

Douglas County

SUBSTANCE USE TREATMENT NEW PATIENT PACKET

Packet Updated 01/01/24

An Oregon leader in patient-centered primary care, behavioral health care, and prevention. www.adaptoregon.org



Dear New Patient:

Welcome to Adapt Integrated Health Care! We look forward to being a partner in your health.

At Adapt Integrated Health Care, there is no wrong door to care. Whether you're seeking medical care, mental health care, or substance use treatment, our providers and staff work together to meet your health care needs. We welcome new patients of all ages– children, teens, adults, and seniors.

As a patient of Adapt Integrated Health Care, you and your provider will work with other health professionals to coordinate your care. This is called your health care team. The most important person on your team is you. When you have concerns about your health, your health care team will help you get the services you need, when you need them.

Your health care team will keep a complete record of your medical history, health status, medications, test results, self-care information, and care received from other doctors. By getting to know you, your team can help you understand your healthcare needs and provide you with the information you need to manage your health.

To get started, just call or drop by our office to schedule your new patient appointment. In the following pages is information to help you prepare for new patient appointments for medical care, mental health care or substance use treatment. Our staff will help you complete new patient paperwork and discuss payment or insurance billing options. If you'd like to speed up your first visit, fill out your new patient packet ahead of time. You may print forms at home or request a packet be sent to you in the mail. We will provide you with a self-addressed, stamped return envelope.

Thank you for choosing Adapt Integrated Health Care as your health care home.

Sincerely,

Your Adapt Integrated Health Care Team



New Patient Information

Clinic Locations, Phone Numbers & Hours

	Phone	Hours	After Hours	
Patient-Centered Primary Care				
Roseburg Clinic 621 W Madrone Street, Roseburg, OR 97470	(541) 440-3500	Mon–Thu, 7am–6pm Fri, 7am–5pm <i>Closed Sat & Sun</i>	After-hours answering service (541) 440-3500	
Winston Clinic 671 SW Main Street, Winston, OR 97496	(541) 492-4550	Mon–Thu, 7am–6pm Fri, 7am–5pm <i>Closed Sat & Sun</i>		
Mental Health Care				
Roseburg Office 621 W Madrone Street, Roseburg, OR 97470	(541) 440-3532	Mon-Fri, 8am-5pm Closed Sat & Sun		
Youth & Family Mental Health 548 SE Jackson Street, Roseburg, OR 97470	(541) 229-8434	Mon-Fri, 8am-5pm Closed Sat & Sun	After Hours & Weekends call the	
Psychiatric Services 621 W Madrone, Roseburg, OR 97470	(541) 229-8973	Mon-Fri, 8am-5pm Closed Sat & Sun	24-Hour Crisis Line (800) 866-9780	
Reedsport Office 680 Fir Street, Reedsport, OR 97467	(541) 440-3532	By Appointment		
Substance Use Treatment				
Roseburg Office 621 W Madrone Street, Roseburg, OR 97470	(541) 492-0152	Mon-Fri, 8am-5pm Closed Sat & Sun	After Hours & Weekends call the	
Reedsport Office 680 Fir Street, Reedsport, OR 97467	(541) 751-0357	By Appointment	24-Hour Crisis Line (800) 866-9780	

Patient Portal

For non-urgent communication with your provider, we encourage you to sign up for the secure online Patient Portal. The Patient Portal is a quick and easy way to review your health information, schedule appointments, and communicate with your provider. As a new patient, you will receive instructions on how to sign up for the Patient Portal. If you have questions or need assistance, please talk with a member of our reception team.

Prescription Refills

When you need a prescription refill, please call your pharmacy directly, even if there are no refills remaining. Your pharmacy contacts and coordinates all refill requests directly with your health care team. Please allow 72 hours for prescriptions to be refilled.



Billing Questions

If you have questions concerning your statement, please contact the billing office using the telephone number listed on your statement.

Sliding Fee & Discount Application

Adapt Integrated Health Care is a preferred provider for most health insurance plans, and we welcome patients covered by Oregon Health Plan and Medicare. If you are uninsured, we offer a sliding fee discount based on family/household size and net income. No one is turned away due to inability to pay. Please refer to our Application for Financial Discount in this packet for more information.

Tobacco-Nicotine Free Campus

For the health and safety of our patients and staff, Adapt Integrated Health Care is a tobacco-free and nicotine-free campus. This means that smoking and the use of tobacco/nicotine products are prohibited at all times and on all properties. If you would like to quit using tobacco, please talk with a member of your health care team.

Service Animal Policy

Only service animals trained to do work or perform tasks for a person with a disability are allowed inside the clinic. Please talk with a member of your health care team for more information (printed information is available https://www.ada.gov/service_animals_2010.htm).

Patient-Centered Primary Care Home

We are a patient-centered primary care home. Learn more at <u>https://www.oregon.gov/oha/HPA/dsi-pcpch/Pages/index.aspx</u>.

FTCA Deemed Facility

Our health center receives funding from the U.S. Department of Health and Human Services (HSS) and has deemed status by the U.S. Public Health Service (PHS) with respect to certain health or health-related claims, including medical malpractice claims, for itself and its covered persons. Learn more at <u>https://bphc.hrsa.gov/ftca/about/index.html</u>.



Preparing For Your First Substance Use Treatment Visit

We offer a full-continuum of care for individuals and families with substance use disorders—from medical detox and residential care to outpatient treatment and after care. Our highly trained and dedicated counselors take a holistic approach to care—treating the mind, body and spirit—to help each individual on their personal journey to life-long health and recovery.

Who We Serve

Substance use treatment services are available for adolescents and adults. Services are provided in Douglas, Coos, Curry and Josephine counties.

How to Prepare for Your New Patient Substance Use Treatment Appointment

- **PLEASE NO CHILDREN AT THE ASSESSMENT APPOINTMENT**
- Allow up to 2 ½ hours for your first appointment. Be prepared to do a urine drug screen and bring the following information to your appointment (if applicable)
- Bring picture ID—a current state or federal issued ID—for example, a driver's license, ID card, or passport
- Bring your insurance card to all appointments
- Make a complete list of all medications that you currently take (including vitamins and supplements), or bring the containers with you to your appointment, or bring a printout of your current medications from your pharmacy
- Verification of your Income & Reduced Fee Application
- \$9.00 for DUII Manual
- DUII Referral from ADES and DMV Driving Record
- Court Documents

Appointments: Schedule / Reschedule / Cancellations

Please call Adult Outpatient Services at (541) 492-0152 if you have any questions or need to reschedule. This will allow us to offer the time slot to another patient.

