

Adapt ANNUAL REPORT 2014

An Oregon leader in the prevention and treatment of addictions since 1971



*Embracing the
principles of
accessibility,
integration
and partnership*

adapt

GREGORY S. BRIGHAM
PH.D., CEO



about ADAPT

our vision

Sustained health and well-being for all individuals and families in our community.

our mission

Provide our communities access to world class primary care, addictions treatment, and behavioral health services to promote health and restore lives.

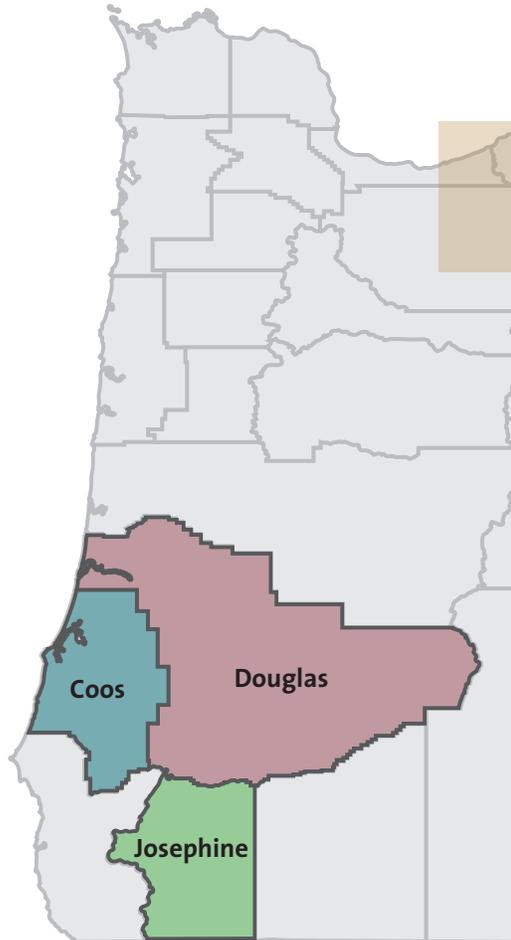
our approach

Integrate science, compassionate care, and innovation to promote the health and well-being of the individuals, families and communities we serve.

our services

Integrated system of individual and population health care:

- Patient Centered Primary Care Home
- Psychiatric and Behavioral Health Services
- Inpatient and Outpatient Specialty Addiction Care
- School and Community Prevention & Education



from our DIRECTOR

It is my pleasure and honor to present to you our Annual Report for 2014. The following pages highlight some of the important work underway at Adapt, as well as some of the accomplishments we have achieved.

For more than 40 years, Adapt has embraced the principles of accessibility, integration and partnership. Although our work has expanded over the years, Adapt continues to be a mission-driven organization, focusing on providing the highest quality primary care, addictions treatment and behavioral health care services to **Douglas, Coos and Josephine counties**. Our organization is in excellent shape, with a strong board of directors and a talented and professional staff who are passionate about supporting our organizational mission and goals.

I am honored to be a part of an organization and community that have come together in a spirit of shared responsibility to achieve a vision of sustained health and well-being for all. Together we are making a difference.

Sincerely,

Gregory S. Brigham, Ph.D., CEO

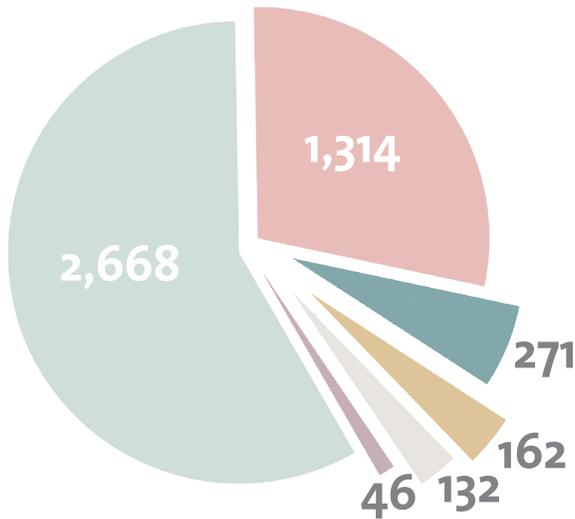
guiding values

- Valued employees providing quality care
- Focus on person-centered care
- Commitment to excellence and world class customer care
- Respect for community wisdom and collective action
- Integrating the knowledge of science and the wisdom of recovery
- Provide value through high quality care at a sustainable cost

