

# Psychiatric Medical Services

# ADULT NEW PATIENT PACKET

Packet Updated 01/01/24



### Dear New Patient:

Welcome to Adapt Integrated Health Care! We look forward to being a partner in your health.

At Adapt Integrated Health Care, there is no wrong door to care. Whether you're seeking medical care, mental health care, or substance use treatment, our providers and staff work together to meet your health care needs. We welcome new patients of all ages—children, teens, adults, and seniors.

As a patient of Adapt Integrated Health Care, you and your provider will work with other health professionals to coordinate your care. This is called your health care team. The most important person on your team is you. When you have concerns about your health, your health care team will help you get the services you need, when you need them.

Your health care team will keep a complete record of your medical history, health status, medications, test results, self-care information, and care received from other doctors. By getting to know you, your team can help you understand your healthcare needs and provide you with the information you need to manage your health.

To get started, just call or drop by our office to schedule your new patient appointment. In the following pages is information to help you prepare for new patient appointments for medical care, mental health care or substance use treatment. Our staff will help you complete new patient paperwork and discuss payment or insurance billing options. If you'd like to speed up your first visit, fill out your new patient packet ahead of time. You may print forms at home or request a packet be sent to you in the mail. We will provide you with a self-addressed, stamped return envelope.

Thank you for choosing Adapt Integrated Health Care as your health care home.

Sincerely,

# **Your Adapt Integrated Health Care Team**



# **New Patient Information**

### **Clinic Locations, Phone Numbers & Hours**

	Phone	Hours	After Hours		
Patient-Centered Primary Care					
Roseburg Clinic 621 W Madrone Street, Roseburg, OR 97470	(541) 440-3500	Mon–Thu, 7am–6pm Fri, 7am–5pm Closed Sat & Sun	After-hours		
Winston Clinic 671 SW Main Street, Winston, OR 97496	(541) 492-4550	Mon–Thu, 7am–6pm Fri, 7am–5pm Closed Sat & Sun	answering service (541) 440-3500		
Mental Health Care					
Roseburg Office 621 W Madrone Street, Roseburg, OR 97470	(541) 440-3532	Mon-Fri, 8am-5pm Closed Sat & Sun			
Youth & Family Mental Health 548 SE Jackson Street, Roseburg, OR 97470	(541) 229-8434	Mon-Fri, 8am-5pm Closed Sat & Sun	After Hours & Weekends call the		
Psychiatric Services 621 W Madrone, Roseburg, OR 97470	(541) 229-8973	Mon-Fri, 8am-5pm Closed Sat & Sun	24-Hour Crisis Line (800) 866-9780		
Reedsport Office 680 Fir Street, Reedsport, OR 97467	(541) 440-3532	By Appointment			
Substance Use Treatment					
Roseburg Office 621 W Madrone Street, Roseburg, OR 97470	(541) 672-2691	Mon-Fri, 8am-5pm Closed Sat & Sun	After Hours & Weekends call the		
Reedsport Office 680 Fir Street, Reedsport, OR 97467	(541) 751-0357	By Appointment	24-Hour Crisis Line (800) 866-9780		

### **Patient Portal**

For non-urgent communication with your provider, we encourage you to sign up for the secure online Patient Portal. The Patient Portal is a quick and easy way to review your health information, schedule appointments, and communicate with your provider. As a new patient, you will receive instructions on how to sign up for the Patient Portal. If you have questions or need assistance, please talk with a member of our reception team.

# **Prescription Refills**

When you need a prescription refill, please call your pharmacy directly, even if there are no refills remaining. Your pharmacy contacts and coordinates all refill requests directly with your health care team. Please allow 72 hours for prescriptions to be refilled.

### **Billing Questions**

If you have questions concerning your statement, please contact the billing office using the telephone number listed on your statement.



### **Sliding Fee & Discount Application**

Adapt Integrated Health Care is a preferred provider for most health insurance plans, and we welcome patients covered by Oregon Health Plan and Medicare. If you are uninsured, we offer a sliding fee discount based on family/household size and net income. No one is turned away due to inability to pay. Please refer to our Application for Financial Discount in this packet for more information.

### **Tobacco-Nicotine Free Campus**

For the health and safety of our patients and staff, Adapt Integrated Health Care is a tobacco-free and nicotine-free campus. This means that smoking and the use of tobacco/nicotine products are prohibited at all times and on all properties. If you would like to quit using tobacco, please talk with a member of your health care team.

### **Service Animal Policy**

Only service animals trained to do work or perform tasks for a person with a disability are allowed inside the clinic. Please talk with a member of your health care team for more information (printed information is available <a href="https://www.ada.gov/service">https://www.ada.gov/service</a> animals 2010.htm).

### **Patient-Centered Primary Care Home**

We are a patient-centered primary care home. Learn more at <a href="https://www.oregon.gov/oha/HPA/dsi-pcpch/Pages/index.aspx">https://www.oregon.gov/oha/HPA/dsi-pcpch/Pages/index.aspx</a>.

# FTCA Deemed Facility

Our health center receives funding from the U.S. Department of Health and Human Services (HSS) and has deemed status by the U.S. Public Health Service (PHS) with respect to certain health or health-related claims, including medical malpractice claims, for itself and its covered persons. Learn more at https://bphc.hrsa.gov/ftca/about/index.html.



# **Preparing For Your First Psychiatric Medical Visit**

At Adapt Integrated Health Care, medical providers, behavioral medicine specialists, and community service workers will provide you with the services you need, when you need them—including specialty care for patients with diabetes, chronic pain, alcohol and substance use problems and other complex health conditions. At your first appointment, you will be able to talk with your health care team about your treatment needs and options.

### **How to Prepare For Your New Patient Medical Appointment**

- Arrive 30 minutes before your new patient appointment
- Bring picture ID—a current state or federal issued ID—for example, a driver's license, ID card, or passport
- Bring your insurance card to all appointments
- Be prepared to pay your co-payment if required by your insurance plan
- Make a complete list of all medications that you currently take (including vitamins and supplements), or bring the containers with you to your appointment, or bring a printout of your current medications from your pharmacy
- Be prepared to discuss your top health concerns with your provider; follow-up appointments may be scheduled following your initial visit

# **Appointments: Schedule / Reschedule / Cancellations**

Please call your provider's office as soon as you can. We request 24-hour notice for cancelled visits. This will allow us to offer the time slot to another patient.

