

# School-Based Therapy

## *Direct Connections*

Our school-based therapists provide students the opportunity to receive the support they need, right in their learning space!

Serving over 18 schools in Douglas County, our on-site therapists can assist students in both discussing and overcoming the stresses of youth and behavioral issues.

## *How we can help:*

- Qualified, on-site professionals are able to provide services to students. Depending on the provider, all students or students on OHP may be eligible.
- We focus on collective work to manage the challenges of mental illness. We will work with the student, administration, parents, and others to ensure students receive the help they need.
- We connect students and their families with other service teams to better bridge gaps in needs and assist with reaching goals.

*Contact your administrative office for more information about the referral process!*



# Open Access Services

## *An Open Door to Peace of Mind*

Designed to get youth help when they need it most, our Mental Health Care Open Access program guarantees an evaluation with a clinician within 24 hours.

Whether they decide to walk in or call, they'll complete an initial evaluation and, together, we'll figure out the best plan for their mental health journey.

## *What We Offer*

- Evaluation and planning session within 24 hours.
- Opportunity to call or visit in person for your initial evaluation.
- Collaborative planning of the path to health with the clinician.
- Access to our Youth & Family Services teams, which provides prevention, early intervention, and behavioral health treatment & support!

## *How can youth participate?*

- **Open Access Hours**
  - Stop by our office Monday - Thursday from 9:00 AM - 3:00 PM
  - 548 SE Jackson St  
Roseburg, OR 97470
- **Give us a Call!**
  - Call (541) 229 - 8934 and ask how to get started!

## *Have Questions?*

Give us a call at (541) 229 - 8934 and we'll connect you as best we can!



# IIBHT

## *Moving Forward, Together*

Intensive In-Home Behavioral Health Treatment (IIBHT) is designed for youth aged 0-20, who might be facing intense behavioral health symptoms.

## *What's Included?*

- At least 4 hours of planned, in person services each week, flexible to the youth & family's schedule.
- 24/7 phone support, including crisis intervention, with in person help available.
- A team including a therapist, skills trainers, peer supports, an Intensive Care Coordinator, and medication management consultation.
- Mandatory 30-day team reviews and an IIBHT Transition Meeting at the end of services.

## *Who should I refer?*

Youth who:

- Are age 0 - 20 & enrolled in the Oregon Health Plan (OHP)
- Are experiencing impacts in multiple life areas (home, school, community, etc.)
- Have multiple mental health diagnoses or significant safety risks or concerns.
- Are at risk of out-of-home treatment/ placement or are transitioning home.

Email a completed IIBHT Referral Form to [IIBHTReferrals@adaptoregon.org](mailto:IIBHTReferrals@adaptoregon.org) to see if this program may be right for your youth!



# Wraparound

## Care Coordination Program

A unique program designed for youth aged 0-17, Wraparound brings together a team of family, friends, professionals, and community members who collaborate to develop a customized plan that recognizes youth needs and capitalizes on strengths.

### How It Works:

- Youth aged 0-17 with involvement in multiple agencies and struggles with two or more issues at home, school or community (e.g., aggression, self-injury, suicidal thoughts or behaviors, etc.) may be a good fit for Wraparound.
- This program empowers families and youth, allowing them to take charge, by coordinating care instead of dictating it.
- We work with community partners and the family to determine resources needed & how best to access them.

### How to Refer:

- Call 541-229-8934 or visit for in person for more information:
  - 548 SE Jackson St.  
Roseburg, OR 97470
- Email a referral form to [wraparound@adaptoregon.org](mailto:wraparound@adaptoregon.org)



*Together, we can make a difference for the youth in our community.*

## About Adapt Integrated Health Care

Adapt is an Oregon leader in primary care, addiction treatment, mental health care and prevention services. For over 50 years, Adapt has provided the highest quality care to individuals and families struggling with substance use and behavioral health disorders. Our clinicians rely on the most current evidence-based treatment practices and are committed to excellence and high-quality care.

### Affordable Care

Adapt is a preferred provider for most major insurance plans and we work with Coordinated Care Organizations to provide quality care for Oregon Health Plan and Medicare members.

*No one is turned away due to inability to pay.*

For un-insured patients, we offer a sliding scale discount based on family/household size and net income.

Our experienced intake team will work with you and your medical provider to identify your treatment needs, explore treatment options and assist with referrals and authorizations to help you get the care you need when you need it.

### Contact Us Today!

Our experienced staff is available to assist you 24 hours a day, 7 days a week.

**Curry County 877-408-8941**

615 5th St. Brookings, OR 97415

**Douglas County 541-672-2691**

621 W. Madrone St. Roseburg, OR 97470

**Josephine County 541-474-1033**

356 NE Beacon Dr. Grants Pass, OR 97526

**Coos County 541-751-0357**

400 Virginia Ave. North Bend, OR 97459

If you or someone else are in need of immediate Mental Health crisis assistance, our Crisis Services line is open 24/7.

**24/7 Mental Health Crisis Line • 1-800-866-9780**

P.O. Box 1121, Roseburg, OR 97470 • [adaptoregon.org](http://adaptoregon.org) • 541-672-2691

# Youth & Family Mental Health



## About

Comprehensive mental health services are available for the students of Douglas County.

With a focus on prevention, early intervention, and treatment, Adapt's Youth & Family Services and Crisis Teams can help youth on their journey to wellness!

### Interested in learning more?

Visit [adaptoregon.org](http://adaptoregon.org) or Call (541) 229 - 8934!



*"An Oregon leader in primary care, behavioral health care, and prevention."*



@adaptoregon