fiscal health

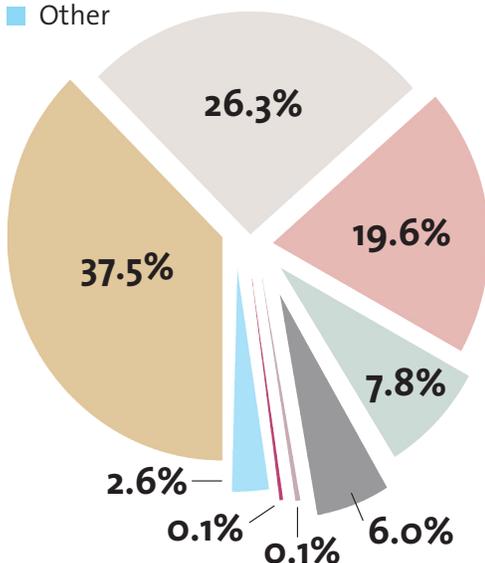
2014 Lives Touched

- Primary Care
- Adult Outpatient
- Corrections
- Adolescent Outpatient
- Adult Residential
- Adolescent Residential



Fiscal Year 2013/2014 Revenue

- CCO/Medicaid
- State of Oregon/Addictions & Mental Health
- Medicare/Self Insurance
- Federal Grants
- County Government
- Local Grants
- United Way
- Other



from our BOARD OF DIRECTORS

TODD C. MUNSEY
BOARD CHAIR



our common goal

Effective governance is fundamental to the success of any organization. Our board of directors is a volunteer group of professionals and community members who

share the common goal of providing sound governance and thoughtful oversight to the talented management and staff of Adapt and SouthRiver Community Health Center.

our commitment

As with Adapt itself, the board of directors is committed to excellence. That commitment is measured by the distinguished careers and expertise of our board members, as well as the many years each member has served. Our monthly meetings are respectful, productive and aimed to ensure that Adapt's

programs and initiatives are current and accountable. We believe in our people and the incredible work they do, and we share their commitment to providing the highest quality primary medical care, addictions treatment and behavioral health care to the communities we serve.

looking ahead

In 2014, we closed an important chapter in Adapt's history with the retirement of Bruce Piper, who served our agency and community for more than 30 years. We welcomed our new CEO, Dr. Gregory Brigham, whose knowledge and experience has set the course for continued success in today's changing health care environment. We give thanks

for the ongoing commitment, support and trust of our community, and look forward to opportunities and alliances to improve the health of the individuals and families we serve. ■

Sincerely,

Todd C. Munsey, Board Chair

Board Members

Lee Paterson, Vice Chair
Gary Wayman,
Secretary/Treasurer

Neal Brown
Ken Harrison
Scott Rutter
Dallas Amer

Mo Nichols
Karla Roady
Grace Powers
Kelsey Wood



IN 2014, 329 PEOPLE PARTICIPATED IN THE BLAST TO SHOW THEIR SUPPORT FOR PREVENTION AND RECOVERY.

adolesc

EARLY intervention

peer power PREVENTION

Founded in 1982 to address the problem of substance abuse among youth and young adults, **Peer Power Prevention** has engaged a broad network of public and private partners to address substance abuse, problem gambling, suicide, bullying, and child abuse. All of our programs use evidence-based strategies to educate, empower and encourage youth and young adults to choose healthy activities and behaviors.

In 2014, the Peer Power Prevention team provided training and information to schools, parents and community groups about the dangers of substance abuse and how to help keep our young people and communities healthy and drug-free. Our education and outreach efforts reach over a thousand people each year through such programs as the **Youth Media Project and Art of Prevention, The Blast 5k Run/Walk for Prevention & Recovery, and suicide intervention training.** ■

Adolescent Outpatient Treatment

Treating adolescent substance use is a problem that can have serious and life-long physical and behavioral health consequences. **Adapt's Adolescent Outpatient Treatment Program** provides specialized treatment services for adolescents and families of adolescents age 12-18 struggling with substance use and related issues.