### **Open Access Appointments**

Our primary care and mental health clinics offer *Open Access Scheduling*—also known as same day appointments. To learn more about same day appointments, call your Primary Care clinic or Mental Health office.

# **Our Primary Care Services**

#### **Medical Care**

- Preventive Care
- Acute Care
- Family Planning
- Men's & Women's Health
- STD Tests & Treatment
- Chronic Disease Care
- Diabetes Care
- Immunizations
- Lab and X-ray (CHI Mercy)
- Referrals to Specialty Care

#### Children's Health

- Well-Baby & Well-Child Exams
- Teen & Young Adult Health
- Sports Physicals

#### **Behavioral Medicine Services**

- Mental Health Counseling
- Substance Use Counseling
- Individual and Group Psychotherapy
- Medication-Assisted treatment
- Pain Management
- Chronic Illness Management
- Tobacco Cessation

#### **Psychiatric Medical Services**

- Medication Management
- Individual Psychotherapy
- Pediatric Medication Management



# ADULT NEW PATIENT/CLIENT REGISTRATION

PATIENT INFORMATION							
Last Name:	First	Name:	Middle Initial: Preferred Name:			:	
Date of Birth:		Age:	Last Name at Birth:				
Social Security #:	ı		Driver's Lic	ense #:			
Home Address:		City:			State:	Zip:	
Mailing Address (if different):		City:		State:		Zip:	
Phone (please check your primary p	hone):						
☐ Home Phone:	-		☐ Cell Ph	one:			
☐ Message Phone:							
Patient's Occupation:							
Employer:			_ Employ	er's Pho	ne:		
<b>Employment Status</b> (check one): □ I				onal/Ter	nporary	☐ Self-Employed	
Student Status: ☐ Full-Time ☐ F	art-Tir	ne 🗆 Not a	Student				
Patient's Legal Guardian or Represe information (proof required if legal of		•			•		ovide that
Legal Guardian or Representative N	lame:				Date	of Birth:	
Social Security #:			Pho	ne:			
INSURANCE INFORMATION (Provide	e copie	s of your insur	rance cards)				
Name of Primary Insurance:							
Group #: Policy #:							
Policyholder (PH) Name:			PH Date of Birth:				
PH Social Security #:			PH Relationship to Patient:				



Name of Secondary Insurance (if applicable):	
Group #:	Policy #:
Policyholder (PH) Name:	PH Date of Birth:
PH Social Security #:	PH Relationship to Patient:
PATIENT/CLIENT INFORMATION	
Adapt is a non-profit organization committed to serving the radditional grants to continue helping uninsured and underserve programs or services. The information will become part of you section will not impact your access to care or an	d residents and to identify patients who may qualify for special ur confidential patient record. All information disclosed in this
Marital Status: ☐ Single ☐ Married ☐ Widowed ☐ Divo	orced   Legally Separated   Domestic Partner
Is the patient a Veteran? ☐ Yes ☐ No Dependent Chi Spouse/Domestic Partner of Veteran? ☐ Yes ☐ No ☐	ld of Veteran? ☐ Yes ☐ No Unknown
Referral Source:       □ Outreach Coordinator       □ Friend       □ R         □ Television       □ Facebook       □ Ad-Digital       □ Direction	·
Are you Homeless / Unhoused? ☐ Yes ☐ No	
If Yes, please specify: ☐ At risk for homeless ☐ Child at ☐ Currently not homeless (was homeless in last 12 mo) ☐ ☐ Living with others ☐ Permanent supportive housing ☐ ☐ Transitional housing ☐ Veteran at risk for homeless	Homeless unknown shelter ☐ Living in shelter
Patient Housing Status:       □ Vehicle       □ Unstable       □ Tolker         □ Recovery Center       □ Other	emporary □ Stable/Permanent
Public Housing (Section 8/HUD): ☐ Yes ☐ No	
Migrant / Seasonal: ☐ Migrant ☐ Seasonal ☐ Neither	
Patient's Current Tribal Affiliation: ☐ Not Applicable ☐ Burns Paiute Tribe ☐ Cow Creek Band of Umpqua Tribe ☐ Coquille Indian Tribes ☐ Confederated Tribes of Coos/L ☐ Confederated Tribes of Warm Springs ☐ Other (specif	ower Umpqua/Siuslaw
<b>Do you receive TANF Cash Benefits?</b> ☐ Yes ☐ No	
Source of Income (check one): ☐ Wages/Salary ☐ Public A☐ Other (specify):	Assistance Retirement/Pension/SSI Disability/SSDI
Highest School Grade Patient Completed:	



ADDITIONAL PATIENT INFORMATION	(please answer d	all questions)	1				
Patient's Sexual Orientation (check on ☐ Choose not to disclose ☐ Gay ☐				_	else □ Don Asexual	't Know	
Patient's Gender Identity (check one):  ☐ Other ☐ Choose not to disclose			•	•	•	o F)	
Patient's Sex Assigned at Birth (check  ☐ Not recorded on birth certificate	one): □ Female	□ Male □	Intersex [	□ Unknown			
Pronouns (check one): ☐ she/her/he☐ xe/xm/xyrs ☐ ve/vir/vis ☐ C	rs □ he/him/h Other □ Patient	•		□ ze/hir/l answer □	hirs □ ey/e Unknown	em/eirs	
FAMILY / HOUSEHOLD INCOME							
Please check the correct amount of ye	our monthly hou	sehold incor	ne:				
Number of People in Household, including patient	1	2	3	4	5	6	
Household income is less than	□ 1,519	□ 2,054	□ 2,590	□ 3,125	□ 3,660	□ 4,196	
Household income is less than	□ 1,823	□ 2,465	□ 3,108	□ 3,750	□ 4,393	□ 5,035	
Household income is less than	□ 2,126	□ 2,876	□ 3,625	□ 4,375	□ 5,125	□ 5,874	
Household income is less than	□ 2,430	□ 3,287	□ 4,143	□ 5,000	□ 5,857	□ 6,713	
Household Income is above all amounts listed, please check the box for your household size							
If there are more than 6 people in your household, how many people are in your household?							
$\square$ I choose not to provide my financial information.							
Patient Signature	Parent/Lega	l Guardian S	ignature	Date			
Print Name / Relationship to Patient:							

<sup>\*</sup> In the event a legal representative other than a parent of minor child signs this Authorization, a documentation of legal authority must be attached (e.g., Health Care Power of Attorney or Notarized Health Care Representative form).