Unexcused Group Treatment Absence

Group attendance is expected and very important to your success in treatment. Multiple unexcused absences **MAY** result in suspension from group and delays in your treatment experience.

Our Services

Adult Outpatient Adult Residential Treatment **Housing & Day Treatment** Adult Outpatient & Intensive Adult Residential Treatment Fresh Start Day Treatment **Outpatient Treatment** Sub-Acute Medical Detox Eveningside Transitional Housing Opioid Treatment Program Hillside Terrace Transitional Housing **Children & Family Treatment** – Problem Gambling Treatment Youth Outpatient Treatment - DUII Treatment Services Peer Support Services Youth Residential Treatment

- Aftercare and Support
- Moms in Recovery



NEW PATIENT/CLIENT REGISTRATION

PATIENT INFORMATION						
Last Name:	First Name:	st Name:		e Initial:	Preferred Name:	
Date of Birth:	Age:		Last Na	Name at Birth:		
Social Security #:		Driver's License #:				
Home Address:	City:			State:	Zip:	
Mailing Address (if different):	City:			State:	Zip:	
Phone (please check your primary p	<mark>hone):</mark>					
Home Phone:		🗆 Cell Ph	one:			
Message Phone:		🗆 Email A	\ddress:			
Patient's Occupation:						
Employer:	Employer: Employer's Phone:					
Employment Status (check one):	Full-Time 🛛 Part-Tir	me 🗆 Seaso	onal/Ter	nporary	Self-Employed	
□ Retired □ Unemployed □ A			-			
Student Status: Full-Time	Part-Time 🗌 Not a	Student				
Patient's Legal Guardian or Represe information (proof required if legal	•			•		
Legal Guardian or Representative N	lame:			Date	of Birth:	
Social Security #:		Pho	ne:			
INSURANCE INFORMATION (Provide copies of your insurance cards)						
Name of Primary Insurance:						
Group #:		Policy #:				
Policyholder (PH) Name:		PH Date	of Birth:			
PH Social Security #:		PH Relationship to Patient:			:	



Name of Secondary Insurance (if applicable):					
Group #:	Policy #:				
Policyholder (PH) Name:	PH Date of Birth:				
PH Social Security #:	PH Relationship to Patient:				
PATIENT/CLIENT INFORMATION					
additional grants to continue helping uninsured and underserve programs or services. The information will become part of you	needs of our community. This information will help us access ed residents and to identify patients who may qualify for special ur confidential patient record. All information disclosed in this by government programs you may participate in.				
Marital Status: Single Married Widowed Dive	orced 🛛 Legally Separated 🖓 Domestic Partner				
Is the patient a Veteran?YesNoDependent ChiSpouse/Domestic Partner of Veteran?YesNoI	i ld of Veteran?				
Referral Source:					
Are you Homeless / Unhoused? Yes No					
If Yes, please specify: At risk for homeless Child at risk for homeless Currently not homeless (was homeless in last 12 mo) Homeless unknown shelter Living in shelter Living with others Permanent supportive housing Single occupancy hotel Street, camp, bridge Transitional housing Veteran at risk for homeless Street, camp, bridge					
Patient Housing Status: □ Vehicle □ Unstable □ Temporary □ Stable/Permanent □ Recovery Center □ Other					
Public Housing (Section 8/HUD): Yes No					
Migrant / Seasonal: Migrant Seasonal Neither	r				
Patient's Current Tribal Affiliation: Not Applicable Burns Paiute Tribe Cow Creek Band of Umpqua Tribe Confederated Tribes of Grant Ronde Coquille Indian Tribes Confederated Tribes of Coos/Lower Umpqua/Siuslaw Confederated Tribes of Umatilla Confederated Tribes of Warm Springs Other (specify)					
Do you receive TANF Cash Benefits? □ Yes □ No					
Source of Income (check one): Wages/Salary Public Other (specify):	Assistance 🗆 Retirement/Pension/SSI 🗆 Disability/SSDI				
Highest School Grade Patient Completed:					



ADDITIONAL PATIENT INFORMATION (please answer all questions)				
Patient's Sexual Orientation (check one): □ Straight/Heterosexual □ Bisexual □ Something else □ Don't Know □ Choose not to disclose □ Gay □ Lesbian □ Pansexual □ Queer □ Omnisexual □ Asexual				
Patient's Gender Identity (check one): □ Female □ Male □ Transgender (F to M) □ Transgender (M to F) □ Other □ Choose not to disclose □ Nonbinary/Gender Queer □ Questioning □ Two Spirit				
Patient's Sex Assigned at Birth (check one): □ Female □ Male □ Intersex □ Unknown □ Not recorded on birth certificate				
Pronouns (check one):				

FAMILY / HOUSEHOLD INCOME Please check the correct amount of your monthly household income: Number of People in Household, 2 3 4 6 1 5 including patient Household income is less than 2,054 2,590 4,196 1,519 3,125 3,660 Household income is less than □ 1,823 2,465 3,108 3,750 4,393 5,035 Household income is less than 2,126 4,375 □ 5,874 2,876 3,625 5,125 Household income is less than 2,430 3,287 □ 4,143 □ 5,000 5,857 6,713 Household Income is above all amounts listed, please check the box for your household size If there are more than 6 people in your household, how many people are in your household? What is your monthly household income?

 \Box I choose not to provide my financial information.

Patient Signature

Parent/Legal Guardian Signature

Date

Print Name / Relationship to Patient: _____

* In the event a legal representative other than a parent of minor child signs this Authorization, a documentation of legal authority must be attached (e.g., Health Care Power of Attorney or Notarized Health Care Representative form).



