



# **Psychiatric Medical Services**

---

# **NEW PATIENT PACKET**

*[www.adaptoregon.org](http://www.adaptoregon.org)*

Dear New Patient:

Welcome to Adapt Integrated Health Care! We look forward to being a partner in your health.

At Adapt Integrated Health Care, there is no wrong door to care. Whether you're seeking medical care, mental health care, or substance use treatment, our providers and staff work together to meet your health care needs. We welcome new patients of all ages— children, teens, adults, and seniors.

As a patient of Adapt Integrated Health Care, you and your provider will work with other health professionals to coordinate your care. This is called your health care team. The most important person on your team is you. When you have concerns about your health, your health care team will help you get the services you need, when you need them.

Your health care team will keep a complete record of your medical history, health status, medications, test results, self-care information, and care received from other doctors. By getting to know you, your team can help you understand your healthcare needs and provide you with the information you need to manage your health.

To get started, just call or drop by our office to schedule your new patient appointment. In the following pages is information to help you prepare for new patient appointments for medical care, mental health care or substance use treatment. Our staff will help you complete new patient paperwork and discuss payment or insurance billing options. If you'd like to speed up your first visit? Fill out your new patient packet ahead of time. You may print forms at home or request a packet be sent to you in the mail. We will provide you with a self-addressed, stamped return envelope.

Thank you for choosing Adapt Integrated Health Care as your health care home.

Sincerely,

**Your Adapt Integrated Health Care Team**

## New Patient Information

### Clinic Locations, Phone Numbers & Hours

	Phone	Hours	After Hours
<b>Patient-Centered Primary Care</b>			
<b>Roseburg Clinic</b> 621 W Madrone Street, Roseburg, OR 97470	(541) 440-3500	Mon–Thu, 7am–6pm Fri, 7am–5pm Closed Sat & Sun	<i>After-hours            answering service            (541) 440-3500</i>
<b>Winston Clinic</b> 671 SW Main Street, Winston, OR 97496	(541) 492-4550	Mon–Thu, 7am–6pm Fri, 7am–5pm Closed Sat & Sun	
<b>Mental Health Care</b>			
<b>Roseburg Office</b> 621 W Madrone Street, Roseburg, OR 97470	(541) 440-3532	Mon-Fri, 8am-5pm Closed Sat & Sunday	<i>After Hours &amp;            Weekends call the            24-Hour Crisis Line            1-(800) 866-9780</i>
<b>Youth &amp; Family Mental Health</b> 548 SE Jackson Street, Roseburg, OR 97470	(541) 229-8434	Mon-Fri, 8am-5pm Closed Sat & Sunday	
<b>Psychiatric Services</b> 621 W Madrone, Roseburg, OR 97470	(541) 229-8973	Mon-Fri, 8am-5pm Closed Sat & Sunday	
<b>Reedsport Office</b> 680 Fir Street, Reedsport, OR 97467	(541) 440-3532	By Appointment	
<b>Substance Use Treatment</b>			
<b>Roseburg Office</b> 621 W Madrone Street, Roseburg, OR 97470	(541) 672-2691	Mon-Fri, 8am-5pm Closed Sat & Sunday	<i>After Hours &amp;            Weekends call the            24-Hour Crisis Line            1-(800) 866-9780</i>

### Patient Portal

For non-urgent communication with your provider, we encourage you to sign up for the secure online Patient Portal. The Patient Portal is a quick and easy way to review your health information, schedule appointments, and communicate with your provider. As a new patient, you will receive instructions on how to sign up for the Patient Portal. If you have questions or need assistance, please talk with a member of our reception team.

### Prescription Refills

When you need a prescription refilled, please call your pharmacy directly, even if there are no refills remaining. Your pharmacy contacts and coordinates all refill requests directly with your health care team. Please allow 72-hours for prescriptions to be refilled.

### Billing Questions

If you have questions concerning your statement, please contact the billing office using the telephone number listed on your statement.

## **Sliding Fee & Discount Application**

---

Adapt Integrated Health Care is a preferred provider for most health insurance plans, and we welcome patients covered by Oregon Health Plan and Medicare. If you are uninsured, we offer a sliding fee discount based on family/household size and net income. No one is turned away due to inability to pay. Please refer to our Application for Financial Discount in this packet for more information.

## **Tobacco-Nicotine Free Campus**

---

For the health and safety of our patients and staff, Adapt Integrated Health Care is a tobacco-free and nicotine-free campus. This means that smoking and the use of tobacco/nicotine products are prohibited at all times and on all properties. If you would like to quit using tobacco, please talk with a member of your health care team.

## **Service Animal Policy**

---

Only service animals trained to do work or perform tasks for a person with a disability are allowed inside the clinic. Please talk with a member of your health care team for more information (printed information is available [https://www.ada.gov/service\\_animals\\_2010.htm](https://www.ada.gov/service_animals_2010.htm)).

## Preparing For Your First Psychiatric Medical Visit

At Adapt Integrated Health Care, medical providers, behavioral medicine specialists, and community service workers will provide you with the services you need, when you need them—including specialty care for patients with diabetes, chronic pain, alcohol and substance use problems and other complex health conditions. At your first appointment, you will be able to talk with your health care team about your treatment needs and options.

### How to Prepare For Your New Patient Medical Appointment

---

- Arrive 30 minutes before your new patient appointment
- Bring picture ID—a current state or federal issued ID—for example, a driver’s license, ID card, or passport
- Bring your insurance card to all appointments
- Be prepared to pay your co-payment if required by your insurance plan
- Make a complete list of all medications that you currently take (including vitamins and supplements), or bring the containers with you to your appointment, or bring a printout of your current medications from your pharmacy
- Be prepared to discuss your top health concerns with your provider; follow-up appointments may be scheduled following your initial visit

### Appointments: Schedule / Reschedule / Cancellations

---

Please call your provider’s office as soon as you can. We request 24-hour notice for cancelled visits. This will allow us to offer the time slot to another patient.

### Open Access Appointments

---

Our primary care and mental health clinics offer *Open Access Scheduling*—also known as same day appointments. To learn more about same day appointments, call your Primary Care clinic or Mental Health office.

### Our Primary Care Services

---

#### Medical Care

- Preventive Care
- Acute Care
- Family Planning
- Men’s & Women’s Health
- STD Tests & Treatment
- Chronic Disease Care
- Diabetes Care
- Immunizations
- Lab and X-ray (CHI Mercy)
- Referrals to Specialty Care

#### Children’s Health

- Well-Baby & Well-Child Exams
- Teen & Young Adult Health
- Sports Physicals

#### Behavioral Medicine Services

- Mental Health Counseling
- Substance Use Counseling
- Individual and Group Psychotherapy
- Medication-Assisted treatment
- Pain Management
- Chronic Illness Management
- Tobacco Cessation

#### Psychiatric Medical Services

- Medication Management
- Individual Psychotherapy
- Pediatric Medication Management