# Race, Ethnicity, Language, and Disability (REALD)



Your answers are confidential. We would like you to tell us your race, ethnicity, language and ability levels so that we can find and address health and service differences.

Today's Date:		
First Name:Middle II	nitial:LastName:	Date of Birth:
	nnicity, tribal affiliation, country of c	
Hispanic and Latino/a/x  ☐ Central American ☐ Mexican ☐ South American ☐ Other Hispanic or Latino/a/x  Native Hawaiian and Pacific Islander ☐ CHamoru (Chamorro) ☐ Marshallese ☐ Communities of the    Micronesian Region ☐ Native Hawaiian ☐ Samoan ☐ Other Pacific Islander  White ☐ Eastern European ☐ Slavic ☐ Western European ☐ Other White	American Indian and Alaska Native American Indian Alaska Native Canadian Inuit, Metis, or First Nation Indigenous Mexican, Central American, or South American Black and African American Afro-Caribbean Ethiopian Somali Other African (Black) Other Black Middle Eastern/North African North African	Asian  Asian Indian  Cambodian  Chinese  Communities of Myanmar  Filipino/a  Hmong  Japanese  Korean  Laotian  South Asian  Vietnamese  Other Asian  Other categories  Other (please list)  Don't know  Don't want to answer
3. If you checked <b>more than one</b> cate  Yes. Please circle your primary r  I do not have just one primary  No. I identify as Biracial or M	racial or ethnic identity.	your <b>primary</b> racial or ethnic identity?  a. I only checked one category above.  n't know  n't want to answer

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	anguage (Interpreters are available at no charg	ge)					
	Skip to question 7 if you	indi	cated English o	nly			
4k	o. In what language do you want us to communicate in <b>per</b>	son,	on the phone	, or \	/irtuall <sub>;</sub>	<b>y</b> with you	۱?
40	In what language do you want us to <b>write</b> to you?						
	a. Do you need or want an <b>interpreter</b> for us to commu	nicat	e with vou?				
	To Yes Don't know Don't want to		•				
	<b>5b.</b> If you need or want an interpreter, what type of int			d?			
		-	nterpreter for De		ind. add	litional bar	riers. or
	both American Sign Language interpreter		•				,
	Other (please list):		.o. o.gag a.a.	9 (.	<b>0</b> = <i>j</i>	.с.р.с.с.	
	Skip to question 7 if you do not use a langu	uade	other than End	lish	or sian	language	
6.	How well do you speak English?	J. G. G. C			o. o.g	i i i gua go	
	☐ VeryWell ☐ Well ☐ Not Well ☐ Not	at al	l 📋 Don'tk	now	n D	on't wan	t to answer
	Your answers will help us find health and service differences		*If yes, at	No	Don't	Don't	Don't know
	among people with and without functional difficulties. Your	Yes	what age did		know	want to	what this
	answers are confidential. (* Please write in "don't know" if you don't know when you acquired this condition, or "don't want		this condition			answer	question is
	to answer" if you don't want to answer the question.)		begin?				asking
7.	Are you deaf or do you have serious difficulty hearing?						
8.	Are you <b>blind</b> or do you have <b>serious difficulty seeing</b> , even						
	when wearing glasses?						
'	Please stop now if you/the persor	ı ie ı	ınder age 5	,			
9.	Do you have <b>serious difficulty</b> walking or climbing stairs?						
$\dashv$	, , , , , , , , , , , , , , , , , , , ,						
10.	Because of a physical, mental or emotional condition, do you have serious difficulty concentrating, remembering or						
	making decisions?						
11.	Do you have difficulty dressing or bathing?						
-	, , ,						
12.	Do you have serious difficulty learning how to do things most people your age can learn?						
13.	Using your <b>usual (customary) language</b> , do you						
	have serious difficulty communicating (for example						
	understanding or being understood by others)?						
	Please stop now if you/the person	is ι	ınder age 15				
14.	Because of a physical, mental or emotional condition, do						
	you have difficulty doing errands alone such as visiting a						
	doctor's office or shopping?						
15.	Do you have <b>serious difficulty</b> with the following:						
	mood, intense feelings, controlling your behavior, or						



### FINANCIAL DISCOUNT APPLICATION INFORMATION

Please retain this page for your reference.

Complete the next page and return it to Adapt by the due date if you wish to apply.

Adapt is a private, non-profit organization that provides quality and affordable medical services. All patients may apply for a sliding scale discount; eligibility is based on household size and income. *No one* is turned away due to lack of funds. All patients will receive a monthly statement if there is a balance owed on their account. All balances are due within 30 days of the statement date. If you are unable to pay your balance in full, please call Adapt's billing office to make payment arrangements.

- Please complete this entire form and provide all requested documents to be considered for a sliding scale discount. Discounts will only be given to patients who qualify and provide verification.
- You have **14 days from the date of service** to complete and return this form to be considered for a discount on your visit. Otherwise, your discount will begin on the date it is returned.
- Adapt will not back date discounts.
- Once your application has been processed, you will receive a letter in the mail notifying you of the discount that you are eligible for.
- All discounts will be valid for one year at which time you will be asked to provide current verification. If your
  financial or living circumstances change before this date, you are required to notify Adapt. This information
  may adjust your discount.
- If applicable, information provided on this application may be used to determine if you qualify for a discount on services provided by Mercy Outpatient Lab & Imaging ordered by Adapt Primary Care. To be considered for a discount from CHI Mercy Health, you must have applied for Oregon Health Plan. Information on this form may be requested by CHI Mercy Health and will be provided to them for auditing purposes.

Required Documents: To be determined for a sliding scale discount, please ensure copies of the following documents for ALL household members are included with your application. If one or more of these documents do not pertain to your household, please disregard those documents.

<ul> <li>☐ Most recent 30 days of pay stubs</li> <li>☐ Unemployment verification</li> <li>☐ Most recent federal tax return (if self-employed)</li> <li>☐ Social Security and/or Disability</li> </ul>	<ul> <li>□ Worker's Compensation award letter</li> <li>□ Court orders from any lawsuit</li> <li>□ Proof of gambling winnings</li> <li>□ Proof of annuity payments</li> </ul>	☐ If you have no income, a letter that explains your means of living or a completed Self Attestation of Income form (available upon request)
award letters	☐ Receipts for goods sold or services	☐ Food Stamps verification
☐ Pension award letter	provided	☐ Tuition assistance grants
☐ Child Support award letter		-

### **Definitions**

Household: persons who live in the same dwelling and are pooling resources.