Our services incorporate proven methods and personalized treatment to help adolescents develop the skills they need to live a life free of alcohol, tobacco and other drugs. Our skilled

treatment team works in close coordination with parents, schools, medical providers, mental health providers, the juvenile detention center and others community partners to identify and offer the highest quality treatment to young people affected by substance use. In 2014, Adapt provided Adolescent Outpatient Treatment to **162** adolescents in **Douglas, Coos and Josephine counties.** ■



ent health

building
FUTURES

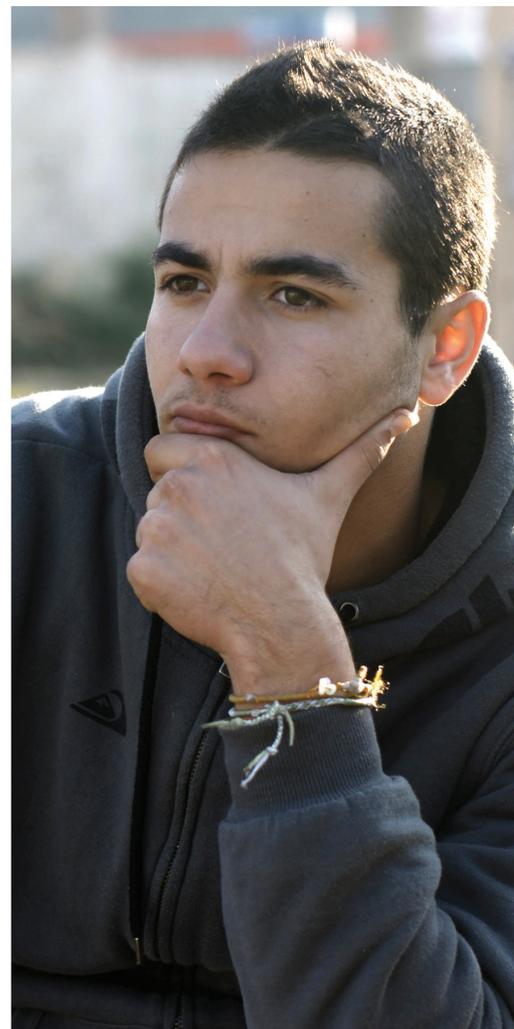
Deer Creek Adolescent Residential Care

Deer Creek provides substance abuse treatment for adolescents age 13 to 17 in a structured residential environment. Since 1989, Deer Creek has provided age-appropriate treatment to thousands of young people struggling with substance use and behaviors that make it difficult to function well at home, school and in their community.

Our highly-trained professional staff utilizes an array of evidence-based clinical interventions to

“Adapt helped me grow and set boundaries.”

address the root causes of substance use and to increase personal accountability, self-esteem and responsible decision-making. Our individualized programs include opportunities for academic education, as well as cultural and recreational offerings. In 2014, Deer Creek provided services to **46** adolescents, with an average length of stay of five months. ■



realizing
POTENTIAL

We provide a safe, respectful and supportive environment where young people can achieve recovery and realize their potential to lead a healthy life. ■



DEER CREEK ADOLESCENT RESIDENTIAL CARE

adult head

CHANGING
lives

Adult Outpatient Treatment

*"Being sober means
I am my best every day."*

There is no single path to recovery. That's why **Adapt's Adult Outpatient Program** offers a variety of convenient and accessible options to help individuals and their families heal at their own pace. In 2014, Adapt's Adult Outpatient Program provided addiction recovery and behavioral health care to more than **1,300** residents in Douglas, Coos and Josephine counties.

Our professional and highly-skilled treatment team includes licensed addictions and behavioral health counselors, clinical social workers, child and family therapists and others who work with individuals and families to achieve and maintain abstinence from addictive substances. ■



Adult Outpatient Programs and Services

- Adult Outpatient Treatment
- Intensive Outpatient Treatment
- DUII Treatment
- Rapid Access Residential and Detox
- Women's Treatment Programs
 - Mom's In Recovery*
 - Seeking Safety*
 - Better Boundaries*
 - Women's Issues*
- Recovery Maintenance
- Chronic Pain Management Treatment
- River's Edge Treatment in collaboration with primary care providers
- Addiction Recovery Team for families involved with Child Welfare Program
- Strengthening, Preserving and Reunifying Families (treatment transportation)
- Parenting Skills Groups
- Faith-based Treatment
- Co-occurring Addictions and Mental Health Treatment
- Problem Gambling Treatment
- Tobacco & Nicotine Recovery
- Internship Supervision & Certification Program



RECOVERY within reach

The Crossroads

Established in 1982, **The Crossroads** is a 30-bed inpatient treatment center for men and women with substance use and co-occurring mental health disorders. Care is provided in a structured, home-like environment that allows residents the opportunity to focus on their recovery.

"This has been a life-changing experience for me."

