

SUBSTANCE USE TREATMENT

PEDIATRIC NEW PATIENT PACKET

Packet Updated 08/01/25

An Oregon leader in patient-centered primary care, behavioral health care, and prevention.

www.adaptoregon.org

Welcome to Adapt Integrated Health Care!

Thank you for giving us an opportunity to partner with you on your journey to good health. We look forward to meeting you at your first visit to our office.

At Adapt Integrated Health Care, there is no wrong door to care. Whether you're seeking medical care, mental health care, or substance use treatment, our providers and staff work together to meet your health care needs. We welcome new patients of all ages—children, teens, adults, and seniors.

As a patient of Adapt Integrated Health Care, you and your provider will work with other health professionals to coordinate your care. This is called your health care team. The most important person on your team is you. When you have concerns about your health, your health care team will help you get the services you need, when you need them.

Your health care team will keep a complete record of your medical history, health status, medications, test results, self-care information, and care received from other doctors. By getting to know you, your team can help you understand your healthcare needs and provide you with the information you need to manage your health.

To get started, just call or drop by our office to schedule your new patient appointment. In the following pages is information to help you prepare for new patient appointments for medical care, mental health care or substance use treatment. Our staff will help you complete new patient paperwork and discuss payment or insurance billing options. If you'd like to speed up your first visit, fill out your new patient packet ahead of time. You may print forms at home or request a packet be sent to you in the mail. We will provide you with a self-addressed, stamped return envelope.

Thank you for choosing Adapt Integrated Health Care as your health care home. We look forward to serving you.

Your Adapt Integrated Health Care Team

P.S. Visit our website at www.AdaptOregon.org to learn more about us!

CLINIC LOCATIONS, PHONE NUMBERS & HOURS

Douglas County		
Primary Care & Behavioral Medicine (541) 440-3500 621 W Madrone Street, Roseburg, OR 97470	Mon–Thu, 7am–6pm Fri, 7am–5pm Closed Sat & Sun	After Hours Answering Service (541) 440-3500
Primary Care & Behavioral Medicine (541) 492-4550 671 SW Main Street, Winston, OR 97496	Mon–Thu, 7am–6pm Fri, 7am–5pm Closed Sat & Sun	After Hours Answering Service (541) 492-4550
Psychiatric Medical Services (541) 229-8973 621 W Madrone, Roseburg, OR 97470 680 Fir Street, Reedsport, OR 97467 (by appt only)	Mon-Fri, 8am-5pm Closed Sat & Sun	After Hours & Weekends 24-Hour Crisis Line (800) 866-9780
Adult Mental Health Services (541) 440-3532 621 W Madrone Street, Roseburg, OR 97470 (541) 229-8973 680 Fir Street, Reedsport, OR 97467 (by appt only)	Mon-Fri, 8am-5pm Closed Sat & Sun	
Adult Substance Use Treatment Services (541) 672-1761 621 W Madrone Street, Roseburg, OR 97470	Mon-Fri, 8am-5pm Closed Sat & Sun	
Youth Mental Health Services (541) 229-8934 548 SE Jackson St., Roseburg, OR 97470	Mon-Fri 8am-5pm Closed Sat & Sun	
Youth Substance Use Treatment Services (541) 492-0172 548 SE Jackson St., Roseburg, OR 97470	Mon-Fri 8am-5pm Closed Sat & Sun	
Coos County		
Adult & Youth Mental Health & Substance Use Treatment Services (541) 751-0357 400 Virginia Ave., Suite 201, North Bend, OR 97459	Mon-Fri, 8am-5pm Closed Sat & Sun	24-Hour Crisis Line (541) 266-6800
Curry County		
Adult & Youth Mental Health & Substance Use Treatment Services (877) 408-8941 615 5th St., Brookings, OR 97415 29845 Airport Way, Gold Beach, OR 97444 1403 Oregon St., Port Orford, OR 97465 (by appt only)	Mon-Fri, 8am-5pm Closed 12-1 for Lunch Closed Sat & Sun	24-Hour Crisis Line (877) 519-9322
Josephine County		
Adult & Youth Mental Health & Substance Use Treatment Services (541) 474-1033 356 NE Beacon Drive, Grants Pass, OR 97526	Mon-Fri 8am-5pm Closed Wed 1pm-3pm Closed Sat & Sun	24-Hour Crisis Line (541) 474-5360

NEW PATIENT INFORMATION

Patient Portal

For non-urgent communication with your provider, we encourage you to sign up for the secure online Patient Portal. The Patient Portal is a quick and easy way to review your health information, schedule appointments, and communicate with your provider. As a new patient, you will receive instructions on how to sign up for the Patient Portal. If you have questions or need assistance, please talk with a member of our reception team.

Prescription Refills

When you need a prescription refill, please call your pharmacy directly, even if there are no refills remaining. Your pharmacy contacts and coordinates all refill requests directly with your health care team. Please allow 72 hours for prescriptions to be refilled.

Billing Questions

If you have questions concerning your statement, please contact the billing office using the telephone number listed on your statement.

Sliding Fee & Discount Application

Adapt Integrated Health Care is a preferred provider for most health insurance plans, and we welcome patients covered by Oregon Health Plan and Medicare. If you are uninsured, we offer a sliding fee discount based on family/household size and net income. No one is turned away due to inability to pay. Please refer to our Application for Financial Discount in this packet for more information.

Tobacco-Nicotine Free Campus

For the health and safety of our patients and staff, Adapt Integrated Health Care is a tobacco-free and nicotine-free campus. This means that smoking and the use of tobacco/nicotine products are prohibited at all times and on all properties. If you would like to quit using tobacco, please talk with a member of your health care team.

Service Animal Policy

Only service animals trained to do work or perform tasks for a person with a disability are allowed inside the clinic. Please talk with a member of your health care team for more information (printed information is available https://www.ada.gov/service_animals_2010.htm).

Patient-Centered Primary Care Home

We are a patient-centered primary care home. Learn more at <https://www.oregon.gov/oha/HPA/dsi-pcpc/Pages/index.aspx>.

FTCA Deemed Facility

Our health center receives funding from the U.S. Department of Health and Human Services (HHS) and has deemed status by the U.S. Public Health Service (PHS) with respect to certain health or health-related claims, including medical malpractice claims, for itself and its covered persons. Learn more at <https://bphc.hrsa.gov/ftca/about/index.html>.