<u>Income:</u> any moneys received, whether taxable or non-taxable, from any source. Any moneys for goods sold or services provided, grants for tuition assistance, retirement income, business income, social security and/or disability payments, unemployment insurance benefits, settlement awards from any lawsuit whether considered "economic damages" or not, life insurance payments, annuity payments, gambling winnings, and any other moneys received for the purposes of assisting with household expenses will be included. Loans or available credit will not be counted.

If you are applying for to apply for OHP and	_	· ·		•	•	•
Have you applied for t	the Oregon Hea	alth Plan? Y N	If yes, date ap	plied:	Were you appro	oved? Y N
Do you have other ins	surance? Y N	If yes, what ins	surance?		Adapt staff initia	als:
PLEASE PF	ROVIDE INFORM	ATION FOR THE	E PERSON RESPO	ONSIBLE FOR THIS	ACCOUNT BELO	W.
Name of Responsible P	arty:		Relation to	Patient:		
SSN Optional (last 4): X	XX-XX-	DOB:		Phone:		
Billing Address:		Cit	•	Stat	•	
•	vide information	n for all househo	old members. (So	ee definition of h	ousehold on pag	e 1)
Household Member	1	2	3	4	5	6
Name						
Date of Birth	<b></b>	<u> </u>		<u> </u>		
Relationship to Patient	SELF					
Gross Monthly Income from the following:	1			tation for each s		
Salary/Wages	\$	\$	\$	\$	\$	\$
Unemployment	\$	\$	\$	\$	\$	\$
Social Security	\$	\$	\$	\$	\$	\$
Disability	\$	\$	\$	\$	\$	\$
Pension	\$	\$	\$	\$	\$	\$
Retirement	\$	\$	\$	\$	\$	\$
Child Support	\$	\$	\$	\$	\$	\$
Worker's Comp	\$	\$	\$	\$	\$	\$
Sale of Goods	\$	\$	\$	\$	\$	\$
Other	\$	\$	\$	\$	\$	\$
TOTAL	\$	\$	\$	\$	\$	\$
TOTAL gross monthly household income: TOTAL number of household members: and provide a brief explanation of your current financial and living situations:						
I hereby authorize representatives of Adapt to make whatever inquiries necessary to verify the information furnished on this form, or to release any information regarding my office visits to any insurance company or third party to seek settlement of this account. I hereby state that to the best of my knowledge the information given above is true and complete. I understand that if any information is found to be incorrect, I may not be eligible for any future consideration of reduced rates and that any sliding fee taken in the past may be reversed and all accounts adjusted accordingly.  Patient/Responsible Party Signature: Date:						
**************************************					******	*****
□ Based on the informat			oiration Date: t is eligible for a			-
☐ Based on the informat	tion provided, the p	patient is <u>not</u> eligible	le for a discount at tl	this time.		
Information verified by:		eturn   Other				
Staff member completing for	orm:			Dat	ito.	

# AUTHORIZATION TO USE OR DISCLOSE PROTECTED HEALTH INFORMATION



Ħ	Legal Last Name	First			MI Date of B		Birth	
Client/Patient	Other Names Used by Client/Patien	t						
Client								
I auth	I authorize <b>Adapt Integrated Health Care</b> to use and disclose my protected health information as described below.							
Indiv	vidual or Entity Authorized to Receive	or Use the Prot	ected Health	Inform	ation			
	Name (Person or Organization):  Address:							
	(		_					
Mut	Mutual Exchange:   Yes  No							
Verb	oal Only: 🗌 Verbal and May R	Receive Copies fr	om the Char	t: 🗆				
	-	-						
Prot	ected Health Information to be Used	and/or Disclose	d:	T				
Che	Check All That Apply: ☐ Mental Health ☐ Primary Care ☐ SUD (42 CFR Part 2 Protected Programs)					Programs)		
16.1		6.1	•					
	e information to be disclosed contain							
	ing to the use and disclosure of the i	•			_	nis intorn	nation will be	
uisci	osed if I place my initials in the application	able space flext t	the type of	miorm	ation.			
	Drug/Alcohol	Mental	HIV	//AIDS	Genetic		Sickle	
		Health	Informa	-			Cell	
Diag	nosis, treatment and/or referral	Information			Testing Informa	ation	Information	
Che	ck All That Apply:				<u> </u>	I		
	II Records Related to Services Checke	d Above						
-OR	SPECIFICALLY-							
□ Ν	ly name and contact information		☐ Laborat	ory Test	Results			
□ Ν	Ny status as a client in treatment		☐ Dischar	ge Plan				
□А	ppointment Information & Attendanc	e Reports	☐ Date of	Dischar	ge & Discharge St	tatus		
	□ Diagnosis □ Chart/Progress Notes							
□А	☐ Assessment ☐ Treatment Participation and Progress							
☐ Medications and dosages ☐ Behaviors & Concerns								
☐ Treatment Plan or Summary ☐ Recommendations & Management Strategies					gies			
□ SUD History Summaries □ Lab/Path reports						<u> </u>		
<b>-</b>	KG Reports		☐ Diagnos	•				
	adiology reports		☐ Immuni					
	other (please be specific):		1					

# AUTHORIZATION TO USE OR DISCLOSE PROTECTED HEALTH INFORMATION



Purpose of the Use or Disclosure					
Check all that apply:					
☐ Facilitate payment and healthcare operations	☐ Care and service coordination				
☐ Exchange information related to parole, probation,	☐ Continuity of Care				
and/or legal status	,				
☐ Exchange information as relates to housing	☐ Conferencing and/or consultation				
☐ Facilitate client transportation	☐ Facilitate Treatment				
☐ Food stamp program, Oregon Health Plan enrollment, and Self-Sufficiency programs	☐ To allow a contact person in the case of medical emergency				
☐ Exchange information related to client's treatment and	☐ Coordinate education services				
progress					
☐ For myself for my records.					
Other:					
Expiration and Revocation					
This authorization will expire (complete one):					
On Date:					
On occurrence of the following event:					
*If no expiration date, event, or condition is listed, this cor	sent form will expire <b>one year</b> from the date it is signed.				
- · · · · · · · · · · · · · · · · · · ·	norization at any time. I understand that revocation of this				
,	Health Care took in reliance on this authorization before				
receiving my notice of revocation. Nor will it affect any info	ormation that was already disclosed.				
0					
Signature	Date				
Signature  Printed Name of Client/Patient	Relationship to Client (check one):				
Printed Name of Client/Patient	☐ Patient ☐ Guardian				
	☐ Personal Representative Signature*				
*If the authorization is signed by a personal representative	of the client, a description of such representative's authority				
to act for the client must also be provided:					