Your answers are confidential. We would like you to tell us your race, ethnicity, language and ability levels so that we can find and address health and service differences. Today'sDate:_____ First Name: Middle Initial: Last Name: Date of Birth: **Race and Ethnicity** 1. How do you identify your race, ethnicity, tribal affiliation, country of origin, or ancestry? 2. Which of the following describes your racial or ethnic identity? Please check ALL that apply. Hispanic and Latino/a/x American Indian and Asian □ Central American Alaska Native □ Asian Indian □ Mexican □ American Indian □ Cambodian □ South American □ Alaska Native □ Chinese □ Other Hispanic or Latino/a/x Canadian Inuit, Metis, or Communities of Myanmar First Nation □ Filipino/a Native Hawaiian and □ Indigenous Mexican, Central □ Hmona Pacific Islander American, or South American □ Japanese CHamoru (Chamorro) □ Korean **Black and African American** □ Marshallese □ Laotian □ African American □ Communities of the South Asian □ Afro-Caribbean Micronesian Region □ Vietnamese □ Ethiopian □ Native Hawaiian □ Other Asian □ Somali □ Samoan □ Other African (Black) □ Other Pacific Islander Other categories □ Other Black □ Other (please list) White Middle Eastern/North African Eastern European □ Don't know □ Middle Eastern □ Slavic Don't want to answer □ North African □ Western European □ Other White 3. If you checked more than one category above, is there one you think of as your primary racial or ethnic identity? Yes. Please circle your primary racial or ethnic identity above. N/A. I only checked one category above. I do not have just one primary racial or ethnic identity. Don't know □ No. I identify as Biracial or Multiracial. Don't want to answer

	anguage (Interpreters are available at no charg . What language or languages do you use at home?	re)					
	Skip to question 7 if you	indi	cated English c	only			
4	b. In what language do you want us to communicate in per				virtuall	y with you	J?
40	. In what language do you want us to write to you?						
	a. Do you need or want an interpreter for us to commu	nicat	e with vou?				
	Yes I No I Don'tknow Don't want to						
	5b. If you need or want an interpreter, what type of int			d?			
		-	nterpreter for De		lind, add	litional bar	riers, or
			hct sign langua				·
	Other (please list):		0 0	0 (,		
	Skip to question 7 if you do not use a langu	uage	other than End	glish	or sign	language	
6.	How well do you speak English?						
l	C VeryWell C Well Not Well Not	at al	l 📋 Don'tk	now		Don't wan	t to answer
ン			_				$ \longrightarrow$
	Your answers will help us find health and service differences	.,	* lf yes , at	No	Don't	Don't	Don't know
	among people with and without functional difficulties. Your answers are confidential. (* <i>Please write in "don't know" if you</i>	Yes	what age did		know	want to	what this
	don't know when you acquired this condition, or "don't want		this condition begin?			answer	question is asking
	to answer" if you don't want to answer the question.)		Degine				asking
7.	Are you deaf or do you have serious difficulty hearing?						
8.	Are you blind or do you have serious difficulty seeing , even when wearing glasses?						
	Please stop now if you/the persor	ie	indor ago 5		J		
9.			ander age J				
			<u> </u>				
10.	Because of a physical, mental or emotional condition, do you have serious difficulty concentrating, remembering or						
	making decisions?						
11.	-						
12.	Do you have serious difficulty learning how to do things most people your age can learn ?						
13.							
	have serious difficulty communicating (for example						
	understanding or being understood by others)?						
	Please stop now if you/the person	is ı	under age 15				
14.							
	you have difficulty doing errands alone such as visiting a						
	doctor's office or shopping?						
15.							
	mood, intense feelings, controlling your behavior, or						
	experiencing delusions or hallucinations?						



FINANCIAL DISCOUNT APPLICATION INFORMATION Please retain this page for your reference. Complete the next page and return it to Adapt by the due date if you wish to apply.

Adapt is a private, non-profit organization that provides quality and affordable medical services. All patients may apply for a sliding scale discount; eligibility is based on household size and income. *No one* is turned away due to lack of funds. All patients will receive a monthly statement if there is a balance owed on their account. All balances are due within 30 days of the statement date. If you are unable to pay your balance in full, please call Adapt's billing office to make payment arrangements.

- Please complete this entire form and provide all requested documents to be considered for a sliding scale discount. Discounts will only be given to patients who qualify and provide verification.
- You have **14 days from the date of service** to complete and return this form to be considered for a discount on your visit. Otherwise, your discount will begin on the date it is returned.
- Adapt will not back date discounts.
- Once your application has been processed, you will receive a letter in the mail notifying you of the discount that you are eligible for.
- All discounts will be valid for one year at which time you will be asked to provide current verification. If your financial or living circumstances change before this date, you are required to notify Adapt. This information may adjust your discount.
- If applicable, information provided on this application may be used to determine if you qualify for a discount on services provided by Mercy Outpatient Lab & Imaging ordered by Adapt Primary Care. To be considered for a discount from CHI Mercy Health, you must have applied for Oregon Health Plan. Information on this form may be requested by CHI Mercy Health and will be provided to them for auditing purposes.

Required Documents: To be determined for a sliding scale discount, please ensure copies of the following documents *for ALL household members are included with your application*. If one or more of these documents do not pertain to your household, please disregard those documents.

- □ Most recent 30 days of pay stubs
- Unemployment verification
- Most recent federal tax return (if self-employed)
- □ Social Security and/or Disability award letters
- Pension award letter
- □ Child Support award letter

Definitions

Household: persons who live in the same dwelling and are pooling resources.

<u>Income</u>: any moneys received, whether taxable or non-taxable, from any source. Any moneys for goods sold or services provided, grants for tuition assistance, retirement income, business income, social security and/or disability payments, unemployment insurance benefits, settlement awards from any lawsuit whether considered "economic damages" or not, life insurance payments, annuity payments, gambling winnings, and any other moneys received for the purposes of assisting with household expenses will be included. Loans or available credit will not be counted.