PREPARING FOR YOUR FIRST SUBSTANCE USE TREATMENT VISIT

We offer a full-continuum of care for individuals and families with substance use disorders—from medical detox and residential care to outpatient treatment and after care. Our highly trained and dedicated counselors take a holistic approach to care—treating the mind, body and spirit—to help each individual on their personal journey to life-long health and recovery.

Who We Serve

Substance use treatment services are available for adolescents and adults. Services are provided in Douglas, Coos, Curry and Josephine counties.

How to Prepare for Your First Appointment

- ****PLEASE NO CHILDREN AT THE ASSESSMENT APPOINTMENT****
- **Allow up to 2 ½ hours for your first appointment. Be prepared to do a urine drug screen and bring the following information to your appointment (if applicable)**
- Bring picture ID—a current state or federal issued ID—for example, a driver’s license, ID card, or passport
- Bring your insurance card to all appointments
- Make a complete list of all medications that you currently take (including vitamins and supplements), or bring the containers with you to your appointment, or bring a printout of your current medications from your pharmacy
- Verification of your Income & Reduced Fee Application
- \$9.00 for DUII Manual
- DUII Referral from ADES and DMV Driving Record
- Court Documents

Appointments: Schedule / Reschedule / Cancellations

Please call your Adapt Integrated Health Care office if you have any questions or need to reschedule. This will allow us to offer the time slot to another patient.

Unexcused Group Treatment Absence

Group attendance is expected and very important to your success in treatment. Multiple unexcused absences **MAY** result in suspension from group and delays in your treatment experience.

Our Services

Adult Outpatient

- Adult Outpatient & Intensive Outpatient Treatment
- Opioid Treatment Program
- Problem Gambling Treatment
- DUII Treatment Services
- Peer Support Services
- Aftercare and Support

Adult Residential Treatment

- Adult Residential Treatment
- Sub-Acute Medical Detox

Children & Family Treatment

- Youth Outpatient Treatment
- Youth Residential Treatment
- Moms in Recovery

Housing & Day Treatment

- Fresh Start Day Treatment
- Eveningside Transitional Housing
- Hillside Terrace Transitional Housing

PEDIATRIC NEW PATIENT REGISTRATION

PATIENT INFORMATION				
Last Name:		First Name:		Middle Initial: Preferred Name:
Date of Birth:	Age:	Last Name at Birth:		
Social Security #:				
Home Address:		City:	State:	Zip:
Mailing Address (if different):		City:	State:	Zip:
Phone (please check your primary phone):				
☐ Home Phone: _____		☐ Cell Phone: _____		
☐ Message Phone: _____		☐ Email: _____		
Student Status: ☐ Full-Time ☐ Part-Time ☐ Not a Student				
PARENT / GUARDIAN INFORMATION				
Mother's Name:		Date of Birth:	Phone:	
Father's Name:		Date of Birth:	Phone:	
Patient's Legal Guardian or Representative if different than above: If patient has a legal guardian or representative, please provide that information (<i>proof required if legal guardian, representative, or medical power of attorney, etc.</i>).				
Legal Guardian or Representative Name: _____		Date of Birth: _____		
Social Security #: _____		Phone: _____		
Name of person patient primarily lives with: _____				
Relationship to patient: _____		Phone: _____		
RESPONSIBLE PARTY WHO HAS FINANCIAL RESPONSIBILITY FOR THE PATIENT				
Responsible Party Name:			Date of Birth:	
Social Security #:			Phone:	
Address:		City:	State:	Zip:

INSURANCE INFORMATION *(Provide copies of your insurance cards)*
Name of Primary Insurance:

Group #:	Policy #:
Policyholder (PH) Name:	PH Date of Birth:
PH Social Security #:	PH Relationship to Patient:

Name of Secondary Insurance *(if applicable):*

Group #:	Policy #:
Policyholder (PH) Name:	PH Date of Birth:
PH Social Security #:	PH Relationship to Patient:

Please tell us if any of the following apply to the patient *(mark all that apply):*

- ☐ Patient is a current employee of Adapt.
☐ Patient's immediate family member is an employee of Adapt.
☐ Patient has a close relationship with an Adapt employee.

If you marked any of the statements, please provide the employee's name and department.

Employee Name: _____ Department: _____

Employee Name: _____ Department: _____

Referral Source: ☐ Outreach Coordinator ☐ Friend ☐ Relative ☐ News Media-Newspaper ☐ Radio
☐ Television ☐ Facebook ☐ Ad-Digital ☐ Direct Mail ☐ Billboard

PATIENT/CLIENT INFORMATION

Adapt is a non-profit organization committed to serving the needs of our community. This information will help us access additional grants to continue helping uninsured and underserved residents and to identify patients who may qualify for special programs or services. The information will become part of your confidential patient record. All information disclosed in this section will not impact your access to care or any government programs you may participate in.

Marital Status: ☐ Single ☐ Married ☐ Other

Dependent Child of Veteran? ☐ Yes ☐ No

Are you Homeless / Unhoused? ☐ Yes ☐ No

If Yes, please specify: ☐ At risk for homeless ☐ Child at risk for homeless

- ☐ Currently not homeless (was homeless in last 12 mo) ☐ Homeless unknown shelter ☐ Living in shelter
☐ Homeless living temporarily with others ☐ Permanent supportive housing ☐ Single occupancy hotel
☐ Street, camp, bridge ☐ Transitional housing

Patient Housing Status: ☐ Vehicle ☐ Unstable ☐ Temporary ☐ Stable/Permanent
☐ Recovery Center ☐ Other

Public Housing (Section 8/HUD): ☐ Yes ☐ No

Migrant / Seasonal: ☐ Migrant ☐ Seasonal ☐ Neither

Patient's Current Tribal Affiliation: ☐ Not Applicable

☐ Burns Paiute Tribe ☐ Cow Creek Band of Umpqua Tribe ☐ Confederated Tribes of Grant Ronde
☐ Coquille Indian Tribes ☐ Confederated Tribes of Coos/Lower Umpqua/Siuslaw ☐ Confederated Tribes of Umatilla
☐ Confederated Tribes of Warm Springs ☐ Other (specify):

Do you receive TANF Cash Benefits? ☐ Yes ☐ No

Source of Income (check one): ☐ Wages/Salary ☐ Public Assistance ☐ Retirement/Pension/SSI ☐ Disability/SSDI
☐ Other (specify):

Highest School Grade Patient Completed:

ADDITIONAL PATIENT INFORMATION (please answer all questions)