# AUTHORIZATION TO USE OR DISCLOSE PROTECTED HEALTH INFORMATION



### **Important Information for the Client**

**To provide or pay for health services:** If Adapt Integrated Health Care is acting as a provider of your health care services or paying for those services under the Oregon Health Plan or Medicaid Program, you may choose not to sign this form. That choice **will not** adversely affect your ability to receive health services **unless** the health care services are solely for the purpose of providing health information to someone else and the authorization is necessary to make that disclosure. (Examples would be: assessments, tests, or evaluations).

Your choice not to sign **may affect** payment for your services if this authorization is necessary for reimbursement by private insurers or other non-governmental agencies.

This is a Voluntary Form. Adapt Integrated Health Care cannot condition the provision of treatment, payment, or enrollment in publicly funded health care programs on signing this authorization, except as described above. However, you should be given accurate information on how refusal to authorize the release of information may adversely affect coordination of services. If you decide not to sign, you may be referred to a single service that may be able to help you and your family without an exchange of information.

You are entitled to a copy of this authorization.

This authorization is voluntary and is meant to confirm your directions.

#### **Redisclosure:**

For Primary Care and Mental Health Services: I understand that the information used and disclosed as stated in this authorization may be subject to re-disclosure and no longer protected under federal or state law.

For SUD Programs: This information has been disclosed ot you from records protected by Federal Confidentiality Rules (42 CFR Part 2). The Federal rules prohibit you from making any further disclosure of this information unless further disclosure is expressly permitted by the written consent of the person to whom it pertains or as otherwise permitted by 42 CFR Part 2. A general authorization for the release of medical or other information is **not** sufficient for this purpose. The Federal rules restrict any use of the information to criminally investigate or prosecute any alcohol or drug abuse patient. **Health** 

### **Using This Form:**

Terms Used: Mutual exchange allows information to go back and forth between Adapt Integrated health Care and the person or organization listed on the authorization.

Assistance: Whenever possible, an Adapt Integrated Health Care staff person should fill out this form with you. Be sure you understand the form before signing. Feel free to ask questions about the form and what it allows. You may substitute a signature with making a mark or by asking an authorized person to sign on your behalf.

Minors: If you are a minor, you may authorize the disclosure of mental health or substance abuse information if you are age 14 or older; for the disclosure of any information about sexually transmitted diseases or birth control regardless of your age; for the disclosure of general medical information, if you are age 15 or older.

Special Attention: For information about HIV/AIDS, mental health, genetic testing, or alcohol/drug abuse treatment, the authorization must clearly identify the special information that may be disclosed.



# PRIMARY CARE ADULT PATIENT HEALTH HISTORY

Patient's Name:	Birt	hdate:	Age:	Male / Female			
Current Medical Provider:	Reason for transferring care:						
Preferred Pharmacy:							
CURRENT HEALTH							
Present Health Concerns:							
MEDICATIONS: Please list ALL medicate	tions including vita	amins, herbs, home	remedies				
Medication Name	Strength (mg)	Directions	Re	ason Taking			
Aspirin ☐ Yes ☐ No							
Verified by (Adapt staff initial):							
<b>ALLERGIES:</b> or reactions to medication	ns, environmental,	animals, food, vac					
Allergy			Symptoms or Rea	action			
Verified by (Adapt staff initial):	I						
, , , , , , , , , , , , , , , , , , , ,							
HEALTH SCREENING QUESTIONNAIRE							
Do you now or have you ever used to	pacco?	☐ Current ☐	Previous	lever			
How many times in the past year have	you had 4 or mor	e drinks in a day?	□ None □ 1	or more			
One Drink = 12 oz. beer	5 oz. wine	1.5 oz. liquor (1 shc	ot)				
Do you sometimes use drugs recreation	nally, including m	arijuana or prescrip	otion drugs?	No □ Yes			
In the last 2 weeks have you been both	nered by:						
a) Little interest or pleasure in	doing things?	No ☐ Yes					
b) Feeling down, depressed or	hopeless?	No ☐ Yes					



