apply. I understand and agree that this information will be disclosed if I place my initials in the applicable space next to the type of information.

| *Drug/Alcohol diagnosis, treatment and/or referral | *HIV/AIDS information        |
|--|------------------------------|
| *Mental Health information including diagnosis and | *Genetic testing information |
| medication   | *Sickle cell information     |

I understand that my alcohol and/or drug treatment records are protected under the Federal regulations governing Confidentiality and Drug Abuse Patient Records, 42 C.F.R. Part 2, and the Health Insurance Portability and Accountability Act of 1996 ("HIPAA"), 45 C.F.R. pts 160 & 164, and cannot be disclosed without my written consent unless otherwise provided for by the regulations. I also understand that I may revoke this consent at any time except to the extent that action has been taken in reliance on it. This Authorization will expire on \_\_\_\_\_\_ (date) or 1 year from the date of signing, or the end of the period reasonably needed to complete the disclosure for the above described purpose.

I understand that I might be denied services if I refuse to consent to a disclosure for purposes of treatment, payment, or health care operations, if permitted by state law. I will not be denied services if I refuse to consent to a disclosure for other purposes.

I have reviewed and I understand this Authorization. By signing this Authorization, I am directing you to disclose my health information to another person or organization that may not have or obey the same obligations to protect privacy that you do under state and federal law. Therefore, the disclosure of the information specified above carries with it the potential for an unauthorized re-disclosure and loss of protection under state and federal law.

#### I have been provided a copy of this form.

| Signature of Patient:                            | Date:  |
|--|--|
| Signature of Person Signing Form if Not Patient: | Describe Authority to Sign on Behalf of Patient: |

#### PROHIBITION ON REDISCLOSURE OF CONFIDENTIAL INFORMATION

This notice accompanies a disclosure of information concerning a client in alcohol/drug treatment, made to you with the consent of such client. This information has been disclosed to you from records protected by federal confidentiality rules (42 C.F.R. Part 2). The federal rules prohibit you from making any further disclosure of this information unless further disclosure is expressly permitted by the written consent of the person to whom it pertains or as otherwise permitted by 42 C.F.R. Part 2. A general authorization for the release of medical or other information is NOT sufficient for this purpose. The federal rules restrict any use of the information to criminally investigate or prosecute any alcohol or drug abuse patient.