Patient's Sexual Orientation (check one): ☐ Straight/Heterosexual ☐ Bisexual ☐ Something else ☐ Don't Know
☐ Choose not to disclose ☐ Gay ☐ Lesbian ☐ Pansexual ☐ Queer ☐ Omnisexual ☐ Asexual

Patient's Gender Identity (check one): ☐ Female ☐ Male ☐ Transgender (F to M) ☐ Transgender (M to F)
☐ Other ☐ Choose not to disclose ☐ Nonbinary/Gender Queer ☐ Questioning ☐ Two Spirit

Patient's Sex Assigned at Birth (check one): ☐ Female ☐ Male ☐ Intersex ☐ Unknown
☐ Not recorded on birth certificate

Pronouns (check one): ☐ she/her/hers ☐ he/him/his ☐ they/them/theirs ☐ ze/hir/hirs
☐ ey/em/eirs ☐ xe/xm/xyrs ☐ ve/vir/vis ☐ Other ☐ Patient's name ☐ Decline to answer ☐ Unknown

FAMILY / HOUSEHOLD INCOME

Check the amount closest to your monthly household income for the total number of people in your household:

Number of People in Household	1	2	3	4	5	6
Household income is less than	☐ 1,568	☐ 2,129	☐ 2,689	☐ 3,250	☐ 3,810	☐ 4,370
Household income is less than	☐ 1,882	☐ 2,555	☐ 3,227	☐ 3,900	☐ 4,572	☐ 5,245
Household income is less than	☐ 2,196	☐ 2,980	☐ 3,765	☐ 4,550	☐ 5,334	☐ 6,119
Household income is less than	☐ 2,510	☐ 3,406	☐ 4,303	☐ 5,200	☐ 6,096	☐ 6,993
Household Income is above all amounts listed, please check the box for your household size	☐	☐	☐	☐	☐	☐

If there are more than 6 people in your household, how many people are in your household? _____
 What is your monthly household income? _____

☐ I choose not to provide my financial information.

Patient Signature

Parent/Legal Guardian Signature

Date

Print Name / Relationship to Patient: _____

* In the event a legal representative other than a parent of minor child signs this Authorization, a documentation of legal authority must be attached (e.g., Health Care Power of Attorney or Notarized Health Care Representative form)

Your answers are confidential. We would like you to tell us your race, ethnicity, language and ability levels so that we can find and address health and service differences.

Today's Date: _____

First Name: _____ Middle Initial: _____ Last Name: _____ Date of Birth: _____

Race and Ethnicity

1. How do you identify your **race, ethnicity, tribal affiliation, country of origin, or ancestry**?

2. Which of the following describes your **racial or ethnic identity**? Please check **ALL** that apply.

Hispanic and Latino/a/x

- ☐ Central American
- ☐ Mexican
- ☐ South American
- ☐ Other Hispanic or Latino/a/x

Native Hawaiian and Pacific Islander

- ☐ Chamoru (Chamorro)
- ☐ Marshallese
- ☐ Communities of the Micronesian Region
- ☐ Native Hawaiian
- ☐ Samoan
- ☐ Other Pacific Islander

White

- ☐ Eastern European
- ☐ Slavic
- ☐ Western European
- ☐ Other White

American Indian and Alaska Native

- ☐ American Indian
- ☐ Alaska Native
- ☐ Canadian Inuit, Metis, or First Nation
- ☐ Indigenous Mexican, Central American, or South American

Black and African American

- ☐ African American
- ☐ Afro-Caribbean
- ☐ Ethiopian
- ☐ Somali
- ☐ Other African (Black)
- ☐ Other Black

Middle Eastern/North African

- ☐ Middle Eastern
- ☐ North African

Asian

- ☐ Asian Indian
- ☐ Cambodian
- ☐ Chinese
- ☐ Communities of Myanmar
- ☐ Filipino/a
- ☐ Hmong
- ☐ Japanese
- ☐ Korean
- ☐ Laotian
- ☐ South Asian
- ☐ Vietnamese
- ☐ Other Asian

Other categories

- ☐ Other (please list) _____
- ☐ Don't know
- ☐ Don't want to answer

3. If you checked **more than one** category above, is there **one** you think of as your **primary** racial or ethnic identity?

- | | |
|---|--|
| ☐ Yes. Please circle your primary racial or ethnic identity above. | ☐ N/A. I only checked one category above. |
| ☐ I do not have just one primary racial or ethnic identity. | ☐ Don't know |
| ☐ No. I identify as Biracial or Multiracial. | ☐ Don't want to answer |

Language (*Interpreters are available at no charge*)4a. What language or languages do you **use** at home? _____**Skip to question 7 if you indicated English only**4b. In what language do you want us to communicate in **person, on the phone, or virtually** with you?
_____4c. In what language do you want us to **write** to you? _____5a. Do you need or want an **interpreter** for us to communicate with you?☐ Yes ☐ No ☐ Don't know ☐ Don't want to answer

5b. If you need or want an interpreter, what type of interpreter is preferred?

- ☐ Spoken language interpreter ☐ Deaf Interpreter for Deaf Blind, additional barriers, or
☐ both American Sign Language interpreter ☐ Contact sign language (PSE) interpreter
☐ Other (*please list*): _____

Skip to question 7 if you do not use a language other than English or sign language

6. How well do you speak English?

☐ Very Well ☐ Well ☐ Not Well ☐ Not at all ☐ Don't know ☐ Don't want to answer

Your answers will help us find health and service differences among people with and without functional difficulties. Your answers are confidential. (**Please write in "don't know" if you don't know when you acquired this condition, or "don't want to answer" if you don't want to answer the question.*)

Yes

***If yes, at what age did this condition begin?**

No

Don't know

Don't want to answer

Don't know what this question is asking

7. Are you **deaf** or do you have **serious difficulty hearing**?☐☐☐☐☐8. Are you **blind** or do you have **serious difficulty seeing**, even when wearing glasses?☐☐☐☐☐**Please stop now if you/the person is under age 5**9. Do you have **serious difficulty** walking or climbing stairs?☐☐☐☐☐10. Because of a physical, mental or emotional condition, do you have **serious difficulty concentrating, remembering or making decisions**?☐☐☐☐☐11. Do you have **difficulty dressing or bathing**?☐☐☐☐☐12. Do you have **serious difficulty learning how to do things most people your age can learn**?☐☐☐☐☐13. Using your **usual (customary) language**, do you have **serious difficulty communicating** (*for example understanding or being understood by others*)?☐☐☐☐☐☐**Please stop now if you/the person is under age 15**14. Because of a **physical, mental or emotional condition**, do you have **difficulty doing errands alone** such as visiting a doctor's office or shopping?☐☐☐☐☐15. Do you have **serious difficulty** with the following: **mood, intense feelings, controlling your behavior, or experiencing delusions or hallucinations**?☐☐☐☐☐☐