Patient's Name:		Date of Birth:	
MEDICAL HISTORY (Pleas	e indicate with an $old X$ all that apply	·)	
☐ Brain Cancer☐ Breast Cancer	☐ Eye Disease ☐ Glaucoma	☐ Asthma ☐ COPD	☐ Diverticulitis☐ Diverticulosis
☐ Colon Cancer☐ Leukemia☐ Luca Canada	☐ Hay Fever ☐ Otitis Media (ear infections)	☐ Pneumonia ☐ Pulmonary Embolism	☐ GERD ☐ GI Bleed
☐ Lung Cancer☐ Lymphoma☐ Ovarian Cancer	☐ Cataracts ☐ Dysplastic Moles	☐ Sleep Apnea ☐ TB (Tuberculosis)	☐ Hepatitis ☐ Liver Disease ☐ Ulcer
☐ Ovarian Cancer ☐ Pancreatic Cancer ☐ Prostate Cancer	Arthritis	☐ Chronic Headaches☐ Epilepsy	Ulcerative Colitis
☐ Skin Cancer ☐ Tumor (benign)	☐ Chronic Back Pain ☐ Fibromyalgia	<ul><li>☐ Migraines</li><li>☐ Neurological Disorder</li></ul>	☐ Kidney Disease☐ Kidney Failure☐ Kidney Fail
☐ Tumor (malignant) ☐ Other Cancer:	<ul><li>☐ Fractures</li><li>☐ Osteoarthritis</li><li>☐ Osteoporosis</li></ul>	☐ Seizure Disorder ☐ Anxiety Disorder	☐ Kidney Stones ☐ Urinary Disorder
CHF DVT	☐ Rheumatoid Arthritis	☐ Bipolar ☐ Dementia	☐ Anemia☐ Bleeding Disorders
☐ High Cholesterol ☐ High Blood Pressure ☐ MI (Heart Attack) ☐ Stroke	<ul> <li>□ Autoimmune Disorder</li> <li>□ Diabetes Type I</li> <li>□ Diabetes Type II</li> </ul>	☐ Depression ☐ Development Disorder ☐ Psychiatric Illness ☐ Cubetage Abuse	<ul><li>☐ Blood Transfusions</li><li>☐ Clotting Disorders</li><li>☐ Peripheral Vascular</li></ul>
☐ Stroke ☐ Atrial Fibrillation	<ul><li>Endocrine Issues</li><li>Hyperthyroidism (high)</li><li>Hypothyroidism (low)</li></ul>	<ul><li>☐ Substance Abuse</li><li>☐ Suicide Attempt</li><li>☐ Other:</li></ul>	□ MRSA
SURGICAL HISTORY (Please	indicate with an <b>X</b> all that apply)		
☐ Hernia Repair	☐ Peripheral Vascular Bypass	☐ Rotator Cuff Repair R / L	☐ Hysterectomy
☐ Gallbladder Removed	☐ Peripheral Vascular Stenting	☐ ACL Repair	☐ Ovary Removed R / L
☐ Gastric Surgery	☐ Aneurysm Repair	☐ Total Hip Replacement R / L	☐ C-Section
☐ Small Bowel Resection	☐ Carotid Surgery	☐ Total Knee Replacement R / L	☐ Laparoscopy
☐ Colon Resection ☐ Appendix Removed	☐ Vein Surgery	☐ Total Shoulder Replacement ☐ Carpal Tunnel Surgery R / L	☐ Bladder Suspension
☐ Breast Lumpectomy	☐ Lung Surgery		☐ Cervical Surgery
☐ Mastectomy ☐ Breast Augmentation	☐ Esophageal Surgery	☐ Prostate Surgery- Cancer ☐ Prostate Surgery for BPH	<ul><li>☐ Lumbar Surgery</li><li>☐ Thoracic Spine Surgery</li></ul>
☐ Coronary Artery Bypass	_ □ Bunion Surgery □ Hammer Toe Correction	<ul><li>☐ Incontinence Surgery</li><li>☐ Kidney Removed</li></ul>	☐ Cataract Surgery
☐ Coronary Artery Stenting ☐ Heart Valve Surgery	Repair Up Extremity Fracture	☐ Bladder Surgery	☐ Eyelid Surgery
☐ Heart valve Surgery	☐ Repair Low Extremity Fracture	☐ Tonsillectomy	☐ Sex Reassignment M to F
☐ Craniotomy	☐ Arthroscopy	☐ Ear Tube Placement	☐ Sex Reassignment F to M
☐ Other			
SOCIAL HISTORY			
Occupation:	Where Employed:		Education Level:
Lives With:	Marital Status:	Spouse's Name:	
# of Children:	Nickname:	Religion:	
	English ☐ Spanish ☐ Other (	· · · · ·	
Gender/ Gender Preferer  Transgender Male/	ice <i>(please check one)</i> □ Male ′Female-to-Male □ Transge	☐ Female ☐ Other ☐ Chender Female	oose to disclose



Patient Name:					Date	e of Birt	h:					
FAMILY HEALTH HISTORY												
Please indicat	e with a	n X fam	ily mem	bers wh	o have h	nad any	of the fo	llowing	conditio	ns:		
Medical Condition	Mom	Dad	Sister	Brother	Mom's Mom	Mom's Dad	Mom's Sister	Mom's Brother	Dad's Mom	Dad's Dad	Dad's Sister	Dad's Brother
Alcoholism												
Anemia												
Angina												
Arthritis												
Anxiety												
Asthma												
Birth Defects												
Bleeding Disease												
Breast Cancer												
Cervical Cancer												
Coronary Heart Disease												
Colon Cancer												
Depression												
Diabetes												
Growth / Development Disorder												
Headaches												
Heart Disease												
Hypertension												
High Cholesterol												
Kidney Disease												
Lung Cancer												
Lung / Respiratory Disease												
Melanoma / Skin Cancer												
Migraines												
Osteoporosis												
Ovarian Cancer												
Psychiatric Care												
Seizures												
Severe Allergies												
Stroke												
Thyroid Problems												
Uterine Cancer												
Weight Disorder												
Other Cancer												
Other Medical Problems												
No / Unknown Family History			ı	ı		ı			ı		1	1



Patient Name: Da	te of Birth:
TOBACCO USE	
Current Tobacco Use: ☐ Never ☐ Former ☐ Current How muc	h per day:
Type of Tobacco Use: ☐ Cigarette ☐ Cigar ☐ Smokeless (chew)	□ Vape □ Pipe
Have you tried to quit? ☐ No ☐ Yes Method attempted:	Passive smoke exposure? ☐ No ☐ Yes
ALCOHOL USE	
Current Alcohol Use: ☐ Never ☐ Former ☐ Current Average #	drinks per day: Type of alcohol:
Have you ever been in treatment for an alcohol problem? $\ \square$ Never $\ \square$	Currently 🔲 In the Past
SUBSTANCE USE	
Do You Use: ☐ None ☐ Methamphetamine ☐ Cannabis/Marijuana ☐ Cocaine ☐ Narcotics (opiates/narcotics/heroin) ☐ Hallucinog How often used? ☐ Daily ☐ Weekly ☐ Monthly Reason for Use:	·
OTHER	
Current Caffeine Use: ☐ Yes ☐ No Type: ☐ Coffee ☐ Soda	☐ Energy Drinks ☐ Other:
Exercise Routinely?	Type of Exercise:
Vehicle Seatbelt Use: ☐ 100% of time ☐ 50% of time ☐ 25% of till	me 🗆 Never
Sunshine Exposure:	☐ Do you use sunscreen? ☐ Yes ☐ No
Do you believe that you are at high risk for HIV? ☐ Yes ☐ No If yes	, explain:
PREVENTATIVE CARE SCREENINGS	
Please place an X next to each test and provide approximate	date, results and place where it was done.
☐ Pap Smear Date: Results: ☐ Normal ☐ Abnorma	
	moidoscopy   Stool Hemoccult
Results: ☐ Normal ☐ Abnormal ☐ # of polyps removed F☐ Breast Screening Date: Results: ☐ Normal ☐ Abnorm	Place: al Place:
0	□ Abnormal Place:
	normal Place:
Please bring immunization/vaccine history inform	
WOMEN'S HEALTH	ation to your mist appointment.
Are you now or are you planning to become pregnant in the next year?  □ Currently Pregnant □ Not planning to become pregnant in Please place and X next to each op	
☐ Hysterectomy	☐ Depa-DMPA Date of last shot:
☐ Bilateral Tubal Ligation Date:	
☐ Hysteroscopic tubal Occlusion Date:	☐ Rhythm Method
☐ Implant/Nexplanon Date:	☐ Abstinence
□ IUD Type: □ Mirena □ Paragard □ Skyla Date:	☐ Menopause Natural Date:
□ Diaphragm	☐ Menopause Surgical Date:
☐ Oral/Hormonal contraceptives ☐ Oral ☐ Patch ☐ Ring	□ Vasectomy