- Worker's Compensation award letter
- Court orders from any lawsuit
- □ Proof of gambling winnings
- □ Proof of annuity payments
- Receipts for goods sold or services provided
- If you have no income, a letter that explains your means of living or a completed Self Attestation of Income form (available upon request)
- □ Food Stamps verification
- □ Tuition assistance grants

Do you have other insurance? Y N If yes, what insurance? Adapt staff initials:					initials:	
PLEASE PROVIDE INFORMATION FOR THE PERSON RESPONSIBLE FOR THIS ACCOUNT BELOW.						
Name of Responsible Party: Relation to Patient:						
SSN Optional (last 4): XXX-XX- DOB: Phone:						
Billing Address:			City:		State: Zi	p:
	vide informati		•	. (See definition o		
Household Member	1	2	3	4	5	6
Name						
Date of Birth						
Relationship to Patient	SELF					
Gross Monthly Income from the following:	Please	e provide supp	orting docum	entation for eac	ch source of in	come listed.
Salary/Wages	\$	\$	\$	\$	\$	\$
Unemployment	\$	\$	\$	\$	\$	\$
Social Security	\$	\$	\$	\$	\$	\$
Disability	\$	\$	\$	\$	\$	\$
Pension	\$	\$	\$	\$	\$	\$
Retirement	\$	\$	\$	\$	\$	\$
Child Support	\$	\$	\$	\$	\$	\$
Worker's Comp	\$	\$	\$	\$	\$	\$
Sale of Goods	\$	\$	\$	\$	\$	\$
Other	\$	\$	\$	\$	\$	\$
TOTAL	\$	\$	\$	\$	\$	\$
TOTAL gross monthly household income: TOTAL number of household members: If your household income is zero, please initial here: and provide a brief explanation of your current financial and living situations:						
I hereby authorize representatives of Adapt to make whatever inquiries necessary to verify the information furnished on this form, or to release any information regarding my office visits to any insurance company or third party to seek settlement of this account. I hereby state that to the best of my knowledge the information given above is true and complete. I understand that if any information is found to be incorrect, I may not be eligible for any future consideration of reduced rates and that any sliding fee taken in the past may be reversed and all accounts adjusted accordingly. Patient/Responsible Party Signature: Date:						
***************	*****	*******************FOR (OFFICE USE ONLY	*****	*****	*****
Application Date:		E	xpiration Date:	a/ !!		
 Based on the information Based on the information 						
	Information verified by: Pay Stubs Tax Return Other Staff member completing form: Date:Date:					

If you are applying for a sliding scale discount, you may also qualify for the Oregon Health Plan (OHP). If you wish to apply for OHP and would like free assistance applying, please ask to speak with an outreach eligibility worker.

Have you applied for the Oregon Health Plan? Y N If yes, date applied:

Were you approved? Y N

AUTHORIZATION TO USE OR DISCLOSE PROTECTED HEALTH INFORMATION



	gal Last Name	First	МІ	Date of Birth
ient/Patie	her Names Used by Client/Patient			

I authorize Adapt Integrated Health Care to use and disclose my protected health information as described below.

Individual or Entity Authorized to Receive or Use the Protected Health Information:				
Name (Person or Organization):	Address:			
	City, State: Zip:			
	Phone:			
Mutual Exchange: Ves No				
Verbal Only: 🗌 Verbal and May Receive Copies from the Chart: 🔲				

Protected Health Information to be Used and/or Disclosed:					
Check All That Apply:	Mental Health	Primary Care	□ SUD (42 CFR Part 2 Protected Programs)		

If the information to be disclosed contains any of the types of records or information listed below, additional laws						
relating to the use and disclosure of the information may apply. I understand and agree that this information will be						
disclosed if I place my initials in the applic	able space next to	the type of inform	ation.			
Drug/Alcohol	Mental Health	HIV/AIDSGeneticSickle Information Cell				
Diagnosis, treatment and/or referral	Information		Testing Information	Information		
Check All That Apply:						
□ All Records Related to Services Checke	ed Above					
-OR SPECIFICALLY-						
□ My name and contact information □ Laboratory Test Results						
□ My status as a client in treatment □ Discharge Plan						
□ Appointment Information & Attendance Reports □ Date of Discharge & Discharge Status						
🗆 Diagnosis		□ Chart/Progress Notes				
□ Assessment		Treatment Participation and Progress				
☐ Medications and dosages						
□ Treatment Plan or Summary □ Recommendations & Management Strategies				egies		
SUD History Summaries		Lab/Path reports				
EKG Reports		□ Diagnostic Testing				
□ Radiology reports	reports 🗌 Immunization Records					
□ Other (please be specific):						



Purpose of the Use or Disclosure	
Check all that apply:	
Facilitate payment and healthcare operations	\Box Care and service coordination
\Box Exchange information related to parole, probation,	Continuity of Care
and/or legal status	
Exchange information as relates to housing	Conferencing and/or consultation
Facilitate client transportation	Facilitate Treatment
\Box Food stamp program, Oregon Health Plan enrollment,	\square To allow a contact person in the case of medical
and Self-Sufficiency programs	emergency
\square Exchange information related to client's treatment and	□ Coordinate education services
progress	
□ For myself for my records.	
Other:	

Expiration and Revocation

This authorization will expire (complete one):

- On Date:
- On occurrence of the following event:

*If no expiration date, event, or condition is listed, this consent form will expire **one year** from the date it is signed.

Right to Revoke: I understand that I may revoke this authorization at any time. I understand that revocation of this authorization will **not** affect any action Adapt Integrated Health Care took in reliance on this authorization before receiving my notice of revocation. Nor will it affect any information that was already disclosed.

t ure	Signature	Date
Client gnatur		Relationship to Client (check one):
Clien Signatu	Printed Name of Client/Patient	🗆 Patient 🛛 Guardian
0,		Personal Representative Signature*
*If the au	ithorization is signed by a personal representative of the client, a desci	ription of such representative's authority
to act for	the client must also be provided:	



Important Information for the Client

To provide or pay for health services: If Adapt Integrated Health Care is acting as a provider of your health care services or paying for those services under the Oregon Health Plan or Medicaid Program, you may choose not to sign this form. That choice **will not** adversely affect your ability to receive health services **unless** the health care services are solely for the purpose of providing health information to someone else and the authorization is necessary to make that disclosure. (Examples would be: assessments, tests, or evaluations).