SUBSTANCE USE TREATMENT HEALTH HISTORY FORM

Today's Date:				
Last Name	First Name	Middle Initial	Birthdate	
SUBSTANCE USE TREATMENT INFORMATION & DETOX STATUS				
Have you ever taken any of the following Anti-Anxiety Medications (Benzodiazepines)?				
☐ Ativan	☐ Dalmane	☐ Halcion	☐ Prosom	☐ Serax
☐ Xanax	☐ Doral	☐ Niravan	☐ Restoril	☐ Tranxene
If yes, date of last use:		Is it a current prescription? ☐ Yes ☐ No Prescribed to you? ☐ Yes ☐ No		
Do you have any past/present withdrawal symptoms from alcohol or anti-anxiety medication? ☐ Yes ☐ No				
If yes, please list the symptoms:				
Current Drug Used	Use in Last 7 Days	Use IV?	How Often/How Much?	How Long?
Tobacco use: ☐ Never ☐ Previous Use ☐ Current Use If using: ☐ Smoke ☐ Smokeless ☐ Vape				
How much / How often do you use tobacco?				
Do you have a Medical Marijuana card? ☐ Yes ☐ No				
Have you been in treatment before? ☐ Yes ☐ No If yes, please list program(s) and year:				
How many self-help support groups (AA, NA, etc.) do you attend in a typical months?				
MEDICAL INFORMATION				
Are you currently pregnant? ☐ Yes ☐ No ☐ Maybe If yes, how far along are you?				
Primary Care Physician Name:			Phone:	
Dental Provider Name:			Phone:	
Do you need assistance finding a Primary Care Physician or Dental Provider? ☐ Yes ☐ No				
Do you have a history of:				
☐ Liver Disease	☐ Vision Problem	☐ Dental Problem		
☐ Heart Attack, Stroke, Heart Surgery	☐ High Blood Pressure	☐ Headaches (frequent/severe)		
☐ Seizure	☐ Hallucinations	☐ Chronic Cough		
☐ DT's	☐ Diabetes	☐ Back Injury/Pain		
☐ Head Injuries	☐ Other Chronic Medical Condition	☐ Eating Disorder		
☐ Chronic Pain				
If any conditions are checked, please explain:				

Any Allergies to: ☐ Medications ☐ Bee Stings ☐ Foods List allergies:			
Have you been diagnosed with: ☐ Hepatitis A ☐ Hepatitis B ☐ Hepatitis C ☐ HIV If yes, do you need treatment for Hepatitis C / HIV? ☐ Yes ☐ No If no, do you want to be tested for Hepatitis C / HIV? ☐ Yes ☐ No			
Have you been tested for TB? ☐ Yes ☐ No If yes: ☐ Positive ☐ Negative Current TB Card? ☐ Yes ☐ No			
Current Medications? ☐ Yes ☐ No Do you have a 30-day supply? ☐ Yes ☐ No Need Refill? ☐ Yes ☐ No			
List Medications and Amounts (if available):			
Medication Name	Amount	Medication Name	Amount
BEHAVIORAL HEALTH STATUS			
Are you currently experiencing any of the following symptoms? ☐ Depression ☐ Mood Swings ☐ Panic/Anxiety ☐ Paranoia ☐ Hallucinations ☐ Suicidal Thoughts or Plan If you checked suicidal thoughts or plan, please describe:			
Would you like to speak with a crisis/support team member today? ☐ Yes ☐ No			
Have you ever been diagnosed with a mental illness? ☐ Yes ☐ No Diagnosis:			
Current Mental Health Provider Name:		Phone:	
Have you ever had to lie to people important to you about how much you have gambled? ☐ Yes ☐ No			
Have you ever felt the need to bet more and money? ☐ Yes ☐ No			
LEGAL STATUS			
☐ Parole ☐ Probation ☐ Mental Health Court ☐ Drug Court ☐ Incarcerated ☐ None ☐ Other:			
Do you have any Pending Court Cases? ☐ Yes ☐ No If yes, for what?			
Do you have any current or previous charges for a Violent Offense? ☐ Yes ☐ No			
Do you have any current or previous charges for a Sexual Offense? ☐ Yes ☐ No			
How many times have you been arrested for DUII?		Other charges?	
Do you need to complete treatment for a DUII? ☐ Yes ☐ No If yes, what State and County was your DUII in? (State) _____ (County) _____			
Who is your court-appointed Drug/Alcohol Screening Specialist? _____			
Check agencies you're involved with: ☐ Mental Health ☐ Voc Rehab ☐ CWP ☐ Bay Cities ☐ Translink			
Child Welfare Case Worker Name:		County:	
Parole/Probation Officer Name:		County:	

HOSPITAL ANXIETY AND DEPRESSION SCALE (HAD)

Patient's Name:	Date of Birth:
Counselors are aware that emotions play an important part in most addictions. If your counselor knows about these feelings, he or she will be able to help you more. This questionnaire will help your counselor know how you feel. Read each item and circle the best answer to show how you have been feeling in the past week.	
I feel tense or “wound up” 3 Most of the time 2 A lot of the time 1 Time to time, occasionally 0 Not at all	I feel as if I am slowed down 3 Nearly all of the time 2 Very often 1 Sometimes 0 Not at all
I still enjoy the things I used to enjoy 0 Definitely 1 Not quite as much 2 Only a little 3 Not at all	I get sort of frightened feeling like “butterflies in the stomach” 0 Not at all 1 Occasionally 2 Quite often 3 Very often
I get a sort of frightened feeling like something awful is going to happen 3 Very definitely and quite badly 2 Yes, but not too badly 1 A little, but it doesn’t worry me 0 Not at all	I have lost interest in my appearance 3 Definitely 2 I don’t take as much care as I should 1 I may not take as much 0 I take just as much care
I can laugh and see the funny side of things 0 As much as I always could 1 Not quite so much now 2 Definitely not so much now 3 Not at all	I feel restless as if I must be on the move 3 Very much indeed 2 Quite a lot 1 Not very much 0 Not at all
Worrying thoughts go through my mind 3 A great deal of time 2 A lot of the time 1 From time to time but not too often 0 Only occasionally	I look forward with enjoyment to things 0 As much as I ever did 1 Rather less than I used to 2 Definitely less than I used to 3 Hardly at all
I feel cheerful 3 Not at all 2 Not often 1 Sometimes 0 Most of the time	I get sudden feelings of panic 3 Very often indeed 2 Quite often 1 Not very often 0 Not at all
I can sit at ease and feel relaxed 0 Definitely 1 Usually 2 Not often 3 Not at all	I can enjoy a good book or radio or TV program 0 Often 1 Sometimes 2 Not often 3 Very seldom
FOR OFFICE USE ONLY: A Score (bold): _____ D Score: _____ <7 not present; 8-10 doubtful; ≥ 11 definite	