Age Mense	s Started:	Age N	lenopause Started:	Are you sexually	ly active? ☐ Yes ☐ No
PREGNANC	CY HISTORY				
Total Pregr	nancies:	Deliveries:	Abortions:	Miscarriages:	
ADVANCE	DIRECTIVES IN	I PLACE			
□ None	☐ Living Will	☐ Durabl	e Power of Attorney	☐ Health Care Proxy	□ POLST
****	*****	****	*****	LICE ONL V**********	*******
			*********FOR OFFICE		*************
i iicvieweu				Dutc.	··
Records R	equested for so	reening by:		Date:	e:



### PATIENT ACKNOWLEDGEMENT AND CONSENT OF AGENCY POLICIES

### **Consent for Medical Treatment**

I consent to receiving medical and/ or surgical treatment including, but not limited to diagnostic tests, lab work, injections, minor operations, and removal/ disposal of tissues as may be deemed advisable or necessary by the attending healthcare provider.

### **Consent for Behavioral Health Services**

I consent to receiving behavioral health services as may be appropriate to assist with my medical treatment including, but not limited to assessment of and treatment for mental health conditions and/ or substance misuse.

### **Notice of Privacy Practices**

I understand that it is Adapt's policy to offer patients a printed copy and chance to review the HIPAA Notice of Privacy Practices.

### **Patient Rights**

In addition to the HIPAA Notice of Privacy Practices, I understand that it is Adapt's policy to offer patients a printed copy and chance to review the following upon admission to any of Adapt's state certified behavioral health programs:

- Individual Rights Policy
- Grievance Policy and Form
- Service Delivery Policies

### **Advanced Directives**

I acknowledge that Adapt provides an opportunity at admission to complete or provide copies of any advanced directives. If I receive services from any of Adapt's state certified behavioral health programs, staff will provide me information about the Oregon Declaration for Mental Health Treatment Form, its purpose, and contact information for a person who can answer additional questions.

### **Release of Information**

I acknowledge that Adapt's Notice of Privacy Practices was provided to me and any use or release of information not permitted under law will require my authorization to release information. I authorize Adapt to release to my insurance carrier(s) by mail, fax, electronically, or verbally, any information needed to determine benefits payable and to bill for services provided. Some Adapt departments fall under additional federal privacy protections for substance use treatment programs. If my services include any 42 CFR Part 2 protected information, Adapt will ask for my written authorization on a release of information form before billing my insurance.



### **Ancillary Service Providers and Staff**

I understand that from time to time, other persons may be observing or facilitating my care including, but not limited to students of the health profession, and administrative or health care professionals in orientation or training.

### **Medical Scribe Service**

I understand that a professional medical scribe service may be used during my visit to assist my provider(s) with documentation at no cost to me. I understand that the scribe service may be virtual. I also understand that the medical scribe service follows a professional code of ethics that ensures that all medical information discussed with my provider(s) and other clinic staff will be kept confidential.

### **Disability Certification and Special Accommodations**

I understand that the health center limits services provided to those that are clinical in nature. Any requests for additional administrative services, like disability certification and special accommodations, that require a determination of disability will have to be provided by a medical or behavioral health provider at another location. Paperwork for short-term disability or FMLA/OFLA by an Adapt provider may be completed and will be subject to a \$25 administrative fee. The reason for this policy is to avoid having the performance of administrative functions interfere with patient care.

### **Financial Responsibility & Billing Consent**

All clients are responsible to pay in full for all services. I understand that it is my responsibility to check with my insurance company to verify coverage of services. I understand that I am responsible for any deductibles, co-pays, coinsurance, non-covered services or services deemed "not medically necessary" by my insurance company. Co-pays and coinsurance will be collected at the time of service. I may also choose to not bill my insurance for a specific visit, and I will then be responsible for the full cost of undiscounted services provided to me at that visit. I understand if my check is returned for non-sufficient funds (NSF) or written on a closed account, I will be responsible for a \$25 processing fee. I understand that if I do not make my scheduled payments and/ or do not make payment arrangements Adapt's billing department, my account may be assigned to a third-party collection agency.

### **Assignment of Insurance Benefits**

I understand that this serves as a direct assignment of my medical benefits from Medicare, Medicaid, other government carrier, or any commercial/ private insurance carrier, to be paid to Adapt. If I receive payments directly from my insurance company, I agree to bring them to Adapt for payment on my account.

### Laboratory Information:

- In-clinic tests are courtesy billed to insurance companies by Adapt.
- Samples collected and sent to outside labs will be billed by the performing laboratory. Some
  locations have Mercy and Cordant available on-site for patient convenience but are not part of
  Adapt.



### **Referrals**

I understand that I may choose to receive diagnostic test(s) or health care treatment/service at a facility other than the one recommended by my health care practitioner. I understand that if I choose to have the diagnostic test, health care treatment or service at a facility different from the one recommended by my health care practitioner, I will be held responsible for determining the extent of coverage or the limitation on coverage as applicable. A health practitioner may not deny, limit or withdraw a referral solely because I choose to have the diagnostic test or health care treatment or service at a facility other than the one recommended by the health care practitioner.

### **Voter Registration**

I understand that staff will offer an opportunity to register to vote during admission.