Your choice not to sign **may affect** payment for your services if this authorization is necessary for reimbursement by private insurers or other non-governmental agencies.

This is a Voluntary Form. Adapt Integrated Health Care cannot condition the provision of treatment, payment, or enrollment in publicly funded health care programs on signing this authorization, except as described above. However, you should be given accurate information on how refusal to authorize the release of information may adversely affect coordination of services. If you decide not to sign, you may be referred to a single service that may be able to help you and your family without an exchange of information.

You are entitled to a copy of this authorization.

This authorization is voluntary and is meant to confirm your directions.

Redisclosure:

For Primary Care and Mental Health Services: I understand that the information used and disclosed as stated in this authorization may be subject to re-disclosure and no longer protected under federal or state law.

For SUD Programs: This information has been disclosed ot you from records protected by Federal Confidentiality Rules (42 CFR Part 2). The Federal rules prohibit you from making any further disclosure of this information unless further disclosure is expressly permitted by the written consent of the person to whom it pertains or as otherwise permitted by 42 CFR Part 2. A general authorization for the release of medical or other information is **not** sufficient for this purpose. The Federal rules restrict any use of the information to criminally investigate or prosecute any alcohol or drug abuse patient. **Health**

Using This Form:

Terms Used: Mutual exchange allows information to go back and forth between Adapt Integrated health Care and the person or organization listed on the authorization.

Assistance: Whenever possible, an Adapt Integrated Health Care staff person should fill out this form with you. Be sure you understand the form before signing. Feel free to ask questions about the form and what it allows. You may substitute a signature with making a mark or by asking an authorized person to sign on your behalf.

Minors: If you are a minor, you may authorize the disclosure of mental health or substance abuse information if you are age 14 or older; for the disclosure of any information about sexually transmitted diseases or birth control regardless of your age; for the disclosure of general medical information, if you are age 15 or older.

Special Attention: For information about HIV/AIDS, mental health, genetic testing, or alcohol/drug abuse treatment, the authorization must clearly identify the special information that may be disclosed.



SUBSTANCE USE TREATMENT CLIENT HEALTH HISTORY FORM

Today's Date:					
Last Name		First Name		Middle Initial	Birthdate
SUBSTANCE USE TREAT					
Have you ever taken a	ny of the follo	wing Anti	-Anxiety Medications (Benz	odiazepines)?	
	Dalmane	🗆 Ha] Prosom	Serax
🗆 Xanax 🛛 🗆	Doral	🗆 Nir	ravan 🗆] Restoril	Tranxene
If yes, date of last use:		Is it a curr	ent prescription? \Box Yes \Box	No Prescribed t	to you? 🗆 Yes 🛛 No
Do you have any past/ If yes, please list the sy	•	lrawal syn	nptoms from alcohol or ant		on? □ Yes □ No
Current Drug Used	Use in Last	7 Days	Use IV?	How Often/How Much?	How Long?
Tobacco use: New How much / How ofter			Current Use If using:	Smoke Smo	okeless 🛛 Vape
Do you have a Medica	l Marijuana ca	ard? □Ye	es 🗆 No		
Have you been in treatment before? Yes No If yes, please list program(s) and year:					
How many self-help support groups (AA, NA, etc.) do you attend in a typical months?					
MEDICAL INFORMATION					
Are you currently pregnant? Yes No Maybe If yes, how far along are you?					
Primary Care Physician Name: Phone:					
Dental Provider Name: Phone:					
Do you need assistance finding a Primary Care Physician or Dental Provider? Yes No					
Do you have a history of:					
□ Liver Disease □ Vision Problem □ Dental Problem					
□ Heart Attack, Stroke, Heart Surgery □ High Blood Pressure □ Headaches (frequent/severe)			quent/severe)		
		🗌 Halluci		Chronic Cough	
DT's		Diabet		Back Injury/Pain	
Head Injuries		U Other	Chronic Medical Condition	Eating Disorder	
	Chronic Pain				
If any conditions are checked, please explain:					



Any Allergies to: 🗌 Medications 🔤 Bee Stings 🔤 Foods List allergies:				
Have you been diagnosed with: \Box $dash$	lepatitis A 🛛 Hepati	tis B 🗌 Hepatitis C 🔲 HIV		
If yes, do you need treatment for He	oatitis C / HIV? 🗆 Yes	□ No		
If no, do you want to be tested for He	epatitis C / HIV? 🛛 Ye	es 🗆 No		
Have you been tested for TB?	□ No If yes: □ Po	sitive 🛛 Negative 🛛 Current TB Card	l? □ Yes □ No	
Current Medications? Yes No	Do you have a 30	-day supply? 🗆 Yes 🗆 No 🛛 Need Re	efill? 🗆 Yes 🛛 No	
List Medications and Amounts (if av	ailable):			
Medication Name	Amount	Medication Name	Amount	
BEHAVIORAL HEALTH STATUS				
Are you currently experiencing any o	• • •			
□ Depression □ Mood Swings □		anoia 🛛 Hallucinations 🗌 Suicid	al Thoughts or Plan	
If you checked suicidal thoughts or pl	an, please describe:			
Would you like to speak with a crisis/support team member today? Yes No				
Have you ever been diagnosed with a mental illness? Yes No Diagnosis:				
Current Mental Health Provider Nan	ne:	Phone:		
Have you ever had to lie to people important to you about how much you have gambled? Yes No				
Have you ever felt the need to bet m	nore and money? \Box	Yes 🛛 No		
LEGAL STATUS				
□ Parole □ Probation □ Mental Health Court □ Drug Court □ Incarcerated □ None □ Other:				
Do you have any Pending Court Cases? Yes No If yes, for what?				
Do you have any current or previous	•			
Do you have any current or previous charges for a Sexual Offense? Ves No				
How many times have you been arrested for DUII? Other charges?				
Do you need to complete treatment for a DUII? Yes No				
If yes, what State and County was your DUII in? (State) (County)				
Who is your court-appointed Drug/Alcohol Screening Specialist?				
Check agencies you're involved with: Mental Health Voc Rehab CWP Bay Cities Translink				
Child Welfare Case Worker Name: County:				
Parole/Probation Officer Name: County:				
Do you have any Family or Friends who work for Adapt Integrated Health Care? Yes No				
If yes, please list name(s) and department:				



HOSPITAL ANXIETY AND DEPRESSION SCALE (HAD)

Date of Birth:

Counselors are aware that emotions play an important part in most addictions. If your counselor knows about these feelings, he or she will be able to help you more. This questionnaire will help your counselor know how you feel.