LIFE EVENTS CHECKLIST

Patient's Name:	Date of Birth:
Listed below are several difficult or stressful things that sometimes happen to people. For each event, check one or more of the boxes to the right to indicate that: (a) it <u>happened to you</u> personally, (b) you <u>witnessed it</u> happen to someone else, (c) it <u>doesn't apply</u> to you. Be sure to consider your <u>entire life</u> (growing up as well as adulthood) as you go through the list of events.	

Event	Happened to me	Witnessed it	Doesn't apply
1. Natural disaster (for example, flood, hurricane, tornado, or earthquake).			
2. Fire or explosion			
3. Transportation accident (for example, car accident, boat accident, train wreck, plane crash).			
4. Serious accident at work, home, or during recreational activity.			
5. Exposure to toxic substance (for example, dangerous chemicals, radiation).			
6. Physical assault (for example, being attacked, hit, slapped, kicked, beaten up)			
7. Assault with a weapon (for example, being shot, stabbed, threatened with a knife, gun, bomb)			
8. Sexual assault (rape, attempted rape, made to perform any type of sexual act through force or threat of harm)			
9. Other unwanted or uncomfortable sexual experience			
10. Combat or exposure to a warzone (in the military or as a civilian)			
11. Captivity (for example, being kidnapped, abducted, held hostage, prisoner of war)			
12. Life-threatening illness or injury			
13. Severe human suffering			
14. Sudden, violent death (for example, homicide, suicide)			
15. Sudden, unexpected death of someone close to you			
16. Serious injury, harm, or death you caused to someone else			
17. Any other very stressful event or experience			

Blake, Weathers, Nagy, Kaloupek, Charney, & Keane, 1995

INFECTIOUS DISEASE RISK ASSESSMENT FORM

This form is used for educational and referral purposes only.
It is not included in the treatment file and shredded after initial assessment.

1. In the past 12 months have you had a tattoo, body piercing, acupuncture or have had contact with someone else's blood?	☐ Yes ☐ No
2. Within the last 30 days, have you had any of the following symptoms <u>lasting for more than 2 weeks</u> ?	
☐ Nausea ☐ Fever ☐ Productive Cough ☐ Coughing Blood	☐ Shortness of Breath ☐ Weight Loss (unintentional) ☐ Diarrhea (lasting more than 1 week) ☐ Lumps/swollen gland in neck or armpit
☐ Night Sweats (so bad that you had to change your clothes/sheets) ☐ Women—Have you missed your last two periods	
3. Have you ever been told you have TB?	☐ Yes ☐ No
4. Has anybody you know or have lived with been diagnosed with TB in the past year?	☐ Yes ☐ No
5. Have you ever had a positive skin test for TB? (A test where they gave you a shot in your forearm, and a few days later a hard bump appeared.)	☐ Yes ☐ No
6. Have you ever been treated for TB?	☐ Yes ☐ No
7. Have you ever been told that you have: ☐ Hepatitis A ☐ Hepatitis B ☐ Hepatitis C	
8. Do you use needles to shoot drugs or shared needles or syringes to inject drugs?	☐ Yes ☐ No
9. Have you ever had a job that put you in danger of needle stick injuries or other types of blood contact?	☐ Yes ☐ No
10. Do you use stimulants (cocaine/methamphetamine)?	☐ Yes ☐ No
11. In the last 12 months, have you or anyone you have had sex with had (STDS), like syphilis, gonorrhea, herpes, chlamydia, nongonococcal urethritis, other sexually transmitted diseases, or hepatitis?	☐ Yes ☐ No
12. Did you have a blood transfusion before 1992 or received blood products produces before 1987 for clotting problems?	☐ Yes ☐ No
13. Was your birth mother infected with Hepatitis C virus during the time of your birth?	☐ Yes ☐ No
14. Have you been, or are you currently, on long term dialysis?	☐ Yes ☐ No
15. Have you had sex with someone who has the blood disease hemophilia?	☐ Yes ☐ No
16. Have you had unprotected sex with a person who injects drugs or with a man who has sex with other men?	☐ Yes ☐ No
17. Have you had sex in exchange for money or drugs, or to survive?	☐ Yes ☐ No
18. Have you had sex with more than one person in the past 6 months? Any types of vaginal, rectal or contact without protection (condom or other barrier) with or without your consent?	☐ Yes ☐ No
19. Have you had sex <u>or</u> shared needles to inject drugs with a person who has AIDS <u>or</u> who tested positive on the antibody test for AIDS/HIV disease or Hepatitis C?	☐ Yes ☐ No
20. Have you ever injected drugs, even once?	☐ Yes ☐ No
21. Have you ever been pricked by a needle or syringe that may have been infected with HIV or Hepatitis C Virus?	☐ Yes ☐ No
22. Have you ever had a drinking problem that required medical care or counseling, or have you ever been told or thought that you have a drinking problem?	☐ Yes ☐ No

**The following questions are asked to help with treatment planning.
It is not required that you answer them to participate in assessment and/or treatment.**

1. Have you ever had a blood test for the HIV antibody?	☐ Yes ☐ No
If No, would you like a blood test?	☐ Yes ☐ No
If Yes, have you been tested within the last 6 months?	☐ Yes ☐ No
2. Have you ever had a blood test for the Hepatitis C Virus?	☐ Yes ☐ No
If No, would you like a blood test?	☐ Yes ☐ No
If Yes, have you been tested within the last 6 months?	☐ Yes ☐ No
3. How would you judge your own risk for being infected with HIV (the AIDS virus)? ☐ I know I am infected. ☐ I think I am at NO risk. ☐ I think I am at high risk. ☐ I am not sure what my risk is. ☐ I think I am at low risk.	
4. How would you judge your own risk for being infected with the Hepatitis C Virus? ☐ I know I am infected. ☐ I think I am at NO risk. ☐ I think I am at high risk. ☐ I am not sure what my risk is. ☐ I think I am at low risk.	