By reading and signing this form, I accept my rights and responsibilities as a patient and consent to the treatment and services provided by Adapt. In addition, by signing this form, I certify that I have not withheld insurance coverage information existing at the time of this service and that no other insurance coverage exists beyond that which I have provided. I accept full responsibility for all charges whether they are covered by insurance or not. I have authorized Adapt to release all information necessary to my insurance company to make payment. I have read and understand the above information and give authorization for payment of insurance benefits to be made directly to Adapt for services provided.

Patient Signature	Parent/Legal Guardian Signature	Date	
Print Name / Relationship	to Patient:		

<sup>\*</sup> In the event a legal representative other than a parent of minor child signs this Authorization, a documentation of legal authority must be attached (e.g., Health Care Power of Attorney or Notarized Health Care Representative form.



# **ADULT COMMUNICATION PERMISSIONS**

Full Legal Name of Patient:		Date of Birth:
	who you want involved in your treatment sary and appropriate for us to discuss you	
Adapt Integrated Health Care may le	ave voicemail for the following purposes (c	heck all that apply)
☐ General information regarding you	ır care 🗌 Billing 🔲 <b>NO</b> messages	of any kind
Phone Number to Use: $\square$ Preferred	number on file <b>ONLY</b> Other Number:	
Let us know who we may communicate (check all that apply)	ate with regarding your care and specify wh	at type of information we may share
Contact Name  Discuss ALL information (this is not Appointment management	·	Phone Number
	medications, hard copy prescriptions, corre	•
_	Relationship t authorization to release records) s medications, hard copy prescriptions, corre	•
Contact Name  ☐ Discuss ALL information (this is not ☐ Appointment management	·	Phone Number
☐ Other (specify):	medications, hard copy prescriptions, corre	spondence, etc.
acknowledge that this document was g	revoked in writing at any time. It will remain given to me in a language that I understand e on behalf of another person, I acknowledge t	ither in writing or as read to me in its
Patient Signature	Parent/Legal Guardian Signature	Date
Print Name / Relationship to Patient:		



# **CONSENT TO RECEIVE VOICEMAIL, EMAIL OR TEXT MESSAGES**

Patient Name:		Date of Birth:
message. Communication that contain	providers may communicate with pations Protected Health Information (PHI) out of receiving information by voicemation by voicematical particular particu	requires the patient to sign an
consequences. Private information, of transmission of patient information I use of voicemail, email and/or text n	ng through voicemail, email or text menor PHI may be seen by people who you by email and/or texting has risks that pressaging. These include, but are not like are often displayed or recorded automatically.	u do not want to see it. The patients should consider prior to the imited to, the following risks:
_	es are often displayed or recorded aut person could hear or read a message.	
·	retending to be you and the person on none when you are not present, they o	
<ul> <li>If you choose not to use a secure privacy at risk.</li> </ul>	e mobile app for text messages, you m	ay be putting your confidentiality and
described herein, including text messa advised of some of the possible risks of any disclosures that occur because of receiving text message auto-call appon notifying Adapt by filling out the "Opt	dapt Integrated Health Care has my peage reminders for upcoming appointm of voicemail, email and text messaging these methods of communication. I al intment reminders at any time by text Out" section below. If I am signing this enting or opting out on behalf of the p	s, and I will hold Adapt harmless for lso understand that I can opt out of cing STOP to the text message and is document on behalf of another
Patient Signature	Parent/Legal Guardian Signature	Date
Print Name / Relationship to Patient	t:	
_ :	-	ns this Authorization, a documentation Notarized Health Care Representative
	t Integrated Health Care that I decline er and/or email for the purpose of app	
Patient/Legal Guardian Signature	 Date	



### INFORMED CONSENT FOR TELEHEALTH SERVICES

For services provided by Adapt Integrated Health Care, hereafter referred to as "Adapt"

- 1. I understand that telehealth is the use of electronic information and communication technology to deliver health care services including, but not limited to, the assessment, diagnosis, consultation, treatment, education, care management and or self-management of a patient, when the patient is located at a different site than the provider.
- 2. I understand that my health care provider wishes me to engage in a telehealth intervention.
- 3. My health care provider has explained to me how the electronic information and communication technology will be used during the visit and will not be the same as a direct patient slash health care provider visit due to the fact that I will not be in the same room as my health care provider.
- 4. I understand there are potential risks of this technology, including interruptions, unauthorized access and technical difficulties that may lead to an inability to obtain information sufficient for decision making about my health problem and that all reasonable precautions will be taken to minimize these risks. I understand that my health care provider or I can discontinue the telehealth consult/visit if it is felt that the video conferencing connections are not adequate for the situation.
- 5. I have had the alternatives to telehealth consultation explained to me. In choosing to participate in a telehealth consultation, I understand that some parts of the exam involving physical tests may not be conducted or may be conducted by individuals at my location at the direction of the consulting health care provider.
- 6. I understand that my health care information may be shared with other individuals for treatment, payment, or operations purposes, in accordance with Oregon and federal privacy rules and the Notice of Privacy Practices. Others may also be present during the consultation in addition to my health care provider in order to operate the communication equipment. The above-mentioned people will all maintain confidentiality of the information obtained. I further understand that I will be informed of their presence during the consultation and will have the right to request the following
  - a. Omit specific details of my medical history/physical examination that are personally sensitive to me
  - b. Ask non-medical personnel to leave telehealth examination room and or
  - c. Terminate the consultation at any time.
- 7. My questions have been answered in the risks, benefits, and any practical alternatives have been discussed with me in a language in which I understand.



- 8. I understand that I have the right to withhold or withdraw my consent to the use of telehealth in the course of my care at any time, without affecting my right to future care treatment. I may revoke my consent orally or in writing at any time by contacting Adapt at (541) 672-2691.
- 9. I understand that I will be responsible for any copayments or coinsurances that apply to my telehealth visit.
- 10. I understand that my telehealth visit will be documented in my medical record.

I hereby give my informed consent for telehealth treatment

11. I understand that I have the right to select another provider and be notified that by selecting another provider, there could be a delay in service and the potential need to travel for a face to face visit.

Patient Signature	Parent/Legal Guardian Signature	Date	
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<sup>\*</sup> In the event a legal representative other than a parent of minor child signs this Authorization, a documentation of legal authority must be attached (e.g., Health Care Power of Attorney or Notarized Health Care Representative form).