Read each item and <u>circle</u> the best answer to show how you have been feeling <u>in the past week</u>.

I feel tense or "wound up"	I feel as if I am slowed down
3 Most of the time	3 Nearly all of the time
2 A lot of the time	2 Very often
1 Time to time, occasionally	1 Sometimes
0 Not at all	0 Not at all
I still enjoy the things I used to enjoy	I get sort of frightened feeling like "butterflies in the
0 Definitely	stomach"
1 Not quite as much	0 Not at all
2 Only a little	1 Occasionally
3 Not at all	2 Quite often
	3 Very often
I get a sort of frightened feeling like something awful is	I have lost interest in my appearance
going to happen	3 Definitely
3 Very definitely and quite badly	2 I don't take as much care as I should
2 Yes, but not too badly	1 I may not take as much
1 A little, but it doesn't worry me	0 I take just as much care
0 Not at all	
I can laugh and see the funny side of things	I feel restless as if I must be on the move
0 As much as I always could	3 Very much indeed
1 Not quite so much now	2 Quite a lot
2 Definitely not so much now	1 Not very much
3 Not at all	0 Not at all
Worrying thoughts go through my mind	I look forward with enjoyment to things
3 A great deal of time	0 As much as I ever did
2 A lot of the time	1 Rather less than I used to
1 From time to time but not too often	2 Definitely less than I used to
0 Only occasionally	3 Hardly at all
I feel cheerful	I get sudden feelings of panic
3 Not at all	3 Very often indeed
2 Not often	2 Quite often
1 Sometimes	1 Not very often
0 Most of the time	0 Not at all
I can sit at ease and feel relaxed	I can enjoy a good book or radio or TV program
0 Definitely	0 Often
1 Usually	1 Sometimes
2 Not often	2 Not often
3 Not at all	3 Very seldom
FOR OFFICE USE ONLY:	
A Score (bold): D Score: <	7 not present; 8-10 doubtful; ≥ 11 definite



LIFE EVENTS CHECKLIST

Patient's Name:

Date of Birth:

Listed below are several difficult or stressful things that sometimes happen to people. For each event, **check one or more of the boxes** to the right to indicate that: (a) it <u>happened to you</u> personally, (b) you <u>witnessed it</u> happen to someone else, (c) it <u>doesn't apply</u> to you. **Be sure to consider your** <u>entire life</u> (growing up as well as adulthood) as you go through the list of events.

	Event	Happened to me	Witnessed it	Doesn't apply
1.	Natural disaster (for example, flood, hurricane, tornado, or earthquake).			
2.	Fire or explosion			
3.	Transportation accident (for example, car accident, boat accident, train wreck, plane crash).			
4.	Serious accident at work, home, or during recreational activity.			
5.	Exposure to toxic substance (for example, dangerous chemicals, radiation).			
6.	Physical assault (for example, being attacked, hit, slapped, kicked, beaten up)			
7.	Assault with a weapon (for example, being shot, stabbed, threatened with a knife, gun, bomb)			
8.	Sexual assault (rape, attempted rape, made to perform any type of sexual act through force or threat of harm)			
9.	Other unwanted or uncomfortable sexual experience			
10	. Combat or exposure to a warzone (in the military or as a civilian)			
11	. Captivity (for example, being kidnapped, abducted, held hostage, prisoner of war)			
12	. Life-threatening illness or injury			
13	. Severe human suffering			
14	. Sudden, violent death (for example, homicide, suicide)			
15	. Sudden, unexpected death of someone close to you			
16	. Serious injury, harm, or death you caused to someone else			
17	Any other very stressful event or experience			

Blake, Weathers, Nagy, Kaloupek, Charney, & Keane, 1995



INFECTIOUS DISEASE RISK ASSESSMENT FORM

This form is used for educational and referral purposes only.

It is not included in the treatment file and shredded after initial assessment.

1. In the past 12 months have you had a tattoo, body piercing, acupuncture or have had contact with someone else's blood?	🗆 Yes	□ No		
. Within the last 30 days, have you had any of the following symptoms lasting for more than 2 weeks?				
□ Nausea □ Shortness of Breath □ Night Sweats (so b	ad that yo	u had to		
□ Fever □ Weight Loss (unintentional) change your cloth	es/sheets)			
□ Productive Cough □ Diarrhea (lasting more than 1 week) □ Women—Have yo	u missed y	our last		
□ Coughing Blood □ Lumps/swollen gland in neck or armpit two periods				
3. Have you ever been told you have TB?	🗆 Yes	🗆 No		
4. Has anybody you know or have lived with been diagnosed with TB in the past year?	🗆 Yes	🗆 No		
5. Have you ever had a positive skin test for TB? (A test where they gave you a shot in your forearm, and a few days later a hard bump appeared.)	□ Yes	□ No		
6. Have you ever been treated for TB?	🗆 Yes	🗆 No		
7. Have you ever been told that you have: Hepatitis A Hepatitis B Hepatitis C				
8. Do you use needles to shoot drugs or shared needles or syringes to inject drugs?	🗆 Yes	□ No		
9. Have you ever had a job that put you in danger of needle stick injuries or other types of blood contact?	□ Yes	□ No		
10. Do you use stimulants (cocaine/methamphetamine)?	🗆 Yes	🗆 No		
11. In the last 12 months, have you or anyone you have had sex with had (STDS), like syphilis, gonorrhea, herpes, chlamydia, nongonococcal urethritis, other sexually transmitted diseases, or hepatitis?	□ Yes	□ No		
12. Did you have a blood transfusion before 1992 or received blood products produces before 1987 for clotting problems?	🗆 Yes	□ No		
13. Was your birth mother infected with Hepatitis C virus during the time of your birth?	🗆 Yes	□ No		
14. Have you been, or are you currently, on long term dialysis?	🗆 Yes	🗆 No		
15. Have you had sex with someone who has the blood disease hemophilia?	🗆 Yes	🗆 No		
16. Have you had unprotected sex with a person who injects drugs or with a man who has sex with other men?	🗆 Yes	□ No		
17. Have you had sex in exchange for money or drugs, or to survive?	🗆 Yes	🗆 No		
18. Have you had sex with more than one person in the past 6 months? Any types of vaginal, rectal or contact without protection (condom or other barrier) with or without your consent?	□ Yes	□ No		
19. Have you had sex <u>or</u> shared needles to inject drugs with a person who has AIDS <u>or</u> who tested positive on the antibody test for AIDS/HIV disease or Hepatitis C?	🗆 Yes	□ No		
20. Have you ever injected drugs, even once?	□ Yes	🗆 No		
21. Have you ever been pricked by a needle or syringe that may have been infected with HIV or Hepatitis C Virus?	□ Yes	□ No		
22. Have you ever had a drinking problem that required medical care or counseling, or have you ever been told or thought that you have a drinking problem?	□ Yes	□ No		