FINANCIAL DISCOUNT APPLICATION INFORMATION

Please retain this page for your reference.

Complete the next page and return it to Adapt by the due date if you wish to apply.

Adapt is a private, non-profit organization that provides quality and affordable medical services. All patients may apply for a sliding scale discount; eligibility is based on household size and income. *No one* is turned away due to lack of funds. All patients will receive a monthly statement if there is a balance owed on their account. All balances are due within 30 days of the statement date. If you are unable to pay your balance in full, please call Adapt's billing office to make payment arrangements.

- Please complete this entire form and provide all requested documents to be considered for a sliding scale discount. Discounts will only be given to patients who qualify and provide verification.
- You have **14 days from the date of service** to complete and return this form to be considered for a discount on your visit. Otherwise, your discount will begin on the date it is returned.
- Adapt will not back date discounts.
- Once your application has been processed, you will receive a letter in the mail notifying you of the discount that you are eligible for.
- All discounts will be valid for one year at which time you will be asked to provide current verification. **If your financial or living circumstances change before this date, you are required to notify Adapt.** This information may adjust your discount.
- If applicable, information provided on this application may be used to determine if you qualify for a discount on services provided by Mercy Outpatient Lab & Imaging ordered by Adapt Primary Care. To be considered for a discount from CHI Mercy Health, you must have applied for Oregon Health Plan. Information on this form may be requested by CHI Mercy Health and will be provided to them for auditing purposes.

Required Documents: To be determined for a sliding scale discount, please ensure copies of the following documents *for ALL household members are included with your application*. **If one or more of these documents do not pertain to your household, please disregard those documents.**

- | | | |
|--|---|---|
| ☐ Most recent 30 days of pay stubs | ☐ Worker's Compensation award letter | ☐ If you have no income, a letter that explains your means of living or a completed Self Attestation of Income form (available upon request) |
| ☐ Unemployment verification | ☐ Court orders from any lawsuit | ☐ Food Stamps verification |
| ☐ Most recent federal tax return (if self-employed) | ☐ Proof of gambling winnings | ☐ Tuition assistance grants |
| ☐ Social Security and/or Disability award letters | ☐ Proof of annuity payments | |
| ☐ Pension award letter | ☐ Receipts for goods sold or services provided | |
| ☐ Child Support award letter | | |

Definitions

Household: persons who live in the same dwelling and are pooling resources.

Income: any moneys received, whether taxable or non-taxable, from any source. Any moneys for goods sold or services provided, grants for tuition assistance, retirement income, business income, social security and/or disability payments, unemployment insurance benefits, settlement awards from any lawsuit whether considered "economic damages" or not, life insurance payments, annuity payments, gambling winnings, and any other moneys received for the purposes of assisting with household expenses will be included. Loans or available credit will not be counted.

If you are applying for a sliding scale discount, you may also qualify for the Oregon Health Plan (OHP). If you wish to apply for OHP and would like free assistance applying, please ask to speak with an outreach eligibility worker.

Have you applied for the Oregon Health Plan? **Y N** If yes, date applied: _____ Were you approved? **Y N**

Do you have other insurance? **Y N** If yes, what insurance? _____ Adapt staff initials: _____

PLEASE PROVIDE INFORMATION FOR THE PERSON RESPONSIBLE FOR THIS ACCOUNT BELOW.

Name of Responsible Party: _____ Relation to Patient: _____

SSN Optional (last 4): XXX-XX-____ DOB: _____ Phone: _____

Billing Address: _____ City: _____ State: _____ Zip: _____

Please provide information for all household members. (See definition of household on page 1)

Household Member	1	2	3	4	5	6
Name						
Date of Birth						
Relationship to Patient	SELF					
Gross Monthly Income from the following:	Please provide supporting documentation for each source of income listed.					
Salary/Wages	\$	\$	\$	\$	\$	\$
Unemployment	\$	\$	\$	\$	\$	\$
Social Security	\$	\$	\$	\$	\$	\$
Disability	\$	\$	\$	\$	\$	\$
Pension	\$	\$	\$	\$	\$	\$
Retirement	\$	\$	\$	\$	\$	\$
Child Support	\$	\$	\$	\$	\$	\$
Worker's Comp	\$	\$	\$	\$	\$	\$
Sale of Goods	\$	\$	\$	\$	\$	\$
Other _____	\$	\$	\$	\$	\$	\$
TOTAL	\$	\$	\$	\$	\$	\$

TOTAL gross monthly household income: _____ **TOTAL** number of household members: _____

If your household income is zero, please initial here: _____ and provide a brief explanation of your current financial and living situations: _____

I hereby authorize representatives of Adapt to make whatever inquiries necessary to verify the information furnished on this form, or to release any information regarding my office visits to any insurance company or third party to seek settlement of this account. I hereby state that to the best of my knowledge the information given above is true and complete. I understand that if any information is found to be incorrect, I may not be eligible for any future consideration of reduced rates and that any sliding fee taken in the past may be reversed and all accounts adjusted accordingly.

Patient/Responsible Party Signature: _____ **Date:** _____

*****FOR OFFICE USE ONLY***** Application Date: _____ Expiration Date: _____ ☐ Based on the information provided, the above listed patient is eligible for a _____% discount. ☐ Based on the information provided, the patient is <u>not</u> eligible for a discount at this time. Information verified by: ☐ Pay Stubs ☐ Tax Return ☐ Other _____ Staff member completing form: _____ Date: _____	
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PATIENT ACKNOWLEDGEMENT AND CONSENT OF AGENCY POLICIES

Ancillary Service Providers and Staff

I understand that from time to time, other persons may be observing or facilitating my care including, but not limited to students of the health profession, and administrative or health care professionals in orientation or training.

Medical/AI Scribe Service (Scribe Services)

I understand that a professional medical scribe or AI scribe service (scribe services) may be used during my visit to assist my provider(s) with documentation at no cost to me. I understand that the scribe service may be virtual. I also understand that the medical scribe services follow a professional code of ethics that ensures that all medical information discussed with my provider(s) and other clinic staff will be kept confidential.

Telehealth Services

Your provider may offer telehealth visits. Telehealth visits are performed securely within the protected electronic medical record environment. You may decline participation in an individual telehealth visit by informing the person scheduling your appointment that you do not wish to have a telehealth visit. Some providers and services may only be available via telehealth. The visit is documented in the electronic medical record in the same way an in-person visit is documented.

