# **Helping with OUD**

# $Addressing\ Opioid\ Use\ Disorder$

Opioid Use Disorder (OUD) is a chronic, lifethreatening condition much like high blood pressure and diabetes.

Treating this condition requires long-term management, involving various specialized services.

#### About OUD:

- OUD is a severe medical condition that has a lasting impact on a person's health. It involves a pattern of opioid use leading to significant impairment or distress, thereby affecting the overall well-being of an individual.
- OUD requires constant medical attention and a personalized treatment plan, just like other chronic diseases such as diabetes.
   Without continuous care, the risk of serious health issues increases dramatically.
- The management of OUD isn't a one-size-fits-all situation. It calls for the dedication and expertise of skilled healthcare professionals who understand the complexities of the disorder and can effectively manage and treat it, taking into account the individual's specific symptoms, circumstances, and health needs.





# What We Offer

Next Steps to Personalized Care

Our Opioid Treatment Program (OTP) is an inclusive approach to help individuals overcome opioid use disorder.

We bring together medication, counseling, and support from the community to provide a comprehensive plan towards recovery.

### What to Expect:

- Our program is centered around Medications for Opioid Use Disorder (MOUD). This method combines dispensed medicines with counseling and behavioral therapies to treat opioid use disorder, aiming for long-term recovery.
- Our approach is backed by research that indicates the successful recovery rate increases when individuals incorporate dispensed medications into their recovery plan.
- We utilize two main medications methadone and buprenorphine. These
  are used to manage withdrawal symptoms
  safely, control cravings, and prevent
  relapse, helping individuals on their path to
  recovery.
- OTP involves various healthcare professionals, including physicians, nurses, and counselors, who work together to provide counseling and medication. Their goal is to restore hope and health to those grappling with opioid use disorder.

# Treatment & Eligibility

#### How to Get Started

Becoming a part of our OTP is based on an individual assessment that considers opioid use history, among other factors.

For more information, please stop by or call one of our offices (details on back).

#### How we can help:

- OTP eligibility is not universal. It's based on an individual's specific situation, including their history of opioid use.
   Other factors may also come into play when determining eligibility.
- We understand that each individual is unique, and therefore, the eligibility criteria are tailored to suit different scenarios. It's our goal to provide help to as many people as possible.
- o To learn more about our program or to determine eligibility, please don't hesitate to get in touch with us. Whether you prefer to walk in for a face-to-face conversation or call us for information, we're here to help guide you on the path to recovery.



## **Contact Us**

#### Across Southern Oregon

We provide regular appointment times in both Roseburg (Douglas County) and North Bend (Coos County).

#### Roseburg

- 548 SE Jackson Street Suite 100 Roseburg, OR 97470
- o (541) 673 2770
- Appointments
  - o Monday Friday
    - o 6:30 AM 2:30 PM
- Medication Administration
  - o Monday Saturday
    - o 6:00 AM 10:45 AM

#### North Bend

- 400 Virginia Avenue
  Suite 100
  North Bend, OR 97459
- o (541) 492- 0200
- Appointments
  - o Monday Friday
    - o 6:30 AM 2:30 PM
- Medication Administration
  - o Monday Friday
    - $\circ~$  6:30 AM 10:45 AM
  - o Saturday
    - o 6:30 AM 9:45 AM

Transforming lives through expert, compassionate, and personalized recovery pathways.

# **About Adapt Integrated Health Care**

Adapt is an Oregon leader in primary care, addiction treatment, mental health care and prevention services. For over 50 years, Adapt has provided the highest quality care to individuals and families struggling with substance use and behavioral health disorders. Our clinicians rely on the most current evidence-based treatment practices and are committed to excellence and high-quality care.

#### Affordable Care

Adapt is a preferred provider for most major insurance plans and we work with Coordinated Care Organizations to provide quality care for Oregon Health Plan and Medicare members.

#### No one is turned away due to inability to pay.

For un-insured patients, we offer a sliding scale discount based on family/household size and net income.

Our experienced intake team will work with you and your medical provider to identify your treatment needs, explore treatment options and assist with referrals and authorizations to help you get the care you need when you need it.

#### **Contact Us Today!**

Our experienced staff is available to assist you 24 hours a day, 7 days a week.

**Curry County** *877-408-8941* 615 5th St. Brookings, OR 97415

**Douglas County** *541-672-2691* 621 W. Madrone St. Roseburg, OR 97470

**Josephine County** *541-474-1033* 356 NE Beacon Dr. Grants Pass, OR 97526

**Coos County** *541-751-0357* 400 Virginia Ave. North Bend, OR 97459

If you or someone else are in need of immediate Mental Health crisis assistance, our Crisis Services line is open 24/7.

24/7 Mental Health Crisis Line • 1-800-866-9780

#### P.O. Box 1121, Roseburg, OR 97470 • adaptoregon.org • 541-672-2691

# Opioid Treatment Program



# About

Opioid Treatment Programs provide comprehensive recovery solutions for opioid use disorder.

By combining medication and therapeutic strategies, our skilled team supports long-term, sustainable recovery.

# Interested in learning more?

Visit adaptoregon.org or call (541) 673 - 2770!