The Crossroads utilizes an integrated treatment approach that includes primary medical care, mental health services, and specialized treatment for detoxification, chronic pain and nicotine dependence. In 2014, the professional treatment team at The Crossroads provided services to **132** men and women. ■

tobacco & nicotine RECOVERY

People who receive **treatment for tobacco use and nicotine dependence** are more likely to reduce their use of alcohol and other drugs. Adapt provides nicotine dependence treatment as part of our clinical standard of care. ■

RESTORING lives

Corrections Treatment Program

For over 30 years, **Adapt's Corrections Treatment Program** has made a difference in the lives individuals and families struggling with the consequences of substance use. Working in collaboration with Douglas County Community Corrections, Adapt provides a full range of outpatient, residential and aftercare treatment services to break the cycle of substance use, crime, and incarceration.

"Adapt saved my life."

Our work with Douglas County's Drug Court continues to provide cost-effective drug rehabilitation and education to address underlying substance abuse issues that contribute to criminal activity. In 2014, Adapt's Corrections Treatment Program provided substance use treatment to **271** individuals. ■



MOMS in recovery

Adapt, in collaboration with medical providers, offers **treatment to pregnant women with a history of alcohol or drug abuse**, including prenatal and postnatal addiction counseling and assistance with complex psychosocial needs that may contribute to substance abuse. ■

primary care



SouthRiver Community Health Center

A Patient Centered Primary Care Home since 2006

Our mission is to provide timely and affordable access to primary, preventative, behavioral, and mental health care services to the community, regardless of one's ability to pay. As a Federally Qualified Health Center and a nonprofit program of Adapt, **SouthRiver Community Health Center** serves the primary and behavioral health care needs of people living in Winston and surrounding rural communities. SouthRiver has achieved a Tier 3 Patient-Centered Primary Care Home designation from the Oregon Health Authority —

recognizing the clinic's commitment to the highest quality, patient care.

In 2014, SouthRiver served **2,668** unduplicated patients, emphasizing service delivery to those living at or below 200 percent of the federal poverty level and who do not utilize private health care insurance. Services are offered on a sliding fee scale to patients who might lack access to care due to limited income. SouthRiver is currently accepting new patients. ■

Services Provided

- 2,668 unduplicated patients served
- 374 homeless patients served
- 3.4 FTE medical providers
- 1.5 FTE behavioral health care providers
- 10,055 medical visits completed

Special Programs

- Federal Vaccines for Children Program
- Federal 340B Drug Pricing Program
- Health Care for the Homeless
- Immunize Oregon grant recipient
- Winston Community Health Fair
- School-based wellness presentations
- Occupational medicine
- Flu-shot clinics
- Mercy Outpatient Lab & Imaging

A LIFE-SAVING treatment

Medication-Assisted Treatment combines medications with behavioral therapy to treat opioid addiction. Adapt, in coordination with primary care providers, now offers medication-assisted treatment to reduce the costs and consequences of opioid addiction. ■

Adapt Roseburg

548 SE Jackson St.
Roseburg, OR 97470
(541) 672-2691

Adapt Grants Pass

418 NW 6th St.
Grants Pass, OR 97526
(541) 474-1033

Adapt North Bend

400 Virginia Ave., Ste. 201
North Bend, OR 97459
(541) 751-0357

SouthRiver Community Health Center

671 S Main St.
Winston, OR 97496
(541) 492-4550

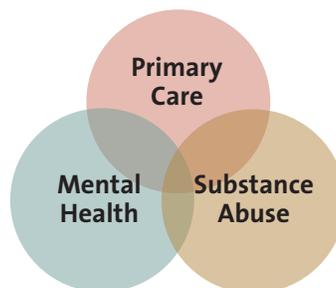
Executive Team*

Gregory S. Brigham, Ph.D.
Chief Executive Officer
John Gardin, Ph.D.
Director of Integration & Research
Lisa Hubbard, LCSW
Clinical Director
Susan Jeremiah
Chief Human Resources/Facilities Officer
Mari Stout
Chief QI/Compliance Officer
Michelle Watson
SouthRiver Clinic Administrator
Grant Schroeder
Chief of Medically Assisted Treatment
Janet Tribble
Chief Financial Officer

*As of 12/2015

INTEGRATED behavioral health

To reduce barriers to care, Adapt is working to expand behavioral health services to primary care clinics throughout our Southern Oregon service area. Licensed **Behavioral Health Specialists** are co-located at **SouthRiver Community Health Center, North Bend Medical Center, Umpqua Regional Medical Center and Evergreen Family Medicine.**



Integrating behavioral health within primary care offers an opportunity for early screening and coordination of care for patients with complex health

needs, and is helping medical providers and their patients identify and manage some of the underlying issues that contribute to poor health. ■