Disability Certification and Special Accommodations

I understand that the health center limits services provided to those that are clinical in nature. Any requests for additional administrative services, like disability certification and special accommodations, that require a determination of disability will have to be provided by a medical or behavioral health provider at another location. Paperwork for short-term disability or FMLA/OFLA by an Adapt provider may be completed and will be subject to a \$25 administrative fee. The reason for this policy is to avoid having the performance of administrative functions interfere with patient care.

Financial Responsibility & Billing Consent

All clients are responsible to pay in full for all services. I understand that it is my responsibility to check with my insurance company to verify coverage of services. I understand that I am responsible for any deductibles, co-pays, coinsurance, non-covered services or services deemed "not medically necessary" by my insurance company. Co-pays and coinsurance will be collected at the time of service. I may also choose to not bill my insurance for a specific visit, and I will then be responsible for the full cost of undiscounted services provided to me at that visit. I understand if my check is returned for non-sufficient funds (NSF) or written on a closed account, I will be responsible for a \$25 processing fee. I understand that if I do not make my scheduled payments and/ or do not make payment arrangements with Adapt billing department, my account may be assigned to a third-party collection agency.

Assignment of Insurance Benefits

I understand that this serves as a direct assignment of my medical benefits from Medicare, Medicaid, other government carrier, or any commercial/ private insurance carrier, to be paid to Adapt. If I receive payments directly from my insurance company, I agree to bring them to Adapt for payment on my account.

Laboratory Information:

- In-clinic tests are courtesy billed to insurance companies by Adapt.
- Samples collected and sent to outside labs will be billed by the performing laboratory. Some locations have Mercy and Cordant available on-site for patient convenience but are not part of Adapt.

Fee Based Charges for Civil Subpoenas

For subpoenas issued for a civil matter, Adapt will invoice the attorney or other requester (plaintiff or respondent) a flat rate of \$1000 per clinician per day. An invoice should be provided to the requester and should be paid prior to the appearance date. Waivers such as those for income considerations can be considered on a case by case basis.

Referrals

I understand that I may choose to receive diagnostic test(s) or health care treatment/service at a facility other than the one recommended by my health care practitioner. I understand that if I choose to have the diagnostic test, health care treatment or service at a facility different from the one recommended by my health care practitioner, I will be held responsible for determining the extent of coverage or the limitation on coverage as applicable. A health practitioner may not deny, limit or withdraw a referral solely because I choose to have the diagnostic test or health care treatment or service at a facility other than the one recommended by the health care practitioner.

Phone Messages, Texting, and Emailing

We may contact you about your healthcare using the phone numbers and email addresses that you provide us. This may include using an automated phone dialing system, pre-recorded or synthetic voice messages, texting, or email. When we contact you in this manner, you will be given the opportunity to opt out of receiving similar communications going forward. Our messages may include, but are not limited to, information about appointment reminders, discharge planning, billing, prescription reminders, research opportunities, our products and services, treatment alternatives, your general health, and regulatory notices provided in lieu of first-class mail. Because texts and emails are not encrypted, there is a risk that someone else could read or access these messages. We therefore take steps to limit the amount of protected health information that they contain. If you do not wish to receive these types of text or email messages, please let us know, and we will have you sign our opt out form. You may also opt out from receiving text messages from Adapt at any time by replying STOP to any text message received.

Advanced Directives

I acknowledge that Adapt provides an opportunity at admission to complete or provide copies of any advanced directives. If I receive services from any Adapt state certified behavioral health programs, staff will provide me information about the Oregon Declaration for Mental Health Treatment Form, its purpose, and contact information for a person who can answer additional questions.

Voter Registration

I understand that staff will offer an opportunity to register to vote during admission.

Notice of Privacy Practices

I understand that it is Adapt policy to offer patients a printed copy and chance to review the HIPAA Notice of Privacy Practices.

Patient Rights

In addition to the HIPAA Notice of Privacy Practices, I understand that it is Adapt policy to offer patients a printed copy and chance to review the following upon admission to any of Adapt state certified behavioral health programs:

- Individual Rights Policy
- Grievance Policy and Form
- Service Delivery Policies

Important Information for the Client

To provide or pay for health services: If Adapt Integrated Health Care is acting as a provider of your health care services or paying for those services under the Oregon Health Plan or Medicaid Program, you may choose not to sign this form. That choice **will not** adversely affect your ability to receive health services **unless** the health care services are solely for the purpose of providing health information to someone else and the authorization is necessary to make that disclosure. (Examples would be: assessments, tests, or evaluations).

Your choice not to sign **may affect** payment for your services if this authorization is necessary for reimbursement by private insurers or other non-governmental agencies.

This is a Voluntary Form. Adapt Integrated Health Care cannot condition the provision of treatment, payment, or enrollment in publicly funded health care programs on signing this authorization, except as described above. However, you should be given accurate information on how refusal to authorize the release of information may adversely affect coordination of services. If you decide not to sign, you may be referred to a single service that may be able to help you and your family without an exchange of information.

You are entitled to a copy of this authorization.

This authorization is voluntary and is meant to confirm your directions.

Redisclosure:

A written consent to use or disclose records for treatment, payment, or health care operations may be subject to redisclosure by the recipient and no longer protected by this part.

This consent cannot be combined with a consent for use and disclosure of records (or testimony relaying information contained in a record) in a civil, criminal, administrative, or legislative investigation or proceeding.

Help Using This Form:

Terms Used: Mutual exchange allows information to go back and forth between Adapt Integrated Health Care and the person or organization listed on the authorization.

Assistance: Whenever possible, an Adapt Integrated Health Care staff person should fill out this form with you. Be sure you understand the form before signing. Feel free to ask questions about the form and what it allows. You may substitute a signature with making a mark or by asking an authorized person to sign on your behalf.

Minors: If you are a minor, you may authorize the disclosure of mental health or substance abuse information if you are age 14 or older; for the disclosure of any information about sexually transmitted diseases or birth control regardless of your age; for the disclosure of general medical information, if you are age 15 or older.

Special Attention: For information about HIV/AIDS, mental health, genetic testing , or alcohol/drug abuse treatment, the authorization must clearly identify the special information that may be disclosed.

By reading and signing this form, I accept my rights and responsibilities as a patient and consent to the treatment and services provided by Adapt. In addition, by signing this form, I certify that I have not withheld insurance coverage information existing at the time of this service and that no other insurance coverage exists beyond that which I have provided. I accept full responsibility for all charges whether they are covered by insurance or not. I have authorized Adapt to release all information necessary to my insurance company to make payment. I have read and understand the above information and give authorization for payment of insurance benefits to be made directly to Adapt for services provided, including my substance use treatment information as part of the single consent for treatment, payment, and health care operations.