The following questions are asked to help with treatment planning. It is not required that you answer them to participate in assessment and/or treatment.

1.	Have you ever had a blood test for the HIV antibody?		🗆 Yes	□ No	
	If No, would you like a blood test?		🗆 Yes	🗆 No	
	If Yes, have you been tested within	the last 6 months?	□ Yes	□ No	
2.	Have you ever had a blood test for the	Hepatitis C Virus?	🗆 Yes	□ No	
	If No, would you like a blood test?		🗆 Yes	□ No	
	If Yes, have you been tested within the last 6 months?		□ Yes	□ No	
3.	3. How would you judge your own risk for being infected with HIV (the AIDS virus)?				
	🗆 I know I am infected.	🗆 I think I am at NO risk.			
	🗆 I think I am at high risk.	\Box I am not sure what my risk is.			
	\Box I think I am at low risk.				
4.	How would you judge your own risk for	r being infected with the Hepatitis C Viru	us?		
	I know I am infected.	🗆 I think I am at NO risk.			
	🗆 I think I am at high risk.	\Box I am not sure what my risk is.			
	I think I am at low risk.				



PATIENT ACKNOWLEDGEMENT AND CONSENT OF AGENCY POLICIES

Consent for Medical Treatment

I consent to receiving medical and/ or surgical treatment including, but not limited to diagnostic tests, lab work, injections, minor operations, and removal/ disposal of tissues as may be deemed advisable or necessary by the attending healthcare provider.

Consent for Behavioral Health Services

I consent to receiving behavioral health services as may be appropriate to assist with my medical treatment including, but not limited to assessment of and treatment for mental health conditions and/ or substance misuse.

Notice of Privacy Practices

I understand that it is Adapt's policy to offer patients a printed copy and chance to review the HIPAA Notice of Privacy Practices.

Patient Rights

In addition to the HIPAA Notice of Privacy Practices, I understand that it is Adapt's policy to offer patients a printed copy and chance to review the following upon admission to any of Adapt's state certified behavioral health programs:

- Individual Rights Policy
- Grievance Policy and Form
- Service Delivery Policies

Advanced Directives

I acknowledge that Adapt provides an opportunity at admission to complete or provide copies of any advanced directives. If I receive services from any of Adapt's state certified behavioral health programs, staff will provide me information about the Oregon Declaration for Mental Health Treatment Form, its purpose, and contact information for a person who can answer additional questions.

Release of Information

I acknowledge that Adapt's Notice of Privacy Practices was provided to me and any use or release of information not permitted under law will require my authorization to release information. I authorize Adapt to release to my insurance carrier(s) by mail, fax, electronically, or verbally, any information needed to determine benefits payable and to bill for services provided. Some Adapt departments fall under additional federal privacy protections for substance use treatment programs. If my services include any 42 CFR Part 2 protected information, Adapt will ask for my written authorization on a release of information form before billing my insurance.



Ancillary Service Providers and Staff

I understand that from time to time, other persons may be observing or facilitating my care including, but not limited to students of the health profession, and administrative or health care professionals in orientation or training.

Medical Scribe Service

I understand that a professional medical scribe service may be used during my visit to assist my provider(s) with documentation at no cost to me. I understand that the scribe service may be virtual. I also understand that the medical scribe service follows a professional code of ethics that ensures that all medical information discussed with my provider(s) and other clinic staff will be kept confidential.

Disability Certification and Special Accommodations

I understand that the health center limits services provided to those that are clinical in nature. Any requests for additional administrative services, like disability certification and special accommodations, that require a determination of disability will have to be provided by a medical or behavioral health provider at another location. Paperwork for short-term disability or FMLA/OFLA by an Adapt provider may be completed and will be subject to a \$25 administrative fee. The reason for this policy is to avoid having the performance of administrative functions interfere with patient care.

Financial Responsibility & Billing Consent

All clients are responsible to pay in full for all services. I understand that it is my responsibility to check with my insurance company to verify coverage of services. I understand that I am responsible for any deductibles, co-pays, coinsurance, non-covered services or services deemed "not medically necessary" by my insurance company. Co-pays and coinsurance will be collected at the time of service. I may also choose to not bill my insurance for a specific visit, and I will then be responsible for the full cost of undiscounted services provided to me at that visit. I understand if my check is returned for non-sufficient funds (NSF) or written on a closed account, I will be responsible for a \$25 processing fee. I understand that if I do not make my scheduled payments and/ or do not make payment arrangements Adapt's billing department, my account may be assigned to a third-party collection agency.

Assignment of Insurance Benefits

I understand that this serves as a direct assignment of my medical benefits from Medicare, Medicaid, other government carrier, or any commercial/ private insurance carrier, to be paid to Adapt. If I receive payments directly from my insurance company, I agree to bring them to Adapt for payment on my account.

Laboratory Information:

- In-clinic tests are courtesy billed to insurance companies by Adapt.
- Samples collected and sent to outside labs will be billed by the performing laboratory. Some locations have Mercy and Cordant available on-site for patient convenience but are not part of Adapt.