Print Name: _____

Relationship to Patient: _____

Patient Signature

Parent/Legal Guardian Signature

Date

OFFICE USE ONLY

We attempted to obtain written acknowledgement of our Notice of Privacy Practices and other agency policies on this document, but acknowledgement could not be obtained because:

- ☐ Individual refused to sign
- ☐ Communications barriers prohibited obtaining the acknowledgement
- ☐ An emergency prevented us from obtaining acknowledgement
- ☐ Other (Please Specify): _____

Adapt Staff Signature: _____

CONSENT FOR TREATMENT WITH ROI FOR TREATMENT, PAYMENT AND OPERATIONS SHARING

Consent for Medical Treatment

I consent to receiving medical and/ or surgical treatment including, but not limited to diagnostic tests, lab work, injections, minor operations, and removal/ disposal of tissues as may be deemed advisable or necessary by the attending healthcare provider.

Consent for Behavioral Health Services

I consent to receiving behavioral health services as may be appropriate to assist with my medical treatment including, but not limited to assessment of and treatment for mental health conditions and/ or substance misuse.

Release of Information & Single Consent for Treatment, Payment, and Healthcare Operations

I acknowledge that Adapt's Notice of Privacy Practices was provided to me and any use or release of information not permitted under law will require my authorization to release information. I authorize Adapt to release to my insurance carrier(s) by mail, fax, electronically, or verbally, any information needed to determine benefits payable and to bill for services provided. Some Adapt departments fall under additional federal privacy protections for substance use treatment programs. If my services include any 42 CFR Part 2 protected information as part of a substance use treatment program, by signing below, I authorize **Adapt Integrated Health Care** to use and disclose my protected health information, *including all records and all records from a substance use treatment program*, with my **treating providers, health plans, third party payers, and people helping to operate this program** for the purpose of treatment payment and health care operations.

Disclosure

Any records that are disclosed under this consent may be further disclosed by that entity without your written consent, to the extent the HIPAA regulations permit such disclosure.

Expiration

This consent acts as a mutual exchange of information to and from afore mentioned entities. This single consent authorization for all uses and disclosures for treatment, payment, and health care operations may be updated as needed by the organization at which time a new signature will be required. This consent ends when the close of provision of services and all required programmatic communications and care coordination have been completed.

Right to Revoke

I understand that I may revoke this authorization **in writing** at any time. I understand that revocation of this authorization will **not** affect any action Adapt Integrated Health Care took in reliance on this authorization before receiving my notice of revocation. Nor will it affect any information that was already disclosed.

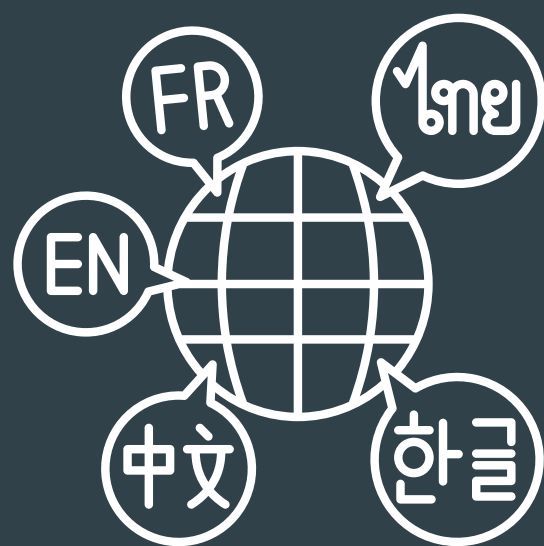
Print Name: _____

Relationship to Patient: _____

Patient Signature

**Parent/Legal Guardian
Signature**

Date



American Sign Language

Point to your language. An interpreter will be called. There is no cost to you. It is your right.



Chinese

中文

请指出您的语言。我们将为您安排一位口译员。您无需支付任何费用。这是您的权利。

Spanish

Español

Señale su idioma. Se llamará a un intérprete. No tendrá ningún costo para usted. Es su derecho

French

le français

Indiquez votre langue. Un interprète sera appelé. Cela ne vous coutera rien. C'est votre droit

Korean

한국어

당신의 언어를 가리켜 주세요. 통역사가 호출될 것입니다. 비용은 들지 않습니다. 이것은 당신의 권리입니다

Japanese

日本語

「ご自身の言語を指さしてください。通訳が呼ばれます。費用はかかりません。これはあなたの権利です。」

German

Deutsch

Zeigen Sie auf Ihre Sprache. Eine Dolmetscherin wird gerufen. Es entstehen Ihnen keine Kosten. Es ist Ihr Recht

Mon-Khmer, Cambodian

ខ្មែរ

សូមចង្អុលទៅភាសារបស់អ្នក។ នរណាម្នាក់នឹងត្រូវបានហៅមកបកប្រែ។ អ្នកមិនត្រូវបង់ថ្លៃអ្វីឡើយ។ នេះជាសិទ្ធិរបស់អ្នក។

Persian

فارسی

به زبان خود اشاره کنید. یک مترجم فراخوانده خواهد شد. این برای شما هیچ هزینه‌ای ندارد. این حق شماست

Romanian

română

Arătați spre limba dumneavoastră. Va fi chemat un interpret. Nu veți avea niciun cost. Este dreptul dumneavoastră

Russian

Русский язык

Укажите на свой язык. Будет вызван переводчик. Это бесплатно для вас. Это ваше право

Cushite

Kushiya

Farta ku fiiq luqaddaada. Turjubaan ayaa laguugu yeeri doonaa. Kharash kugu ma baxayo. Waa xuquuqdaada

Thai

ภาษาไทย

ชี้ไปที่ภาษาของคุณ จะมีการเรียกหาล่าม คุณไม่ต้องเสียค่าใช้จ่ายใด ๆ นี่คือนิติของคุณ

Ukrainian

українська мова

Вкажіть на свою мову. Буде викликано перекладача. Це безкоштовно для вас. Це ваше право

Vietnamese

Tiếng Việt

Chỉ vào ngôn ngữ của bạn. Một thông dịch viên sẽ được gọi. Bạn sẽ không phải trả bất kỳ chi phí nào. Đây là quyền của bạn

Arabic

العربية

أشر إلى لغتك. سيتم استدعاء مترجم. لن تتحمل أي تكلفة. هذا من حقك



Point to your language.
An interpreter will be called.