Referrals

I understand that I may choose to receive diagnostic test(s) or health care treatment/service at a facility other than the one recommended by my health care practitioner. I understand that if I choose to have the diagnostic test, health care treatment or service at a facility different from the one recommended by my health care practitioner, I will be held responsible for determining the extent of coverage or the limitation on coverage as applicable. A health practitioner may not deny, limit or withdraw a referral solely because I choose to have the diagnostic test or health care treatment or service at a facility other than the one recommended by the health care practitioner.

Voter Registration

I understand that staff will offer an opportunity to register to vote during admission.

By reading and signing this form, I accept my rights and responsibilities as a patient and consent to the treatment and services provided by Adapt. In addition, by signing this form, I certify that I have not withheld insurance coverage information existing at the time of this service and that no other insurance coverage exists beyond that which I have provided. I accept full responsibility for all charges whether they are covered by insurance or not. I have authorized Adapt to release all information necessary to my insurance company to make payment. I have read and understand the above information and give authorization for payment of insurance benefits to be made directly to Adapt for services provided.

Patient Signature	Parent/Legal Guardian Signature	Date
Print Name / Relationship to Pati	ent:	

* In the event a legal representative other than a parent of minor child signs this Authorization, a documentation of legal authority must be attached (e.g., Health Care Power of Attorney or Notarized Health Care Representative form.



CONSENT TO RECEIVE VOICEMAIL, EMAIL OR TEXT MESSAGES

Patient Name:	Date of Birth:

With a patient's consent, healthcare providers may communicate with patients by voicemail, email or text message. Communication that contains Protected Health Information (PHI) requires the patient to sign an authorization form to receive or opt out of receiving information by voicemail, email or text message.

IMPORTANT NOTICE: Communicating through voicemail, email or text message may lead to unintended consequences. Private information, or PHI may be seen by people who you do not want to see it. The transmission of patient information by email and/or texting has risks that patients should consider prior to the use of voicemail, email and/or text messaging. These include, but are not limited to, the following risks:

- Voicemail, email, or text messages are often displayed or recorded automatically and you may not be nearby to monitor the device—a person could hear or read a message.
- A person could use the phone pretending to be you and the person on the other end would not know.
- If a person gets access to your phone when you are not present, they could read texts or listen to voicemail messages.
- If you choose not to use a secure mobile app for text messages, you may be putting your confidentiality and privacy at risk.

By signing below, I understand that Adapt Integrated Health Care has my permission to contact me in the manner described herein, including text message reminders for upcoming appointments. I acknowledge that I have been advised of some of the possible risks of voicemail, email and text messaging, and I will hold Adapt harmless for any disclosures that occur because of these methods of communication. I also understand that I can opt out of receiving text message auto-call appointment reminders at any time by texting STOP to the text message and notifying Adapt by filling out the "Opt Out" section below. If I am signing this document on behalf of another person, I acknowledge that I am consenting or opting out on behalf of the patient.

Parent/Legal Guardian Signature

Date

Print Name / Relationship to Patient: _

* In the event a legal representative other than a parent of minor child signs this Authorization, a documentation of legal authority must be attached (e.g., Health Care Power of Attorney or Notarized Health Care Representative form.

OPT OUT OF RECEIVING VOICEMAIL, EMAIL OR TEXT MESSAGES

By signing below, I am notifying Adapt Integrated Health Care that I decline to receive automated calls and/or messages at my phone number and/or email for the purpose of appointment reminders, clinic closures, and other matters regarding my health care.

Patient/Legal Guardian Signature



INFORMED CONSENT FOR TELEHEALTH SERVICES

For services provided by Adapt Integrated Health Care, hereafter referred to as "Adapt"

- 1. I understand that telehealth is the use of electronic information and communication technology to deliver health care services including, but not limited to, the assessment, diagnosis, consultation, treatment, education, care management and or self-management of a patient, when the patient is located at a different site than the provider.
- 2. I understand that my health care provider wishes me to engage in a telehealth intervention.
- 3. My health care provider has explained to me how the electronic information and communication technology will be used during the visit and will not be the same as a direct patient slash health care provider visit due to the fact that I will not be in the same room as my health care provider.
- 4. I understand there are potential risks of this technology, including interruptions, unauthorized access and technical difficulties that may lead to an inability to obtain information sufficient for decision making about my health problem and that all reasonable precautions will be taken to minimize these risks. I understand that my health care provider or I can discontinue the telehealth consult/visit if it is felt that the video conferencing connections are not adequate for the situation.
- 5. I have had the alternatives to telehealth consultation explained to me. In choosing to participate in a telehealth consultation, I understand that some parts of the exam involving physical tests may not be conducted or may be conducted by individuals at my location at the direction of the consulting health care provider.
- 6. I understand that my health care information may be shared with other individuals for treatment, payment, or operations purposes, in accordance with Oregon and federal privacy rules and the Notice of Privacy Practices. Others may also be present during the consultation in addition to my health care provider in order to operate the communication equipment. The above-mentioned people will all maintain confidentiality of the information obtained. I further understand that I will be informed of their presence during the consultation and will have the right to request the following
 - a. Omit specific details of my medical history/physical examination that are personally sensitive to me
 - b. Ask non-medical personnel to leave telehealth examination room and or
 - c. Terminate the consultation at any time.
- 7. My questions have been answered in the risks, benefits, and any practical alternatives have been discussed with me in a language in which I understand.



- 8. I understand that I have the right to withhold or withdraw my consent to the use of telehealth in the course of my care at any time, without affecting my right to future care treatment. I may revoke my consent orally or in writing at any time by contacting Adapt at (541) 672-2691.
- 9. I understand that I will be responsible for any copayments or coinsurances that apply to my telehealth visit.
- 10. I understand that my telehealth visit will be documented in my medical record.
- 11. I understand that I have the right to select another provider and be notified that by selecting another provider, there could be a delay in service and the potential need to travel for a face to face visit.

I hereby give my informed consent for telehealth treatment.

Patient Signature	Parent/Legal Guardian Signature	Date
Print Name / Relationship to Patient	:	

* In the event a legal representative other than a parent of minor child signs this Authorization, a documentation of legal authority must be attached (e.g., Health Care Power of Attorney or Notarized Health Care Representative form).